Exam Site Information for Candidates
Western Regional Examining Board (WREB)
2020 WREB Hygiene Examination

Southwestern College
National City Campus
880 National City Boulevard
National City, California
1-619-216-4875
Exam Site Information for Candidates

2020 WREB Dental Hygiene, Local Anesthesia & Restorative Examinations

Table of Contents

1. School Facility and Services
   • Clinic Address, Building Access and Hours
   • Parking
   • Security and Emergency Services
   • ATM Machine
   • Food Services Onsite

2. Preparing for the Exam
   • Patient Screening
   • Radiographs
   • Administration of Local Anesthetic – Practitioner Availability
   • Dental Operatory Units
   • Equipment, Instruments and Expendable Materials
   • Sterilization Services

3. During the Exam
   • Infection Control (Surface Asepsis)
   • Medical Emergencies and Equipment

4. Travel and Accommodation Information
   • Airport Information
   • Ground Transportation
   • Hotel Accommodation

5. Appendices
   • Campus Map
   • Clinic Floor Plan
   • Expendable Dental Materials Lists
1. School Facility and Services  
   • Location, Building Access and Hours:

   Dental hygiene is located at 880 National City Blvd, National City, California. The Dental 
   Hygiene Clinic is located on the second floor of the building. There will be signs posted 
   from the parking structure to the clinic to guide the patients and candidates to the clinic 
   location. The phone number is 619-216-6670 for Christine Perry, Director Dental 
   Hygiene. Directions to Clinic entrance; building opens at 6:30am-6:00pm daily for 
   duration of exam.

   Directions to the campus: 
   Drive south on the interstate 5 from the San Diego International Airport. Exit of the 5 
   south at the 8th Street/National City exit. Turn right onto W. 8th street. Turn right onto 
   Roosevelt Street. Turn left into the parking structure.

   • Parking:

   The College has a parking structure located off of Roosevelt Street. There is no fee for 
   Friday thru Sunday. There may be a fee for Thursday if arriving between 8 am and 5 
   pm. Parking tag can be received through the meter in the parking structure.

   • Security and Emergency Services:

   Southwestern College Police can be contacted at 619-216-6691 or National City Police 
   can be contacted by calling 911 from any cell phone or 9-911 from a campus phone. In 
   the event of an emergency while on the clinic floor, call 9-911 from any phone. Location 
   will be explained at the WREB orientation.

   • ATM Machine:

   Availability across the street from the front entrance of Southwestern College at the Bank 
   of America, 235 E 8th Street, National City, CA.

   • Food Services Onsite:

   Jack in the Box restaurant (fast food) on the corner of 8th street and Roosevelt across 
   from the school parking structure. Vending machines on the first floor of the clinic 
   building in the student lounge.

2. Preparing for the Hygiene Exam  
   • Patient Screening:

   There is no time available for screening patients due to summer clinic schedule. 
   Southwestern College does not have the responsibility of providing examination patients 
   or back-up patients for candidates. Candidates should not make requests of anyone 
   associated with the university (faculty, administration, or staff) for possible pack-up 
   patients, patient information, patient consultation, advice or patient records relating to 
   any patient being considered for the WREB examination. All questions should be 
   directed to appropriate WREB officials.

   • Radiographs: Candidates will have access to traditional (analog) film and film 
   processor for exposure of patient films as needed (bite wing, periapical, SWC will
process the films.

Film-holders will be available for use during the exam at no additional charge. Duel pack film will be available for purchase ($1.00 per film). Panoramic film will not be available. Film mounts will also be available for purchase ($5.00).

SWC will not provide digital radiographs during the exam nor film duplication services.

- **Administration of Local Anesthetic:** Specify whether a qualified practitioner is available to administer local anesthetic to Candidate Patients during the exam (see below). Specify fee associated with service, if applicable. (Some schools provide this service free of charge.)

  A. Practitioner(s) from the school is **NOT AVAILABLE** to administer local anesthesia to Candidate Patients. There are no exceptions to this policy.

  **Note:** WREB has requirements for the candidates who bring their own licensed dental practitioners to administer local anesthetic to Candidate’s Patients. Check with the WREB representative on those requirements.

- **Equipment, Instruments and Expendable Dental Materials:** Refer to the respective WREB Candidate Guide for a list of materials and armamentarium that the Candidate must provide.

  A. **Handpiece and Prophy Angle Hookups:**

      Handpiece attachment is two-hole coupler and Midwest RDH handpiece. Candidates are required to provide their own handpieces and prophy angles for the exam.

  B. **Sonic/Ultrasonic Devices:**

      All operatories are equipped with water and electrical hook-up for an ultrasonic scaling unit. Water hook-ups are standard ADEC hookups. Please familiarize yourself with the dental hook-up during the Clinic Orientation Tour.

      There will not be Cavitron 30K sleeves or inserts available during the WREB exam.

  C. **Air/Water Syringe Tips:**

      Disposable Air/Water Syringe Tips will be provided at no charge.

  D. **Blood Pressure Cuffs and Stethoscopes:**

      Candidates must provide their own blood pressure cuffs and stethoscopes.

  E. **Expendable Materials:** Expendable dental materials supplied by the school are noted in **Appendix A**. Add the expendable list to your document (items not listed are responsibility of Candidate).
• **Sterilization Services:** There will not be sterilization services available during the exam. Infection control items will be available to wrap or bag your contaminated instruments after use. Special arrangements will be made for **Candidates retaking that will need their instruments sterilized prior to retake exam time**. Please let the Floor Assistant know as soon as possible. Sterilization process takes a proximally 1.5 hours to complete.

3. **During the Clinical Exam**

• **Dental Operatory Units:** A-dec 1021 Decade, A-dec 2122 Cascade model to include right/left chairs positioning and adaptable tray table. Progeny dental x-ray equipment.

  The clinic units are equipped with:

  - Rear Delivery A-dec units
  - Two Air/Water Syringes
  - Sharps Container
  - Countertop/writing space (Behind chair)
  - HVC and saliva ejector
  - Slow speed adapter
  - Water and electrical ultrasonic hook-up
  - Paper towel/sink
  - Clinician Stool
  - Soap
  - Hand sanitizer

• **Infection Control (Surface Asepsis):**

  SWC use the CDC and State of California guidelines for asepsis protocols pertinent to the exam (i.e. dental unit, countertops, patient chair, light handles, etc.). All disinfectants will be provided to the candidates for use during the exam. A demonstration of set-up and brake down will be performed during the Candidate Orientation Tour.

  Candidates are expected to wear full PPE and have their patient wear safety glass during treatment.

  Operatories will be disinfected, barriers placed, and water bottles filled by school assistant prior to candidate entry in the clinic for the first session.

A. **Hazardous Waste Disposal (exam-type specific):**

  - **Hygiene:** Contact the floor assistant for bags for disposal of blood/saliva-soaked waste. Place items in the provided bag and return to the clinic assistant for disposal.
  - **Local Anesthesia:** Place empty cartridges and needles into the sharps container provided by the clinic. See Sharps Disposal for instructions.

B. **Sharps Disposal:** Sharps containers are located between the clinic chairs on the counter top behind the chairs. The components that may be placed in sharps container are emptied cartridges and needles only.
• **Emergency Medical Equipment**: Emergency equipment (i.e. oxygen, AED, first aid kits, ice packs, etc.) are located on the clinic floor next to chair #1. Contact the Chief in case of an emergency then dial 9-911 on any of the clinic floor phones.

4. **Travel and Accommodation Information**
   - **Airport Information**: San Diego International Airport, San Diego California.
   - **Ground Transportation**: Taxi, Lyft, Uber and airport shuttle are available.
   - **Hotel Accommodations**: Best Western Plus Marina Gateway is approximately 1 mile away from campus by the beach. Address, 800 Bay Marina Drive, National City, CA 91950, phone number: 1-619-259-2800.
Expendable Dental Materials Appendices

### APPENDIX A – Expendable Dental Hygiene Materials List

Provided by Exam Site Host (School)

To be provided in sufficient quantities for all Dental Hygiene Candidates

<table>
<thead>
<tr>
<th>Expendable Dental Hygiene Materials List</th>
<th>Provided by Exam Site Host (School)</th>
<th>To be provided in sufficient quantities for all Dental Hygiene Candidates</th>
</tr>
</thead>
<tbody>
<tr>
<td>2x2 gauze squares</td>
<td>Cotton-tip applicators</td>
<td>Paper towels</td>
</tr>
<tr>
<td>Air/water syringe tips</td>
<td>Drinking cups</td>
<td>Patient bib clips, disposable</td>
</tr>
<tr>
<td>Antimicrobial mouthwash</td>
<td>Face masks</td>
<td>Patient napkins/bibs</td>
</tr>
<tr>
<td>Anesthetic(s)</td>
<td>Facial tissue</td>
<td>Prophy paste</td>
</tr>
<tr>
<td>• Local anesthetic(s)</td>
<td>Gloves</td>
<td>Sanitizing materials</td>
</tr>
<tr>
<td>• Plain</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Lidocaine 1:100,000</td>
<td>Gloves</td>
<td></td>
</tr>
<tr>
<td>• Topical anesthetic(s)</td>
<td>Gloves, nonlatex (S,M,L,XL)</td>
<td>Soap</td>
</tr>
<tr>
<td>Autoclave bags, small</td>
<td>Overgloves</td>
<td>Standard saliva ejectors</td>
</tr>
<tr>
<td>Autoclave bags, medium</td>
<td>Headrest covers</td>
<td>Surface disinfectant</td>
</tr>
<tr>
<td>Autoclave tape</td>
<td>Instrument trays</td>
<td>Tray covers</td>
</tr>
<tr>
<td>Barrier covers/tape</td>
<td>Syringe Needles</td>
<td>Trash bags</td>
</tr>
<tr>
<td>Disposable gowns</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

5. Maps

- **Campus Map:**
  
  Directions to the clinic are included in #1 of the guide.

- **Clinic Floor Plan:**
  
  See floor plan on next page of guild.