Exam Site Information for Candidates
Western Regional Examining Board (WREB)
2020 WREB Hygiene Examination

Portland Community College
Sylvania Campus
12000 SW 49th Avenue, HT Bldg. Room 206
Portland, OR 97219
971 722-4235
Exam Site Information for Candidates
2020 WREB Dental Hygiene, Local Anesthesia & Restorative Examinations

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1. School Facility and Services
Location, Building Access and Hours:
Address: 12000 SW 49th Ave. Portland, OR 97219
Building/Room: Health Technology Bldg. (HT) Room 206
School Coordinator: Josette Beach, RDH, MS
Phone: 971-722-4235
Directions from the Airport:

1. Get on I-205 Heading South towards Salem/Oregon City
2. Bear Rt. Into the I-84 W entry ramp (go 2 miles)
3. Take the 1-5 S ramp to Salem/Beaverton (go 6.6 miles)
4. Take Exit 295 to Capitol Hwy (go .2 miles)
5. Turn Rt at Taylors Ferry Rd
6. Turn Rt. On Capitol Hwy (at four way stop)
7. Follow Capitol Hwy (which becomes 49th Ave) past 5 traffic lights to the Sylvania Campus on the Rt.
8. Once on Campus: (This is the front entrance) Turn in to campus and follow the signs to the “Gym/Pool” (stay to the Rt. After the entrance. At the next street (“J” Street) turn Lt. (there will be a sign that says “gym/pool”)
9. Follow that street straight – the HT bldg. is last one on the left. (see map)

Directions Heading South on I-5: Follow steps #6-9 above

Directions Heading North on I-5: Take Exit 293 (Haines St).
At stop sign go right onto Haines
Next stop sign go left onto Lesser Rd.
College entrance will be on the Rt. (this is the back entrance).
Next stop turn Rt. onto “H” Street.
HT bldg. is the first bldg. on the left (see map)

Building will be open from 6:00am-9:00pm Weekdays and 6:30-6:00pm Weekends

Parking: The closest parking lot to the HT building is P12. Parking passes are not needed on Saturdays and Sundays.

Weekdays parking fees are: $2 for 2 hrs., $3 for 3 hrs., $4 for 4 hrs. and $5 for 5 hrs.+
To purchase a parking pass, use the machine in front of the HT building or at the first right turn after you enter the campus off of the 49th Avenue Main Entrance.

Exact change or credit card are needed to purchase a parking pass (change is not given).
Do NOT park in handicap designated areas, without appropriate handicap stickers. Do NOT park in areas marked “Staff Parking.”

- **Security and Emergency Services:** Non-emergency phone number for Public Safety is 971 722-4902. Emergency Public Safety phone number is 971 722-4444

- **ATM Machine:** CC Building – Upper Mall area on the “Right Side” of the building before the “Chill Café.”

- **Food Services Onsite:** The Cafeteria is open Monday through Friday 7:30 am-9:00pm. The “Chill Café” is open 7:00 am to 2:00 pm daily. Both are located in the CC building.

2. Preparing for the **Hygiene Exam**

The Portland Community College Dental Department cannot provide patients for candidates. Please do not call the school concerning the obtainment of patients nor ask for school confidential patient records. Recruitment of patients for the exam is entirely up to the candidate.

- **Patient Screening:** The Clinic will be made available to candidates for screenings only in emergency situations. Please phone the Director, Josette Beach at 971 – 722-4235 to arrange for use of the clinic prior to the exam.

- **Radiographs:** Digital Radiograph Equipment is available to candidates during the exam if necessary. The Director or Floor Assistant will assist candidates who are in need of use of the radiology facilities.

- **Administration of Local Anesthetic:** Practitioner from the school is **NOT AVAILABLE** to administer local anesthesia to Candidate Patients. There are no exceptions to this policy.

- **Equipment, Instruments and Expendable Dental Materials:**

  A. Handpiece and Prophy Angle Hookups: Please see attachment for diagrams of handpiece attachments. PCC is unable to loan or rent school handpieces to candidates.

  B. Sonic/Ultrasonic Devices: Ultrasonic scalers are not available for loan or rent.

  C. Air/Water Syringe Tips: Candidates will be provided with metal air/water syringe tips for use during the exam. The candidate will return the air/water syringe tip to the sterilization room at the completion of their examination

  D. Blood Pressure Cuffs and Stethoscopes: Candidates should bring their
own blood pressure cuff and stethoscope. In emergency situations, PCC will have blood pressure cuffs and stethoscopes available for use.

E. Expendable Materials: Expendable dental materials supplied by the school are noted in Appendix A. Items not listed are responsibility of Candidate.

- Sterilization Services: Please contact the Director at 971 722-4235 if you will need items sterilized prior to the exam. During the exam, sterilization of instruments will take place for instruments/supplies needed immediately for examination. Otherwise, at the completion of the exam, the candidate will place instruments in sterilization pouches and “Transfer Bags” to take back to their school/office for sterilization. Candidates retaking onsite will notify the Director or Floor Assistant that they are in need of having their instruments/supplies sterilized prior to their retake session.

3. Preparing for the Local Anesthesia Exam

- Equipment, Instruments and Expendable Dental Materials: Refer to the respective WREB Candidate Guide for a list of materials and armamentarium that the Candidate must provide.

  A. Air/Water Syringe Tips: Candidates will be provided with metal air/water syringe tips for use during the exam. The candidate will return the air/water syringe tip to the sterilization room at the completion of their examination.

  B. Expendable Materials: Expendable dental materials supplied by the school are noted in Appendix B. Items not listed are responsibility of the Candidate.

- Sterilization Services: Please contact the Director at 971 722-4235 if you will need items sterilized prior to the exam. During the exam, sterilization of instruments will take place for instruments/supplies needed immediately for examination. Otherwise, at the completion of the exam, the candidate will place instruments in sterilization pouches and “Transfer Bags” to take back to their school/office for sterilization. Candidates retaking onsite will notify the Director or Floor Assistant that they are in need of having their instruments/supplies sterilized prior to their retake session.

C. Preparing for the Restorative Exam

- Equipment, Instruments and Expendable Dental Materials: Refer to the respective WREB Candidate Guide for a list of materials and armamentarium that the Candidate must provide.

  Handpiece and Prophy Angle Hookups: Please see attachment for diagrams of handpiece attachments. PCC is unable to loan or rent school handpieces to candidates.

  Air/Water Syringe Tips: Candidates will be provided with metal air/water syringe
tips for use during the exam. The candidate will return the air/water syringe tip to the sterilization room at the completion of their examination

**Curing Lights:** Candidates must bring their own curing lights for use during the restorative exam.

**Expendable Materials:** Expendable dental materials supplied by the school are noted in *Appendix C*. Items not listed are responsibility of Candidate.

### During the Clinical Exam -

**Dental Operatory Units:** Please see attachment for diagrams of Dental Operatory Units

- **Infection Control (Surface Asepsis):**
  - Disinfectant wipes are used for all touch surfaces except the chair leather. To clean the chair leather, use a paper towel with warm soapy water. Rinse with a paper towel with water and dry.
  - Barriers are used over touch surfaces in the following manner:
    - Barrier sleeves: Light handles, bracket table arm, air/water syringe, saliva ejector/High speed suction
    - Barrier Tape: Operator Chair, Chair Keypad, Operator Chair Levers
    - Chair Rest Cover: Over patient head rest/back of patient chair.

**A. Hazardous Waste Disposal (exam-type specific):**
  - **Hygiene:** Procedure for disposal of blood/saliva-soaked waste – place in red biohazard bag at unit. Dispose of red biohazard bag at completion of exam in container at sterilizing room window. Sharps are disposed of in sharps containers at each chairside sink.
  - **Local Anesthesia:** Procedure for disposal of blood/saliva-soaked waste – place in red biohazard bag at unit. Dispose of red biohazard bag at completion of exam in container at sterilizing room window. Sharps are disposed of in sharps containers at each chairside sink.
  - **Restorative:** Procedure for disposal of amalgam scraps – Amalgam scrap containers are available at each bay for disposal of amalgam scrap.

**B. Sharps Disposal:** Sharps containers are located at each chairside sink. Needles, anesthetic carpules burs and metal matrix bands should be disposed of in sharps containers.

- **Emergency Medical Equipment:** Emergency Equipment is located in the clinic. Please refer to the attached floor plan for location. The location will also be shown during the clinic tour. Inform the floor assistant and/or the Chief Examiner if you or your patient is experiencing an emergency. To access emergency personnel call public safety at 971 722-4444, or from the clinic phones – x4444.
D. Travel and Accommodation Information

**Airport Information:** Portland International Airport (PDX)

The airport is 15.8 miles from the Sylvania Campus (about 29 minutes).

**Ground Transportation:** Public MAX transportation is available from the airport into downtown Portland.

- Radio Cab: (503) 227-1212
- Broadway Cab: (503) 227-1234

- **Hotel Accommodations:**
  - Phoenix Inn Suites
    - 14905 SW Bangy Rd
    - Lake Oswego, OR
    - 503 624-7400
  - Hospitality Inn
    - 10155 SW Capitol Hwy
    - Portland, OR
    - 503 244-6684
  - Comfort Suites
    - 11340 SW 60th Ave.
    - Portland, OR
    - 503 768-4400
  - Hilton Garden Inn
    - 14830 Kruse Oaks Dr.
    - Lake Oswego, OR
    - 503 684-8900

E. Maps

F. **Campus Map:** Please see the attachment for the map of the campus

G. **Clinic Floor Plan:** Please see the attachment for floor plan of the clinic. The patient and candidate waiting area is outside of the HT 206 Clinic Entrance.
## APPENDIX A – Expendable Dental Hygiene Materials List
Provided by Exam Site Host (PCC)
To be provided in sufficient quantities for all Dental Hygiene Candidates

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>2x2 gauze squares</td>
<td></td>
<td>Cotton-tip applicators</td>
</tr>
<tr>
<td>Air/water syringe tips</td>
<td></td>
<td>Drinking cups</td>
</tr>
<tr>
<td>Antimicrobial mouthwash</td>
<td></td>
<td>Face masks</td>
</tr>
<tr>
<td>Anesthetic(s)</td>
<td></td>
<td>Sanitizing materials</td>
</tr>
<tr>
<td>- Local anesthetic(s) with and without vasoconstrictors</td>
<td></td>
<td>Gloves</td>
</tr>
<tr>
<td>- Topical anesthetic(s)</td>
<td></td>
<td>• Gloves, nonlatex (XS, S, M, L, XL)</td>
</tr>
<tr>
<td>Autoclave bags, small</td>
<td></td>
<td>Surface disinfectant</td>
</tr>
<tr>
<td>Autoclave bags, medium</td>
<td></td>
<td>Headrest covers</td>
</tr>
<tr>
<td>Autoclave tape</td>
<td></td>
<td>Instrument trays, disposable</td>
</tr>
<tr>
<td>Barrier covers/tape</td>
<td></td>
<td>Paper towels</td>
</tr>
</tbody>
</table>

## APPENDIX B – Expendable Local Anesthesia Materials List
Provided by Exam Site Host (PCC)
To be provided in sufficient quantities for all Local Anesthesia Candidates

<table>
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<th>Item</th>
<th>Quantity</th>
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<td>2x2 gauze squares</td>
<td></td>
<td>Cotton-tip applicators</td>
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<td>Air/water syringe tips</td>
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<td></td>
<td>Face masks</td>
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<td>Anesthetic(s)</td>
<td></td>
<td>Sanitizing materials</td>
</tr>
<tr>
<td>- Local anesthetic(s) with and without vasoconstrictors</td>
<td></td>
<td>Gloves</td>
</tr>
<tr>
<td>- Topical anesthetic(s)</td>
<td></td>
<td>• Gloves, nonlatex (XS, S, M, L, XL)</td>
</tr>
<tr>
<td>Autoclave bags, small</td>
<td></td>
<td>Surface disinfectant</td>
</tr>
<tr>
<td>Autoclave bags, medium</td>
<td></td>
<td>Headrest covers</td>
</tr>
<tr>
<td>Autoclave tape</td>
<td></td>
<td>Instrument trays, disposable</td>
</tr>
<tr>
<td>Barrier covers/tape</td>
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<td>Paper towels</td>
</tr>
</tbody>
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## APPENDIX C – Expendable Restorative Materials List
Provided by Exam Site Host (PCC)
To be provided in sufficient quantities for all Restorative Candidates

<table>
<thead>
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<th>Item</th>
<th>Quantity</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>2x2 gauze squares</td>
<td></td>
<td>Face masks</td>
</tr>
<tr>
<td>Air syringe tips</td>
<td></td>
<td>Gloves</td>
</tr>
<tr>
<td>Amalgamator/Triturator</td>
<td></td>
<td>• Gloves, nonlatex (S, M, L, XL)</td>
</tr>
<tr>
<td>Amalgam scrap container(s)</td>
<td></td>
<td>Instrument trays, disposable</td>
</tr>
<tr>
<td>Barrier covers/tape</td>
<td></td>
<td>Paper towels</td>
</tr>
<tr>
<td>Cotton-tip applicators</td>
<td></td>
<td>Sanitizing materials</td>
</tr>
</tbody>
</table>
Clinic Floor Map
Example of PCC Dental Units

Cascade Handpiece Delivery System
(Traditional-style Control Head with Unitized Holders)

Radius 7115 Assistant's Instrumentation
3-position holder with touchpad

Handpiece Gaskets

5-hole  6-pin

Close-up view of chair touchpad standard on Radius 7115