Lake Washington Institute of Technology

Updated WREB Host Site Information - 2020 Local anesthesia, Dental Hygiene Clinical and Restorative Exams

The information in this document will supersede previously distributed information in the Exam Host Site Information packet.

School Coordinators: Carrie Sasynuik: carrie.sasynuik@lwtech.edu
   425-739-8157 campus phone line

The College is working under State of Washington Higher Education re-opening guidelines to operate safely due to COVID-19. You must follow the rules set forth by LWTech for the health and well-being of yourself and others. These protocols may change based on the status of public health and state guidance.

Anyone (includes exam candidates) recently visited an area outside of Washington, Oregon and Idaho must self-quarantine for 14 days from the day you returned to Washington in order to access the college campus. The only exception to this rule is WREB personnel who resides in states outside of these areas.

Candidates please be mindful of your travel plans and advise your patient accordingly regarding his/her travel plans.

If you spent more than 15 minutes, and less than 6 feet apart, with someone who over the last fourteen days after you were with them developed COVID-19 symptoms and subsequently tested positive, you will not be permitted into the building.

Day before your exam, you need to ask yourself and your patient if you or he/she has any of the following symptoms, and on the day of your exam, the same questions will be asked at the check in area:

- A new fever (100.4 F or higher) or a sense of having a fever?
- A new cough that you cannot attribute to another health condition?
- New shortness of breath that you cannot attribute to another health condition?
- A new sore throat that you cannot attribute to another health condition?
- New muscle aches that you cannot attribute to another health condition or that may have been caused by a specific activity, such as physical exercise?
- New respiratory symptoms, such as sore throat, running nose/nasal congestion or sneezing, that you cannot attribute to another health condition?
- New chills or repeated shaking with chills that you cannot attribute to another health condition?
- New loss of taste or smell that you cannot attribute to another health condition?
If you or your patient have **ANY** of these symptoms, you or your patient will need to stay home. Anyone who gives a positive response to the questions above will be asked to leave the building.

For contact tracing purposes, everyone that enters the campus will be asked to show their ID and a log of their names, phone numbers, and email addresses will be recorded. This information will be kept confidential by the college and discarded after four weeks.

Facial coverings must be worn by all on campus at all times, except dental patients during dental procedures performed by exam candidates. Masks with valves are not allowed, as they protect you but not others around you.

**School Facility and Services**

- Only the Allied Health (AH) building door on the 3rd floor (South Parking Lot) will be open during WREB Exams. All other exterior doors will be locked.
- Only college and WREB staff, candidates and their patients are allowed on campus, no other visitors are allowed on campus.
- When inside the building, always wear your face covering and stay 6 feet apart from another person.
- There will be college staff performing the following COVID screening procedures:
  - Checking ID of all LWTech staff, WREB personnel and WREB candidates and patients. Personal info. such as name, email and cell phone # will be recorded. This is for contact tracing in case of exposures.
  - Temperature check and COVID questionnaires
  - Be sure to allow time for this procedure, come a little earlier than your assigned time but not too early as we have limited space in the dental waiting area and social distancing of 6 feet apart will be strictly enforced
- The LWTech campus is closed during the WREB exams, no food services will be available.
- In order to minimize touching surfaces and areas to be sanitized, lingering in college hallways will not be permitted.
- Wash your hands or use hand sanitizer often, available at check in and in the dental clinic.

**Preparing for the Dental Hygiene Exam**

- Limited Cavitrons are available for use on a first come first served basis, candidates can email the school coordinator to reserve units, we will need candidate #, date and time of your exam. Candidates must supply their own 30K inserts. No Piezo units are available.
- Using HVE is strictly enforced during the use of any aerosol producing devices, such as the ultrasonic and air/water syringe. Neither the Isolite nor saliva ejector alone effectively reduce aerosols and splatter, therefore cannot be a substitution for using the HVE. As much as possible, gross debris and biofilm should be remove manually before ultrasonic scaling.
- An antimicrobial preprocedural rinse will be provided for use before ultrasonic scaling.

**Preparing for the Local Anesthesia Exam**

- Make sure to bring enough syringes. We cannot guarantee your syringe will be sterilized in time if you have to re-take the exam.
Sterilization Services for all exams

- Your contaminated instruments need to be bagged and marked with your candidate ID#. We can run your instruments through the sterilizer, but we will not run them through the ultrasonic or dishwasher. Please make sure you run your instruments through the proper cleaning steps and re-sterilize them at your location before next use.
- Sterilized instruments may not be ready until the next day

PPE for Dental Hygiene Exam:

- Candidates are required to bring their own:
  - NIOSH approved qualitative or quantitative fitted N95 Filtering Facepiece Respirators (FFRs) or a qualitative or quantitative fitted FFR that meets the criteria under FDA Emergency Authorization Usage (EUA), appendix A
  - face shields
  - protective eyewear with side shields for yourself and your patient
  - disposable head caps and gowns. If a reusable cap and gown are used, candidate must take off the cap & gown carefully and immediately put into a sealed bag after doffing.
- Gloves will be provided onsite. You can bring your own gloves if you have a preference of a certain type or brand of gloves.
- Donning and doffing of PPE must happen inside each operatory, no contaminated PPE will be allowed outside of the dental clinic.

PPE for Local Anesthesia Exam:

- Candidates are required to bring their own:
  - NIOSH approved qualitative or quantitative fitted N95 Filtering Facepiece Respirators (FFRs) or a qualitative or quantitative fitted FFR that meets the criteria under FDA Emergency Authorization Usage (EUA), appendix A
  - face shields
  - protective eyewear with side shields for yourself and your patient
  - disposable gowns. If a reusable gown is used, candidate must take off the gown carefully and immediately put into a sealed bag after doffing.
- Gloves will be provided onsite for all exams. You can bring your own gloves if you have a preference of a certain type or brand of gloves.
- Donning and doffing of PPE must happen inside each operatory, no contaminated PPE will be allowed outside of the dental clinic.

PPE for Restorative Exam:

- Candidates are required to bring their own:
  - protective eyewear with side shields
  - Reusable or disposable gown
- Level 1 masks will be provided for the restorative exam.
- Gloves will be provided onsite for all exams. You can bring your own gloves if you have a preference of a certain type or brand of gloves.