

WREB SCHOOL INFORMATION
UNIVERSITY OF ALASKA ANCHORAGE

University of Alaska Anchorage



Exam Site Information for Candidates
Western Regional Examining Board (WREB)
2021 WREB Hygiene Examination

University of Alaska Anchorage
Goose Lake Campus (Main)
3211 Providence Drive
Allied Health Science Building Suite 131
Anchorage, Alaska 99508-8371
(907) 786-6960

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3211 PROVIDENCE DRIVE

ANCHORAGE, ALASKA 99508-8371

Contact Person: Jackie Bauzon, Dental Clinic Receptionist
907-786-6960

The exam is held in the Allied Health Sciences Building, 3500 Seawolf Drive, Suite 131

Patient Screening

The dental hygiene clinic **will not** be available for non-UAA candidates to screen patients.

The University of Alaska Anchorage **will not** provide patients for candidates taking the WREB exam.

The University of Alaska Anchorage **will not** provide a practitioner(s) from the school to administer local anesthesia to candidates' patients.

Clinic Equipment and Rental

UAA is equipped with a 4-tube connect for handpieces and prophylaxis angles. All candidates must have a slow speed handpiece that is compatible with a 4-tube connect. A limited number of handpieces which use disposable prophylaxis angles are available for use from the school. Reservations are made on a first come, first served basis.

Ultrasonic instruments may be used for calculus removal. The Ultrasonic units use a 30K Steri-mate that can be rented. Ultrasonic units and tips are reserved on a first come, first served basis.

Deposits are required, as follows:

Ultrasonic unit:	\$250.00
30K and sleeve:	\$250.00
High Speed handpiece	\$250.00
Slow speed handpiece:	\$250.00

Deposits will be returned after the exam, provided the items are returned in good, working order. Cash or checks only are accepted for deposit. Checks must be made payable to the order of UAA Dental Programs.

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Examination Supplies

The following supplies will be provided by University of Alaska Anchorage for the WREB exam:

Autoclave bags and tape	HVE tips
Liquid soap	Face masks
Facial tissue	Gloves (non-latex)
Disposable patient bibs and clips	Disposable patient trays
Tray sleeves	Tray covers
Headrest covers	Saliva ejectors
Barrier supplies	Oral pre-rinse
Drinking cups	Topical anesthetic
Cotton applicators	Local anesthetic
Prophy paste	2x2 gauze
Disposable prophy angles	Paper towels
Autoclave wrap	Surface disinfectant spray and wipes
27-gauge long needles	Disposable air/water tips
30-gauge short needles	

Personal Protective Equipment (PPE)

Appropriate protective clothing must be worn in occupational exposure situations. Candidates must provide their own OSHA acceptable protective glasses and face shields as well as protective glasses for their patients.

Sterilization

Candidates must wear utility gloves and protective ANSI approved eyewear when handling instruments prior to sterilization.

All instruments must be placed in cassettes prior to being placed in the ultrasonic. Cassettes must be labeled with candidate number prior to sterilization (do not use names). Candidates will have access to the sterilization area and may prepare their instruments for sterilization. The WREB assistants will complete the actual sterilization of all instruments. Candidate instruments will be available for pickup no later than Tuesday 12:00 noon, following the WREB exam. Candidates who do not wish to have instruments sterilized will be given a biohazard bag for transportation of the instruments from the UAA Dental Programs clinic. Instruments must be retrieved no later than 5 days after the end of the examining period. Any instruments left after this time frame will be forfeit.

The University of Alaska Anchorage assumes no responsibility for instruments that are lost, stolen, broken or damaged during the WREB exam, including all items left for sterilization.

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Unit Disinfection

Wear utility gloves and protective ANSI approved eyewear when using disinfectant. Remove obvious foreign matter with paper towels or 4x4 gauze before spraying. Sanitize the operatory before and after providing treatment to your patient. Wipe the delivery unit, operator's chair, brackets, lamp handles and counter tops with disinfectant that is provided. Let all the surfaces dry. Barrier surfaces involved in patient contact for the next candidate.

Barriers

Cover the delivery unit, ultrasonic unit, lamp handles/switches, and operatory stool levers, air/water syringe handles, suction hoses and handpieces with the barrier covers provided.

Disposables

All barrier covers and all items used in the patient's mouth (disposables) must be placed into a plastic bag (example: put disposables into chair cover bag) and put into garbage receptacles. Any biohazard waste must be placed into a biohazard container (located in the sterilization room). Biohazard waste is considered any items saturated with blood and/or saliva (dripping).

Sharps

Do not bend or clip needles before they are placed in the sharps container. Needles and other sharps items must be placed in the sharps containers located on the pony walls throughout the clinic and in the sterilization room.

Radiographs

UAA utilizes digital radiographing. Access to exposing radiographs will only be available during WREB upon the authorization by the dentist in the clinic. The UAA Clinic is not open to any candidate other than UAA students. All other candidates must have the patient FMX prior to sitting for the WREB exam.

Emergency Protocol

The emergency kit and portable oxygen are located at the front of the clinic, adjacent to the PANO room. A sign is located on the wall to indicate their location within the clinic. If an emergency arises:

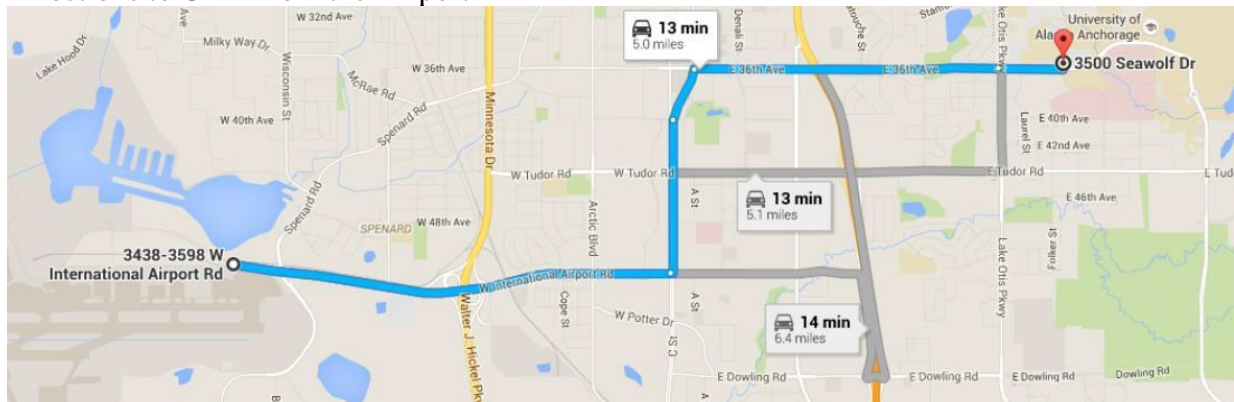
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1. The candidate must remain with the patient and call to the floor assistant for help.
2. The floor assistant or chief examiner will notify the staff to call 9-1-1
3. The chief examiner will designate someone to go outside the main entrance to lead emergency responders to the location of the patient.
4. Oxygen is administered, if appropriate.
5. CPR is started, if appropriate.
6. Emergency treatment is administered, if appropriate; e.g. sweetened juice or candy for insulin shock.
7. All other candidates should leave the examination area with their patients until the emergency situation has ended unless otherwise directed by the chief examiner.

Driving Instructions

Directions to UAA from the Airport



Head east on W International Airport Rd toward W 50th Ave

Turn left onto C Street

Turn right onto E 36th Avenue

Continue onto Providence Drive

Turn Left on Seawolf Drive

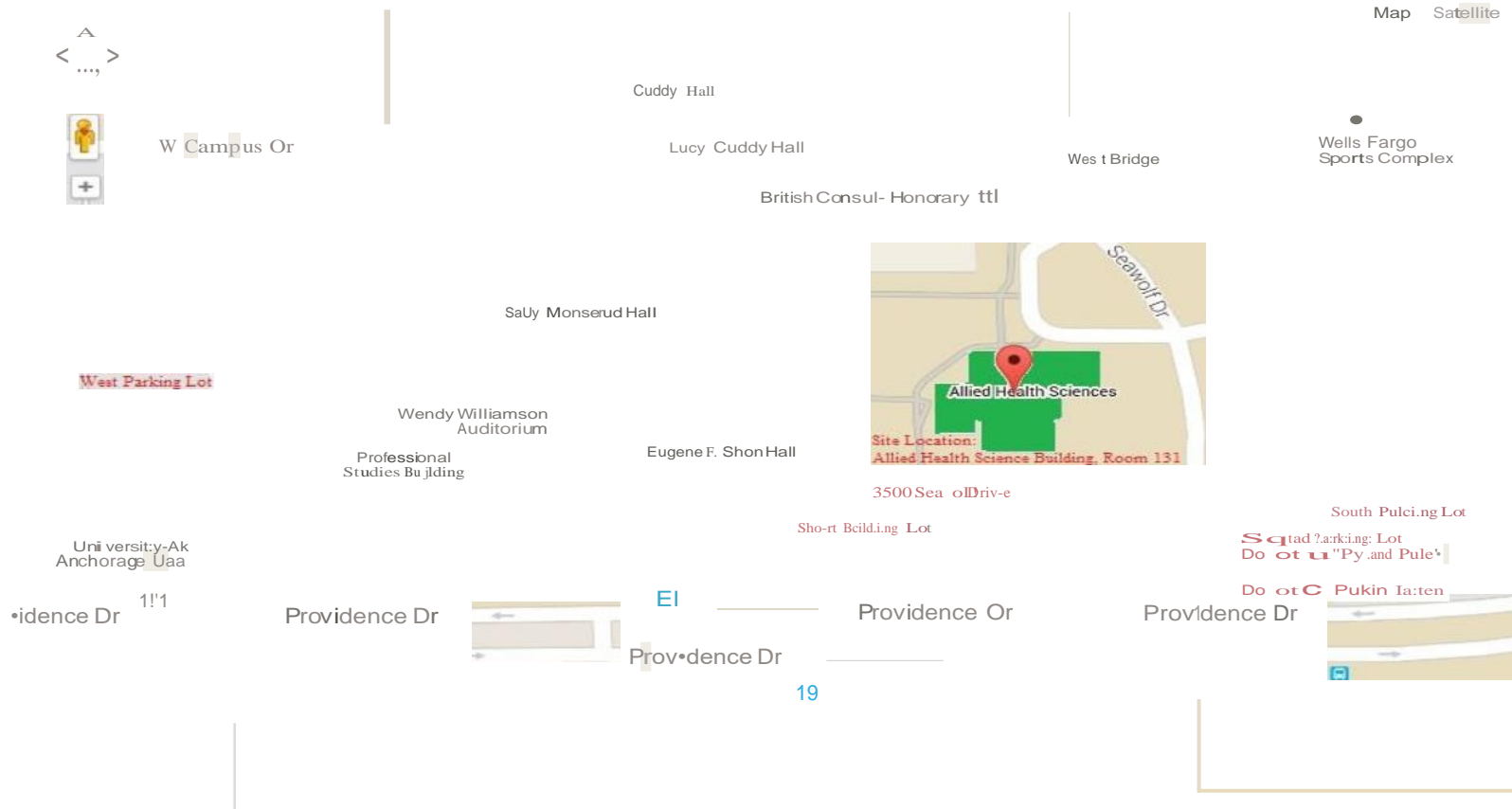
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UAA Parking

Parking is free during the WREB examination on Friday, Saturday and Sunday. **Parking fees are enforced Monday – Thursday.** If you are parking during the week, park at a meter or use the Pay'n Park. Patients ONLY can use a code given to the student by the Dental Clinic receptionist prior to the exam to enter into the Pay'n Park to cover the cost of parking. Patients should not park at meters. The Dental Programs can cancel a patient's ticket received if the vehicle is in student/visitor parking but cannot cancel tickets received at meters.

The UAA Dental Program is located in the Allied Health Sciences building (AHS). Suggested parking is in the South Parking Lot. Other parking lots close to the dental clinic are Short Building Lot and West Lot; all within 1-2 minutes walking time.

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Hotels

Several hotels and restaurants are within a 10-mile radius.

- Hampton Inn: 4301 Credit Union Drive 907-550-7000
- Hilton Garden Inn: 4555 Union Square Drive 907-729-7000
- Hilton Homewood Suites: 101 W 48th Ave. 907-762-7000
- Crowne Plaza (has in house restaurant): 109 W International Airport Rd 907-433-4100
- Fairfield Inn and Suites: 5060 A St 907-222-9000
- Motel 6: 5000 A St 907-677-8000
- Golden Lion Best Western (has in house restaurant): 1000 E 36th Ave 907-561-1522
- Springhill Suites (approx. $\frac{3}{4}$ mile from clinic): 4050 University Lake Drive 907-751-6300

On Campus Food:

Food availability on campus during the summer is limited. The Information Desk on the second floor of the Student Union and the coffee shop in the Bookstore each have a small selection of prepackaged foods.

Eateries

- Golden Corral
- Sea Galley
- Pepper Mill
- Applebee's
- TGI Friday's
- Starbuck's
- Taco Del Mar
- Lone Star Steakhouse
- Tequila Kitchen
- McDonalds
- Taco Bell
- Golden Donuts
- International House of Pancakes (IHOP)



Dental Programs Department

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Covid-19 Protocol

I. Building Access - No facilities on campus will be open to the general public. Access into our building (Allied Health Sciences) is restricted. You should expect to call the phone number posted on the glass door for building access. This number may change depending on the day and time. Persons on call for building access generally operate Monday through Friday between 7:30 am and 4:00 pm. During WREB (July 6-9, 2021) someone will be on call 6:00 am to 6:00 pm.

II. Screening - Upon building admittance you are required to have your temperature taken by faculty/staff and complete an online questionnaire. The questions will assess your symptoms and exposure to Covid-19.

III. Masks

- A. *Fully* vaccinated individuals*: You are not required to wear a mask but are welcome to do so.
- B. *Unvaccinated individuals*: If you are not fully* vaccinated against Covid-19 you are required to keep a mask over your mouth and nose until a student, staff or faculty member instructs you to remove it.

IV. Social Distancing

- A. *Fully* vaccinated individuals*: You are not required to socially distance.
- B. *Unvaccinated individuals*: If you are not fully* vaccinated please maintain 6 feet of social distance between yourself and others whenever possible.

V. Symptoms – Regardless of vaccination status you are not permitted to enter the building if any of the following apply:

1. you have been diagnosed with Covid-19 within the last 14 days
2. you are experiencing new or worsening cough
3. you are experiencing new or worsening shortness of breath
4. you have a temperature of 100.4 degrees Fahrenheit or above
5. you are experiencing two or more of the following symptoms:
 - a. chills
 - b. headache
 - c. sore throat
 - d. muscle pain
 - e. loss of taste or smell

VI. Exposure

- A. *Fully* vaccinated individuals*: You are not permitted building entry if you are symptomatic following a Covid-19 exposure. If you have been exposed but are asymptomatic you are permitted building entry.
- B. *Unvaccinated individuals*: If you are not fully* vaccinated and have been in direct contact with someone who has been diagnosed with Covid-19 within the last 14 days, or who

presents with Covid-19 symptoms within the last 14 days you are not permitted to enter the building. If you have been exposed but have recovered from Covid-19 in the past 3 months and are asymptomatic you are permitted building entry.

VII. Travel

- A. *Fully* vaccinated individuals*: Following domestic travel you are permitted building entry and do not need to get tested or self-quarantine so long as you are asymptomatic. Following international travel, you must meet the following criteria to be permitted building access:
1. A negative Covid-19 test taken within 72 hours of landing
 - a. If your test is positive, you are not permitted building entry until you are asymptomatic for at least 10 days since symptoms first appeared **and** it has been at least 24 hours with no fever without fever-reducing medication **and** other symptoms of COVID-19 are improving.
 2. The absence of Covid-19 symptoms.
- B. *Unvaccinated individuals*: Following domestic and international travel individuals who are not fully* vaccinated must meet the following criteria to be permitted building access:
1. Quarantine for 7 days
 2. A negative Covid-19 test taken within 72 hours of landing
 - a. If your test is positive, you are not permitted building entry until you are asymptomatic for at least 10 days since symptoms first appeared **and** it has been at least 24 hours with no fever without fever-reducing medication **and** other symptoms of COVID-19 are improving.

**Fully vaccinated means it has been ≥ 2 weeks after you have received the second dose in a two-dose series (Pfizer-BioNTech or Moderna), or ≥ 2 weeks after you have received a single-dose vaccine (Johnson & Johnson [J&J]/Janssen). If you do not meet these specifications you are considered unvaccinated for the purposes of this protocol.*



Dental Hygiene Program

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Infection Control Protocol

Guidelines and recommendations for infection control have been established by the Centers for Disease Control and the American Dental Association, Commission on Dental Accreditation. To comply, the UAA Dental Programs has developed the following Infection Control Protocol. The protocol will be made available to students, faculty, and staff of the Dental Programs.

I. Standard Precautions- Medical history and examination cannot reliably identify all patients with bloodborne pathogens. Since persons may be carriers of Hepatitis B or the HIV virus and not show signs of symptoms nor be aware of their ability to infect others with these viruses, the Centers for Disease Control recommends health care workers consider all patients as potentially infectious. Therefore, these infection control precautions will be used to minimize the risk of exposure to blood and other potentially infectious material (OPIM).

II. Clinical Asepsis Protocol

A. Barrier Protection

1. **Gloves-** Wash hands and put on clean examination gloves for each patient. Gloves must be worn any time you have contact with the patient's oral cavity. Utility gloves should be worn while processing contaminated instruments. Exam gloves will be worn to pour impressions but not while using a polishing lathe. Gloves will be changed after contact with each patient. Hands will be washed or sanitized after removing gloves. Gloves will not be worn outside the dental clinic.
2. **Glasses-** Wear protective eyewear when using rotary instruments and/or irrigants in both the clinical and laboratory setting and at all times during clinical procedures. Protective eyewear is not required while exposing radiographs. (Contact lens wearers are at increased risk for eye injury and infection.)
3. **Masks-** Wear masks when using rotary instruments and/or irrigants in the clinical setting or in the laboratory. Masks will be worn during operative patient procedures. Masks should be worn when taking radiographs.
4. **Protective Clothing-** Although students are not considered employees, UAA Dental Programs follow the OSHA guidelines for protective clothing. Students are required to wear a hip length lab jacket and scrub pants. This required uniform must be worn at all times during patient care in pre-clinical and clinical courses. Students wear just a hip length lab jacket for Dental Materials class. The students will launder their own uniforms.

B. Handwashing

Hands will be washed before gloves are put on and immediately after gloves are removed. A 30 second hand wash will be performed at the beginning of the day, after lunch, after using the facilities, and at the end of the day. All other hand washes will be 15 seconds. Hands and other skin surfaces will be washed immediately and thoroughly if contaminated with blood or other body fluids. Hand sanitizer may be used in lieu of soap and water if hands are not visibly dirty.

C. Injury Precautions

All health care delivery personnel will take precautions to prevent injuries caused by needles and sharp instruments or devices during procedures, during cleaning, and during disposal. Needles should be safely recapped with the one handed technique or with a needle recapping device. Needles are not to be bent or broken by hand, removed from disposable syringes or otherwise manipulated by hand. First aid kits and eyewash stations are available in both the laboratory classroom and the clinical area.

D. Personnel

1. Personnel should have up to date immunizations as recommended by the State Department of Health. All students must have all of the UAA recommended immunizations.
2. Persons with exudative lesions or weeping dermatitis will refrain from direct contact with patients and handling patient care equipment.
3. Pregnant health care delivery personnel are not known to be at greater risk of contracting HIV, however, if an infection occurs, the infant is also at risk. Therefore, precautions should be strictly followed.

E. Procedures-Rubber dams, high-speed evacuation and proper patient positioning may be used to minimize generation of droplets and spatter.

F. Equipment

1. Handpieces- Since blood, saliva or gingival fluid of patients may be aspirated into the handpieces or waterlines, handpieces will be flushed for 30 seconds prior to use and for 1 minute following use. Handpieces will be autoclaved after each use. To reduce biofilms in waterlines, all ADA and OSAP recommendations regarding biofilms will be followed.
2. Air/Water syringes- These will be flushed for 30 seconds prior to use and for 30 seconds following use. The aspirator unit trap will be cleaned, wearing utility gloves at the end of the day.
3. Instruments- Sterile instruments will be used for all patients. All instruments that have been used are contaminated, and will be processed and sterilized before re-use. Disposable items will be discarded after each patient.
4. Operatory- Barriers will be placed on the headrest, light handles, light control panel, adjustment hands for the operators chair, the delivery cart for the operator and assistant and the side control panel for the patient chair. All contaminate areas will be wipe-wiped with disinfectant following acceptable procedures. Gloves will be worn when using disinfectant.

5. Laboratory- Saliva and blood will be rinsed off all impressions and wax bites. These items will then be disinfected following accepted clinical procedures. Gloves will be worn to pour impressions but not while using the lathe. This is hazardous.

G. Waste Disposal

1. Needles, scalpel blades, and any other sharp instruments to be disposed of will be placed in a puncture-proof labeled container located in both the classroom and clinic.
2. Blood-soaked sponges and materials should be placed in the biohazard trash located in the sterilization area.

H. Exposure

Personnel who have had or think they have had contact with an infectious disease or contact with contaminated materials or instruments, such as a needle stick or cut, should report it immediately to an instructor or clinic dentist and before the contact or suspected contact leaves the Dental Clinic. An incident report form should be filed.

III. Monitoring

The clinical lab supervisor and clinical dentist will monitor the use of infection control protocol by the students.

IV. Review

- A. Course instructors will continually review the protocol and its practice.
- B. Infection control protocol will be reviewed and updated yearly by faculty.