

Lake Washington Institute of Technology



Exam Site Information for Candidates
Western Regional Examining Board (WREB)
2020 WREB Hygiene Examination

Lake Washington Institute of Technology
11605 132nd Avenue NE
Kirkland, WA 98034
425-739-8369

Exam Site Information for Candidates
2020 WREB Dental Hygiene, Local Anesthesia & Restorative Examinations

Table of Contents

1. School Facility and Services

- Clinic Address, Building Access and Hours
- Parking
- Security and Emergency Services
- ATM Machine
- Food Services Onsite

2. Preparing for the Exam

- Patient Screening
- Radiographs
- Administration of Local Anesthetic – Practitioner Availability
- Dental Operatory Units
- Equipment, Instruments and Expendable Materials
- Sterilization Services

3. During the Exam

- Infection Control (Surface Asepsis)
- Medical Emergencies and Equipment

4. Travel and Lodging Information

- Airport Information
- Ground Transportation
- Hotel Accommodation

5. Campus Map

6. Clinic Floor Plan

7. Required School-provided Expendable Dental Materials Appendices

1. School Facility and Services

- **Location, Building Access and Hours:**

Lake Washington Institute of Technology
11605 132nd Avenue NE, E106, Kirkland WA 98034

Scarlet Kendrick: scarlet.kendrick@lwtech.edu or (425) 739-8369

Building Opens: 6:00am-6:00pm daily for duration of exam.

- **Parking:** Any open parking area; no charge for parking.
- **Security and Emergency Services:** 425-739-8224 or 911
- **ATM Machine:** Next to the bookstore in the East building
- **Food Services Onsite:** Vending machines in the East building commons area

2. Preparing for the Hygiene Exam

- **Patient Screening:** Please note that LWTECH does not have the responsibility of providing examination patients or back-up patients for any candidate. Candidates should not make requests of anyone associated with the college (faculty, staff or administration) for possible back-up patients, patient information, patient consultation, advice, or patient records relating to any patient being considered for the WREB examination. All questions should be directed to appropriate WREB officials. Access to the clinic will only be granted during the official WREB exams
- **Radiographs:** Candidates are welcome to use the x-ray equipment, aiming devices, phosphorous plates, scan x-machine and computer. Faculty and staff will not help take the images. They will assist in assigning a room and have the necessary items ready for image exposure. They will also process the plates through the scan x-machine. It is the responsibility of the candidate to correctly organize the images in the mount on the computer screen. Printing of the images will be done on standard coping paper.
- Please wear appropriate clinical attire while in the dental clinic and follow all infection control protocols.
 - A. There is no additional service charge for this service.
 - B. Phosphorous plates are an indirect digital radiograph.
- **Administration of Local Anesthetic:** A qualified practitioner is **NOT** available to administer local anesthetic to Candidate
- **Equipment, Instruments and Expendable Dental Materials:**
 - A. **Handpiece and Prophy Angle Hookups:**
Dental Units are Adec brand, handpiece hook-ups are two and four pin, six pin fiber optic handpieces will not work in the units



Handpieces (high and slow speed) are available upon request by contacting the school coordinator during your clinical restorative orientation. They will be given to the candidate during the restorative set-up period. In order to receive a handpiece, the candidate number and op number will be needed in order to check out the handpieces. The school does not charge for the use of the handpieces. However, the candidate will be charged for the handpieces if they are not returned. The high-speed handpiece is attached to the line that has the tape next to the hook up site.

B. Sonic/Ultrasonic Devices:

Cavitrons are provided at each Unit-NO insert(s) are provided, uses 30K inserts

C. Air/Water Syringe Tips: Air water syringe tips are disposable. Tips are provided for each candidate.

D. Blood Pressure Cuffs and Stethoscopes: Blood pressure cuffs or stethoscopes are available for Candidate use.

E. Expendable Materials: Expendable dental materials supplied by the school; are noted in **Appendix A**. Add the expandable list to your document (items not listed are responsibility of Candidate).

• **Sterilization Services:** If you would like your instruments sterilized upon completion of your exam, place your bagged instruments, with your candidate number on the bag in the sterilization window marked contaminated. Note, we will not ultrasonic or remove your items from their labeled bags prior to sterilization. Please allow 24 hours for sterilization.

- Clinical (Hygiene) Exam, if you would like your instruments sterilized upon completion of your exam, place your contaminated instruments on a red tray and walk them to the contaminated window of the sterilization room. Indicate how you would like the bags to be labeled and organized to the person covering the sterilization room. Please allow 24 hours for sterilization. Sterilized instruments will be place in the lobby outside the clinic entrance. Note that collection of sterilized instruments is on an honor system. No one will watch over them. The school will not be held accountable for any instruments that go missing.

3. Preparing for the Local Anesthesia Exam

- **Equipment, Instruments and Expendable Dental Materials:** Refer to the respective WREB Candidate Guide for a list of materials and armamentarium that the Candidate must provide.

A. Handpiece and Prophy Angle Hookups: Handpiece hook-ups are two and four-pin

B. Air/Water Syringe Tips: Air/water syringe tips are provided by the school.

C. Blood Pressure Cuffs and Stethoscopes: The Candidate is responsible for providing their own.

D. Expendable Materials: Expendable dental materials supplied by the school are noted **Appendix B** (items not listed are responsibility of Candidate).

• **Sterilization Services:** If you would like your instruments sterilized upon completion of your exam, place your bagged instruments, with your candidate number on the bag in the sterilization window marked contaminated. Note, we will not ultrasonic or remove your items from their labeled bags prior to sterilization. Please allow 24 hours for sterilization.

- **Anesthesia Exam:** In the event that sterilization of your syringe is needed to re-take the exam, please inform the school coordinator (Ms. Kendrick) so that it can be run through the Statium in a timely manner.

Also, if you would like your instruments sterilized upon completion of your exam, place your bagged instruments in the labeled bin with your candidate number on the bag. Please allow 3 hours for sterilization. If your exam ends at the end of the day, they will be ready the next day

4. Preparing for the Restorative Exam

- **Equipment, Instruments and Expendable Dental Materials:** Refer to the respective WREB Candidate Guide for a list of materials and armamentarium that the Candidate must provide.

A. Handpiece and Propy Angle Hookups: Handpiece hook-ups are two and four-pin.

B. Air/Water Syringe Tips: Air/water syringe tips are provided by the school.

C. Curing Lights: Curing lights will be available at each operator.

D. Amalgamators: Several are placed within the clinic (2-units will share one amalgamator).

E. Expendable Materials: Expendable dental materials supplied by the school are noted in **Appendix C**. (items not listed are responsibility of Candidate).

Additional supplies/handpieces are available upon request, assuming that they are available by contacting the school coordinator either during your clinical orientation or by calling 425-739-8369, e-mail scarlet.kendrick@lwtech.edu (e-mail is preferred).

• **Sterilization Services:** If you would like your instruments sterilized upon completion of your exam, place your bagged instruments, with your candidate number on the bag in the sterilization window marked contaminated. Note, we will not ultrasonic or remove your items from their labeled bags prior to sterilization. Please allow 24 hours for sterilization.

5. During the Clinical Exam

- **Dental Operatory Units:** ADEC/Cascade dental chair with foot control chair operations.

- **Infection Control (Surface Asepsis):** Surface areas not covered by a barrier will be wiped with Biorex and a 4 x 4 gauze. These items are located at each sink station in the clinic.

A. Hazardous Waste Disposal (exam-type specific):

- **Hygiene:** Procedure for disposal of blood/saliva-soaked waste. Place blood-soaked waste in a red biohazard bag. Properly close the bag and then place the biohazard bag in the contaminated waste box next to the contaminated window of the sterilization room.
- **Local Anesthesia:** Place both the needle and spent carpule of anesthetic in the sharp's container. There is a sharps container in each op.
- **Restorative:** Procedure for disposal of amalgam scraps. Amalgam scraps can either be placed in the amalgam scrap jars located next to the amalgamator or in the large amalgam scrap container next to the clinical doors. Please no plastic amalgam capsules in either container. Amalgam only.

B. Sharps Disposal: Sharps containers are located in each op. Only for needles and anesthetic carpules.

- **Emergency Medical Equipment:**

Phones:

- Room 107 (clinic): by the computer in the middle island
- Front desk: out through the doors into the reception area.
- **For emergency help dial 9-911**

Fire Extinguishers:

- Room 109: in the hall outside the restorative clinic
- Room 107: by the windows and emergency exit
- How to use: pull the pin, aim at the base of the fire, squeeze the trigger
- **Do not use if faced with a large or rapidly growing fire, just exit as soon as possible (always take your patient)**

Nearest Exits:

- Room 107-clinic: out the emergency exit in the main dental clinic between the treatment rooms C5 and D5
- Once outside continue up the path and move away from the building

Eyewash Stations (wear your protective eyewear):

- Room 109: back lab
- Restorative Clinic: 1st sink on the right
- Room 107 main testing clinic: each row of treatment rooms has one sink with an eye-wash station, be sure to locate the one that is closest to you before you begin your procedure. There is also an eye wash station in the sterilization room.

Pull off the green caps, pull the metal stopper on the back of the faucet and turn the water on. Flush eyes thoroughly.

Emergency Oxygen:

- Restorative Clinic: inside door as you enter from the lab
- Room 107, main testing clinic: by the emergency exit and by the entrance door to the processing rooms.

On/Off knob is on the side (a lever), flow knob is circular, everything else is hooked up. Addition oxygen can also be found when the N2O is set up.

First Aid, Emergency Kits and Defibrillator (AED):

- Restorative Clinic: in the cabinets attached to the sterilization area – first aid only
- Room 107 main testing clinic: First Aid hanging on the wall by the master switch and first aid and all emergency items in four (4) drawers across from the Clinic Manager's office as you enter through the main Clinic doors.
- Defibrillator (AED) mounted on the wall next to the entrance for the x-ray processing room.

MSDS Manual/Book: in op number F-1 in the cabinet

Exposures and Exposure Personnel (wear your PPE and handle sharps carefully):

Clinic Manager – 1st office on the left as you enter main Clinic
Office Manager – Reception

6. Travel and Lodging Information

Airport Information: SeaTac (Seattle Tacoma) International-travel time approximately 45 minutes from the airport-normal traffic

Ground Transportation: Shuttle Express, rental cars

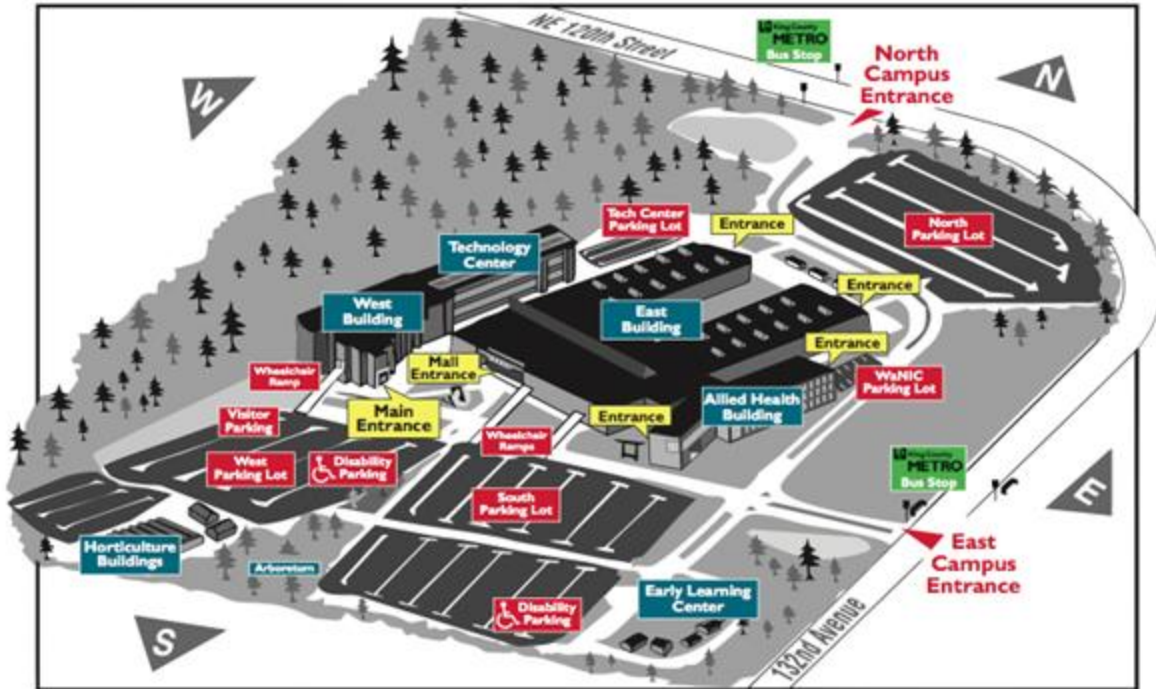
Hotel Accommodations:

The Clarion Inn at Totem Lake
12233 Totem Lake Way
425-821-2202

Silver Cloud Inn
12202 NE 124th
425-821-8300

Best Western Kirkland Inn
12223 NE 116th
425-822-2300 or 1-800-528-1234 (reservations center)

7. Campus Map: Include map of campus and directions to clinic



The dental clinic is located in the east building in E106. The east building is the two-story U-shaped building on the map. The dental clinic is located in the lower right side of the U shape. In the area that state entrance by the allied health building. The fastest route to the clinic is entering the east campus entrance, park near the allied health building. You will enter on the third floor, take the elevator down to the first floor. Take a right out of the elevator, then an immediate right. Once you pass the stairs, the dental clinic entrance is through the double doors on your left.



White building, east building. Allied health building entrance is off to the right of this photo.

8. **Clinic Floor Plan:** Patient waiting area-lobby of the dental clinic, Candidate clinic-E106, 28 ops with 5 x-ray rooms, Examiner grading area-E107 and E109, areas of emergency equipment-see above.

Required School-provided Expendable Dental Materials Appendices

APPENDIX A – Expendable Dental Hygiene Materials List Provided by Exam Site Host (LWTECH) To be provided in sufficient quantities for all Dental Hygiene Candidates		
2x2 gauze squares	Cotton-tip applicators	Patient bib clips, disposable
Air/water syringe tips	Drinking cups	Patient napkins/bibs
Antimicrobial mouthwash	Face masks	Prophy paste
Anesthetic(s)	Facial tissue	Sanitizing materials
<ul style="list-style-type: none"> • Local anesthetic(s) with and without vasoconstrictors 	Gloves	Soap
<ul style="list-style-type: none"> • Topical anesthetic(s) 	<ul style="list-style-type: none"> • Gloves, nonlatex 	Standard saliva ejectors
Autoclave bags, small	<ul style="list-style-type: none"> • Overgloves 	Surface disinfectant
Autoclave bags, medium	Headrest covers	Syringe Needles (long & short)
Autoclave tape	Instrument trays, disposable	Tray covers
Barrier covers/tape	Paper towels	Trash bags

APPENDIX B – Expendable Local Anesthesia Materials List Provided by Exam Site Host (LWTECH) To be provided in sufficient quantities for all Local Anesthesia Candidates		
2x2 gauze squares	Cotton-tip applicators	Patient bib clips, disposable
Air/water syringe tips	Drinking cups	Patient napkins/bibs
Antimicrobial mouthwash	Face masks	Sanitizing materials
Anesthetic(s)	Facial tissue	Soap
<ul style="list-style-type: none"> • Local anesthetic(s) with and without vasoconstrictors 	Gloves	Standard saliva ejectors
<ul style="list-style-type: none"> • Topical anesthetic(s) 	<ul style="list-style-type: none"> • Gloves, nonlatex 	Surface disinfectant
Autoclave bags, small	<ul style="list-style-type: none"> • Overgloves 	Syringe Needles (long & short)
Autoclave bags, medium	Headrest covers	Tray covers
Autoclave tape	Instrument trays, disposable	Trash bags
Barrier covers/tape	Paper towels	

APPENDIX C – Expendable Restorative Materials List Provided by Exam Site Host (LWTECH) To be provided in sufficient quantities for all Restorative Candidates		
2x2 gauze squares	Drinking cups	Sanitizing materials
Air syringe tips	Face masks	Rod posts (mounting Typodont)
Amalgamator/Tricherator	Facial tissue	Soap
Amalgam scrap container(s)	Gloves, nonlatex	Surface disinfectant
Barrier covers/tape	Instrument trays, disposable	Tray covers
Cotton-tip applicators	Paper towels	Trash bags