

Seattle Central College



SEATTLE CENTRAL COLLEGE

One of the Seattle Colleges

Exam Site Information for Candidates
Western Regional Examining Board (WREB)
2021 WREB Hygiene Examination

Seattle Central College
Health Education Center at the Pacific Tower
1200 12th Ave S Seattle, WA 98144
206-934-4186

Exam Site Information for Candidates
2021 WREB Dental Hygiene, Local Anesthesia & Restorative Examinations

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1. School Facility and Services

- **Location, Building Access and Hours:**

Health Education Center at the Pacific Tower, 4th Floor
1200 12th Ave S, Seattle WA 98144

Brian Partido: brian.partido@seattlecolleges.edu or (206) 934-3184

Building Opens: 6:00am-6:00pm daily for the duration of exam

- [Directions to Clinic Entrance](#)- There are multiple entrances and parking garages on the Pacific Tower grounds at 1200 12th Ave. S, Seattle, WA 98144. Please review the directions below to help you get to the correct entrance and parking locations.

Public Transit

- Metro bus routes 36 and 60 stop right at the tower. Light Rail stops at Beacon Hill Transit Center. From there you can take Metro bus 36 northbound towards the tower.

From the North via I-5 southbound

- Take the James Street exit (165A) and turn left on James. Continue east on James and turn right on Boren Avenue. Then turn right on 12th Avenue. Continue on 12th over the Jose Rizal Bridge to Pacific Tower. Turn right on 14th. Stay to the right and turn right at the drive AFTER the tower. Go past the flag circle and park in the West garage. If the garage is full, or for disabled parking, continue onto 12th taking a right, and turn right into the driveway on the north side of the garage and park in the surface lot on the north side of the tower. Do not park in the Pacific Medical Clinic Garage on the east side of campus right off of 14th.

From the South via I-5 northbound

- Take Exit 164A for I-90 E and Dearborn/James Streets. Keep left at the first fork, toward Dearborn/James, and then keep right for Dearborn. Turn right on Dearborn. Then turn left on Rainier Avenue S. Take the first left onto S. Weller Street. Turn left on 12th Avenue S. Continue on 12th over the Jose Rizal Bridge to Pacific Tower. Turn right on 14th. Stay to the right and turn right at the drive AFTER the tower. Go past the flag circle and park in the West garage. If the garage is full, or for disabled parking, continue onto 12th taking a right, and turn right into the driveway on the north side of the garage and park in the surface lot on the north side of the tower. Do not park in the Pacific Medical Clinic Garage on the east side of campus right off of 14th.

From I-90 Westbound

- Exit at Rainier Avenue North. Continue north on Rainier Avenue (straight through the light at Dearborn). Take the first left onto S. Weller Street. Turn left on 12th Avenue S. Continue on 12th over the Jose Rizal Bridge to Pacific Tower. Turn right on 14th. Stay to the right and turn right at the drive AFTER the tower. Go past the flag circle and park in the West garage. If the garage is full, or for disabled parking, continue onto 12th taking a right, and turn right into the driveway on the north side of the garage and park in the surface lot on the north side of the tower. Do not park in the Pacific Medical Clinic Garage on the east side of campus right off of 14th.

From West Seattle

- Head east over the West Seattle Bridge/Spokane Street. Take ramp to Columbian Way S. toward Columbian Way/15th Ave S. (East). Turn left at the first light onto S. Spokane

Street). Turn left again at next light (one small block) onto 15th Avenue South. Continue north and turn left on to S. Atlantic Street. Turn right onto 14th S.

- After you pass S. Judkins on the south edge of the campus, turn left at the drive BEFORE the tower. Go past the flag circle and park in the West garage. If the garage is full, or for disabled parking, continue onto 12th taking a right, and turn right into the driveway on the north side of the garage and park in the surface lot on the north side of the tower. Do not park in the Pacific Medical Clinic Garage on the east side of campus right off of 14th.
- Building is open 6:00am-6:00pm daily for duration of exam.
- **Parking:** Street parking free is available on 12th Avenue, 14th Avenue, and Golf Drive South.
- Visitor parking is available on levels P2 and P6 in the West Garage for a maximum of \$10 per day. Visitors can enter at either the North or South entrances of the garage, pull up to the gate arm, and pull a ticket. When leaving, visitors enter their ticket and pay by credit or debit card. **Cash is NOT accepted.** Please press the button on the ticket dispenser if you encounter issues entering or leaving the garage.
- Additional parking for \$6 for all day is available in the north parking lot, which is accessible from 12th Avenue. There is one pay station at the entrance to that lot. ADA parking is located in the North Lot (enter building through North entrance), and as you enter on 14th Ave, around the flag circle in front of the South main entrance.
- **Security and Emergency Services:** Onsite Security contact information and protocol.
- **ATM Machine:** There are no ATM machines available in the Pacific Tower.
- **Food Services Onsite:** There are no food services available in the Pacific Tower.

2. Preparing for the Exams

a. Hygiene Exam

- **Patient Screening:** Please note that Seattle Central College does not have the responsibility of providing examination patients or back-up patients for any candidate. Candidates should not make requests of anyone associated with the college (faculty, staff or administration) for possible back-up patients, patient information, patient consultation, advice, or patient records relating to any patient being considered for the WREB examination. All questions should be directed to appropriate WREB officials. Access to the clinic will only be granted during the official WREB exams
- **Radiographs:** Candidates are welcome to use the x-ray equipment, aiming devices, and computer. Seattle Central College personnel will not help take the images. They will assist in assigning a room and have the necessary items ready for image exposures. It is the responsibility of the candidate to correctly organize the images in the mount on the computer screen. Printing of the images will be done on standard coping paper.
 - A. There are no additional charges for this service.
 - B. The radiographic equipment produces digital radiographs.

- C. X-ray equipment can be used for digital panoramic, bitewing, and periapical images.
- **Administration of Local Anesthetic:** A qualified practitioner will be available to administer local anesthetic to Candidate Patients during the exam (see below). No additional fees are associated with this service.
 - A. Practitioner(s) (meeting prescribed criteria as stated in the Candidate Guide) will be **AVAILABLE** during the exam to administer local anesthesia to all Candidate Patients. To be fair to all Candidates, the practitioner(s) will be available throughout every day of the exam.
- **Equipment, Instruments and Expendable Dental Materials:** Refer to the respective WREB Candidate Guide for a list of materials and armamentarium that the Candidate must provide.
 - A. **Handpiece and Prophy Angle Hookups:** Dental Units are A-DEC brand, handpiece hook-ups are two and four pin. Six pin fiber optic handpieces will not work in the units.

Handpieces (high and slow speed) are available upon request by emailing the school coordinator and signing a rental contract with the candidate number, date, and time of your exam. They will be given to the candidate during the restorative set-up period. In order to receive a handpiece, the candidate number and operatory number will be needed in order to check out the handpieces.



The school does not charge for the use of the handpieces. However, the candidate will be charged for the handpieces if they are not returned.

- B. **Sonic/Ultrasonic Devices:** WREB allows the use of sonic/ultrasonic devices as an adjunct to calculus removal.

All operatories are equipped for hookup of ultrasonic instrument units (Cavitron brand). Limited ultrasonic instrument units (Cavitron brand) are available for use on a first-come first-served basis. Candidates must email the school coordinator to reserve a unit and sign a rental contract with the candidate number, date, and time of your exam. Candidates must supply their own 30K inserts. No Piezo units are available.

The school does not charge for the use of the ultrasonic instrument units. However, the candidate will be charged for the ultrasonic instrument units if they are not returned.

- C. **Air/Water Syringe Tips:** Air water syringe tips are disposable. Tips are provided for each candidate.
- D. **Blood Pressure Cuffs and Stethoscopes:** Blood pressure cuffs and stethoscopes are available for Candidate use.

E. Expendable Materials: Expendable dental materials supplied by the school are noted in **Appendix A**. If template is not utilized, add the expendable list to your document (items not listed are responsibility of Candidate).

- **Sterilization Services:** Sterilization will be available during the exam hours. Place your bagged instruments (with candidate number) in the sterilization area marked contaminated. Please allow 24 hours for sterilization. **Candidates retaking onsite will need their instruments sterilized prior to retake clinic entrance.**

b. **Local Anesthesia Exam, if applicable**

- **Equipment, Instruments and Expendable Dental Materials:** Refer to the respective WREB Candidate Guide for a list of materials and armamentarium that the Candidate must provide.

A. Air/Water Syringe Tips: Air water syringe tips are disposable. Tips are provided for each candidate.

B. Expendable Materials: Expendable dental materials supplied by the school are noted in **Appendix B**. If template is not utilized, add the expendable list to your document (items not listed are responsibility of Candidate).

Sterilization Services: Sterilization will be available during the exam hours. Place your bagged instruments (with candidate number) in the sterilization area marked contaminated. Please allow 24 hours for sterilization. Candidates retaking onsite will need their instruments sterilized prior to retake clinic entrance. In the event that sterilization of your syringe is needed to re-take the exam we cannot guarantee your syringe will be sterilized in time if you have to re-take the exam.

c. **Restorative Exam**, if applicable

- **Equipment, Instruments and Expendable Dental Materials:** Refer to the respective WREB Candidate Guide for a list of materials and armamentarium that the Candidate must provide.

A. Handpiece and Prophy Angle Hookups: Dental Units are A-DEC brand, handpiece hook-ups are two and four pin. Six pin fiber optic handpieces will not work in the units.



Handpieces (high and slow speed) are available upon request by emailing the school coordinator and signing a rental contract with the candidate number, date, and time of your exam. They will be given to the candidate during the restorative set-up period. In order to receive a handpiece, the candidate number and operatory number will be needed in order to check out the handpieces.

The school does not charge for the use of the handpieces. However, the candidate will be charged for the handpieces if they are not returned.

- A. Air/Water Syringe Tips:** Air water syringe tips are disposable. Tips are provided for each candidate.
- B. Curing Lights:** Curing lights and protective shields will be available at each operatory
- C. Expendable Materials:** Expendable dental materials supplied by the school are noted in **Appendix C**. If template is not utilized, add the expendable list to your document (items not listed are responsibility of Candidate).

3. **During the Clinical Exam**

- **Dental Operatory Units:** ADEC/Cascade dental chairs with foot control chair operations.
- **Infection Control (Surface Asepsis):** All surfaces not covered with a barrier will need to be wiped with a Cavicide wipe (i.e. dental unit, countertops, patient chair, light handles, etc.). The wipes are located at each sink station in the clinic

A. Hazardous Waste Disposal (exam-type specific):

- **Hygiene:** Procedure for disposal of blood/saliva-soaked waste. Place blood-soaked waste in a red biohazard bag. Properly close the bag and then place the biohazard bag in the contaminated waste box next to the contaminated window of the sterilization room.
- **Local Anesthesia:** Procedure for disposal of blood/saliva-soaked waste. Place both the needle and spent carpule of anesthetic in the sharp's container. There is a sharps container in each operatory.
- **Restorative:** Procedure for disposal of amalgam scraps. Amalgam scraps can either be placed in the amalgam scrap jars located next to the amalgamator or in the large amalgam scrap container next to the clinical doors. Please no plastic amalgam capsules in either container. Amalgam only.

B. Sharps Disposal: Indicate location of sharps containers. Sharps containers are located in each operatory. These should be used only for needles and anesthetic carpules.

- **Emergency Medical Equipment:**

- Equipment:
 - First aid kits, ice packs, etc. are located in the laboratory area of the Candidate Clinic.
 - Emergency crash cart with AED is located in the Examiner Grading Area.
 - An addition AED is located in the main reception area.
 - For emergencies, dial 9-911
- Fire Extinguishers
 - There are 6-5lb. ABC dry chemical fire extinguishers per floor. Fire extinguishers have labels with instructions describing how to operate them, their age, serial number and type of fire which they can be used
- Emergency Exits
 - There are 3 emergency stairwells on the main walkway and 1 emergency exit in the Examiner Grading Area.
 - Upon exit, please proceed away from the building at the parking lot in the North exit or the grass field in the South exit.
- Eyewash stations
 - There are multiple eye wash stations in the candidate clinic, examiner clinic areas, and laboratories.

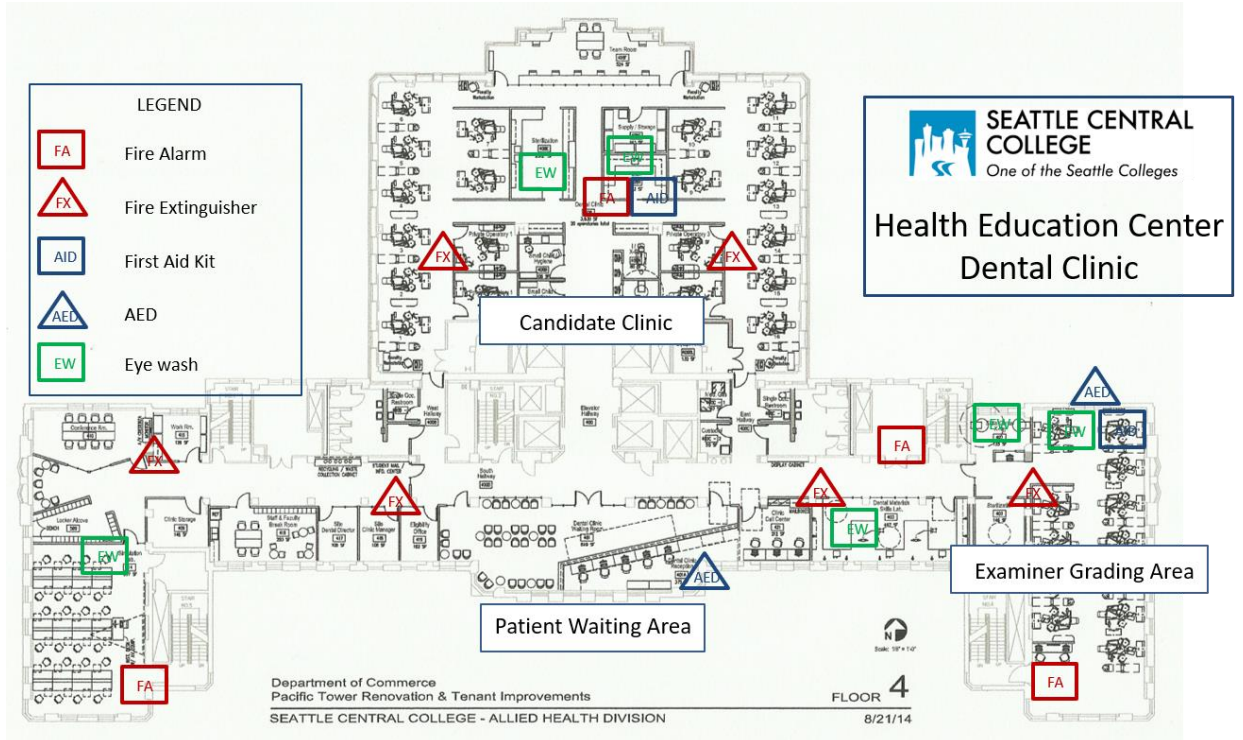
4. Travel and Lodging Information

- **Airport Information:** It takes approximately 20 minutes using automobile transportation (normal traffic) and about 45 minutes using public transportation to travel from SeaTac (Seattle Tacoma) International Airport to the Pacific Tower.
- **Ground Transportation:** Multiple car rental companies, multiple shuttle services, and public transportation (light rail and bus) are available.
- **Hotel Accommodations:**
 - Embassy Suites by Hilton Seattle Downtown Pioneer Square
King St, Seattle, WA 98104
(206) 859-4400
 - Courtyard by Marriott Seattle Downtown/Pioneer Square
612 2nd Ave, Seattle, WA 98104
(206) 625-1111
 - Silver Cloud Hotel - Seattle Stadium
1046 1st Ave S, Seattle, WA 98134
(206) 204-9800
 - The Art Inn Seattle
1225 E Jefferson St, Seattle, WA 98122
(206) 445-0697

5. [Campus Map](#): Map of campus and directions to clinic.

The dental clinic is located on the fourth floor of the Health Education Center at the Pacific Tower at 1200 12th Ave S, Seattle WA 98144. Enter from the south entrance of the building and take the elevators to the fourth floor.

6. **Clinic Floor Plan:** Indicate Patient waiting area (HEC 401), Candidate clinic (HEC 408- 20 operatories), Examiner grading area (HEC 404- 12 operatories), areas of emergency equipment (see floor plan of designated areas)



7. Required School-provided Expendable Dental Materials Appendices

APPENDIX A – Expendable Dental Hygiene Materials List Provided by Exam Site Host (Seattle Central College) To be provided in sufficient quantities for all Dental Hygiene Candidates		
2x2 gauze squares	Cotton-tip applicators	Patient bib clips, disposable
Air/water syringe tips	Drinking cups	Patient napkins/bibs
Antimicrobial mouthwash	Face masks	Prophy paste
Anesthetic(s)	Facial tissue	Sanitizing materials
<ul style="list-style-type: none"> Local anesthetic(s) with and without vasoconstrictors 	Gloves	Soap
<ul style="list-style-type: none"> Topical anesthetic(s) 	<ul style="list-style-type: none"> Gloves, nonlatex (S,M,L,XL) 	Standard saliva ejectors
Autoclave bags, small	<ul style="list-style-type: none"> Overgloves 	Surface disinfectant
Autoclave bags, medium	Headrest covers	Syringe Needles (long & short)
Autoclave tape	Instrument trays, disposable	Tray covers
Barrier covers/tape	Paper towels	Trash bags

APPENDIX B – Expendable Local Anesthesia Materials List Provided by Exam Site Host (Seattle Central College) To be provided in sufficient quantities for all Local Anesthesia Candidates		
2x2 gauze squares	Cotton-tip applicators	Patient bib clips, disposable
Air/water syringe tips	Drinking cups	Patient napkins/bibs
Antimicrobial mouthwash	Face masks	Sanitizing materials
Anesthetic(s)	Facial tissue	Soap
<ul style="list-style-type: none"> Local anesthetic(s) with and without vasoconstrictors 	Gloves	Standard saliva ejectors
<ul style="list-style-type: none"> Topical anesthetic(s) 	<ul style="list-style-type: none"> Gloves, nonlatex (S, M,L,XL) 	Surface disinfectant
Autoclave bags, small	<ul style="list-style-type: none"> Overgloves 	Syringe Needles (long & short)
Autoclave bags, medium	Headrest covers	Tray covers
Autoclave tape	Instrument trays, disposable	Trash bags
Barrier covers/tape	Paper towels	

APPENDIX C – Expendable Restorative Materials List Provided by Exam Site Host (Seattle Central College) To be provided in sufficient quantities for all Restorative Candidates		
2x2 gauze squares	Drinking cups	Sanitizing materials
Air syringe tips	Face masks	Rod posts (mounting Typodont)
Amalgamator/Tricherator	Facial tissue	Soap
Amalgam scrap container(s)	Gloves, nonlatex (S,M,L,XL)	Surface disinfectant
Barrier covers/tape	Instrument trays, disposable	Tray covers
Cotton-tip applicators	Paper towels	Trash bags