Exam Site Information for Candidates
Western Regional Examining Board (WREB)
2020 WREB Hygiene Examination

Foothill College
Dental Hygiene Clinic, Room 5312
12345 El Monte Rd, Los Altos Hills, CA 94022
(650) 949-7335
Exam Site Information for Candidates
2020 WREB Dental Hygiene Examinations

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1. **School Facility and Services**
   - **Location, Building Access and Hours:** the dental clinic is located at 12345 El Monte Rd, Los Altos Hills, CA 94022 in room 5312. The most convenient parking lot to the clinic is Lot 6. Follow signs from the parking lot to the clinic. Room 5301 is used as the entrance to the clinic for the duration of the exam and can be accessed each day from 6:00 am to 6:00 pm (or until the WREB Site Coordinator leaves for the day). Please contact Patti Chan at 650-949-7330 for questions regarding the school, equipment, etc. Foothill College is a smoke-free campus. Smoking is only allowed in designated areas in the parking lots.

   - **Parking:** a parking permit is required in all campus parking lots and can be purchased for $3 with cash or credit card. Kiosks are located in each parking lot for your convenience. Parking rules are strictly enforced on campus. Do not park in fire lanes or in any space without a permit. Handicapped spaces are available in Lot 5 for campus access without stairs. Appropriate handicap placards are required to park in these spaces. Lot 6 has the most convenient access to the clinic. Please do not park in any spaces marked “staff.”

   - **Security and Emergency Services:** the Foothill-DeAnza Police department is located in the campus center, Rm 2103. For emergency assistance, call 911 from campus phones. From cell phones, call 408-924-8000. Non-emergency situations (to report non-violent crimes, non-injury vehicle accidents, or for assistance), please call 650-949-7313 or dial extension 7-3-1-3 from campus phones. The campus police department is closed on Sundays.

   - **ATM Machine:** the ATM machine is not available during the weekend of the exam. Please plan accordingly.

   - **Food Services Onsite:** during the exam, Foothill College will not have food, beverages, or cafeteria services for candidates or their patients. Patients should be advised to eat before coming to the exam or candidates may provide food for their patients. On site refrigeration will not be provided. Vending machines are located near the 5000 building. Water bottle refilling stations are located by the restrooms near room 5113 where the Candidate Orientation will take place.

2. **Preparing for the Hygiene Exam**
   - **Patient Screening:** the clinic is not available to screen patients prior to the exam.

   - **Radiographs:** candidates must bring radiographs for their patients to the exam. The radiology lab will not be available to candidates to take radiographs prior to the exam. If it is determined by examiners during the check-in process that a candidate needs to retake radiographs, please note that only digital radiographs will be available at Foothill College. Taking a panoramic and/or a full mouth series of radiographs will not be available. Foothill staff will supervise the candidate in the radiology lab but the candidate must be prepared to expose the images. A staff member will process the radiographs for the candidate and print out a copy of the film(s). Fee for each radiograph taken is $10.00. Cash only. The following items will be supplied by Foothill College:

<table>
<thead>
<tr>
<th>Item</th>
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<tbody>
<tr>
<td>Rinn XCP (blue, yellow and red) and cardboard bitewing film holders</td>
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<tr>
<td>Paper and printer</td>
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<tr>
<td>Non-latex gloves (S, M, L) and face masks. Candidate must supply own protective eyewear</td>
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</table>
• **Administration of Local Anesthetic:**

  A. A practitioner from the school is not available to administer local anesthesia for candidates’ patients. There are no exceptions to this policy. The Foothill College Dental Hygiene Program will not make arrangements for the candidates. The program will supply some local anesthetic and long/short needles.

• **Equipment, Instruments and Expendable Dental Materials:** Refer to the respective WREB Candidate Guide for a list of materials and armamentarium that the Candidate must provide.

  A. **Handpiece and Prophy Angle Hookups:** the clinic is equipped with ADEC chairs and delivery units with standard connections. For slow speed handpieces, the hole pattern connection is shown. Equipment is not available to rent. Disposable prophy angles and prophy paste will be provided.

  B. **Sonic/Ultrasonic Devices:** each dental unit has a Cavitron Select SPS Ultrasonic Scaler with handpiece which are available for use during the exam. Candidates must supply their own 30K ultrasonic inserts (Dentsply or Hu-Friedy inserts are compatible) if using the clinic’s units. **No inserts will be available to rent.** A rental fee of $25 (cash only) will be collected during the candidate orientation if candidate elects to use the clinic’s ultrasonic units. Candidates may use their own ultrasonic scalers. Dental units are equipped with water and power connections for ultrasonic scaling devices. Connections are housed on the side of the dental chair with a universal water connection. Please advise the School Coordinator during the clinic tour if you will be using your own ultrasonic unit.

  C. **Air/Water Syringe Tips:** disposable air/water syringe tips will be available during the exam.

  D. **Blood Pressure Cuffs and Stethoscopes:** candidates must provide their own blood pressure cuffs and stethoscopes. These will not be available in the clinic.

  E. **Expendable Materials:** Expendable dental materials supplied by the school are noted in **Appendix A.** Items not listed are the responsibility of the Candidate.

• **Sterilization Services:** candidates should arrive with all instruments sterilized. If any candidate needs to retake the exam after the last session, steam sterilization will be available. Please allow up to 3 hours for sterilization of instruments. For candidates that may need to retake the exam on the same day, steam sterilization may not be available. Check for availability of sterilization with the statim (takes about 45 minutes) during candidate orientation in case of this event. Arrange to have extra sterilized instruments if the statim is not available. Foothill College assumes no responsibility for instruments or personal items that are lost, broken, damaged, or not retrieved within 1 day after the closing of the examination.

3. During the Clinical Exam

• **Dental Operatory Units:** The dental operatories in the clinic are equipped with ADEC chairs with standard connections. Nine operatories will be available for the dental hygiene exam. Nine units will be used by the examiners. All units are ambidextrous and can be set up for either right- or left-handed operators. See photos below.
• **Infection Control (Surface Asepsis):** Personal Protective Equipment (PPE) requires the use of gloves, mask, protective eyewear and clinic gowns while providing direct patient care. Protective eyewear must include side shields. Patients must also wear protective eyewear. A face shield is recommended during instrumentation with the ultrasonic scaler. Hair must be secured and away from the clinician's face. Foothill College does not provide protective eyewear, face shields, lab coats or gowns for candidates or protective eyewear for patients.

Your dental unit will be prepared for you prior to your exam time. You will be required to disinfect the unit and set up for the next candidate. The school protocol for disinfection of the dental operatory follows:

Turn on master switch which is located on the bracket tray. Run water through the air/water syringe into the low volume suction for 1 minute. Purge ultrasonic unit for 1 minute prior to use over the sink. EPA-approved disinfectant wipes are used to disinfect the treatment area and dental unit: counter tops, water faucet handle, soap dispenser, bracket tray, handles, and valves/hoses of saliva ejector and high volume suction, and air/water syringe. Please take care when disinfecting hoses not to pull hard which can damage the hoses and electronics. Do not use disinfectant wipes on the chair upholstery. The wipes damage the material and the chairs are cleaned weekly with soap and water. Spray disinfectants are not acceptable. Water bottles for the units will be filled by the floor assistant. Do not attempt to remove the bottle. Plastic barriers are placed over the dental chair, handles that adjust the operator chair, bracket tray including hoses and touch pads, light handles, air/water syringe, HVE, saliva ejector, slow speed handpiece, and ultrasonic unit. Attach a debris bag with tape to the dental tray.

According to OSHA's Blood Borne Pathogen Standard, regulated waste is defined as..."any items containing liquid or semi-liquid blood or other potentially infectious materials (OPIM) and contaminated items that would release blood or OPIM in a liquid or semi-liquid state is compressed." Following patient treatment, remove barriers and disposable products from the unit. Debris bags should be taped closed and then placed in the biohazard waste container in the sterilization area. The floor assistant will help you. Purge air/water syringe for 1 minute over the sink. Disinfect all surfaces (except dental chair) with disinfectant wipes. Turn off all power switches and return operator and assistant chairs to unit.

• **Hazardous Waste Disposal (Hygiene Exam):** According to OSHA’s Blood Borne Pathogen Standard, regulated waste is defined as..."any items containing liquid or semi-liquid blood or other potentially infectious materials (OPIM) and contaminated items that would release blood or OPIM in a liquid or semi-liquid state is compressed.” Contaminated gauze should be placed in debris bags taped to unit. At the end of the exam, debris bags should be taped closed and then placed in the biohazard waste container in the sterilization area. The floor assistant will help you.
• **Sharps Disposal**: Sharps containers are located in every unit under the sink and must be used for disposal of all sharps including needles. Used anesthetic cartridges are to be placed in a labeled container in the sterilization area. Please ask the floor assistant for help with this. Computers and keyboards are not to be used by candidates.

• **Emergency Medical Equipment**: Three fire extinguishers are located in the 5300 building by the door to the radiology lab, the door in 5301 and in the hallway next to the clinic staff office. Eyewash stations are located at the sinks in the sterilization area at the back of the clinic and the radiology lab. To use: remove the yellow caps, pull the metal stopper on the back of the faucet and turn on the water. Flush eyes thoroughly. The portable emergency oxygen tank is located at unit 12 in the clinic. First aid supplies can be found in the clinic staff office. The emergency drug kit is located in the black filing cabinet in the staff office in the lower drawer marked with a red cross. A blood pressure cuff and stethoscope are also located in this drawer. Ice packs are in the small refrigerator in the staff office. The clinic manual which outlines emergency procedures and puncture protocols is located on the shelf above the copier. The AED is located in the hallway leading to the radiology lab and is marked with appropriate signage. A fire station is located on campus just minutes from the clinic. In case of an emergency, please exit the clinic through the main door and proceed to the library quad located to the left of the clinic. For emergency assistance, dial 911 from campus phones.

4. **Travel and Lodging Information**

   • **Airport Information**: Foothill College is located in Los Altos Hills. 31.7 miles from San Francisco International Airport and 16.1 miles from Mineta San Jose International Airport.

   • **Ground Transportation**: Super Shuttle provides service to Foothill College from SFO (650-246-8942) and VIP Shuttle (408-577-1800) provides service from San Jose Airport. VTS (Valley Transit Authority) has two bus lines, 40 and 52, that include Foothill College. Please see [www.vta.org](http://www.vta.org) for more information.

   • **Hotel Accommodations**: Several hotels/motels are located a few miles from the college. Examples: Residence Inn Palo Alto/Mountain View is located 3.2 miles away at 1854 W. El Camino Real, Mountain View and Super 8 Mountain View is 3.5 miles away at 1665 W. El Camino Real, Mountain View.

   • **Campus Map**: The clinic is located in room 5312 in the 5300 building. Convenient parking is located in Lot 6. Follow signs to the clinic from the parking lot. Handicap parking is located in Lot 5 with non-stairs access to campus.
• **Clinic Floor Plan**: Indicate Patient waiting area, Candidate clinic, Examiner grading area, areas of emergency equipment

<table>
<thead>
<tr>
<th>Candidate clinic: units 10-18</th>
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<tbody>
<tr>
<td>Examiner clinic: units 1-9</td>
</tr>
<tr>
<td>Examiner homeroom: 5302 (Dental Hygiene Classroom)</td>
</tr>
<tr>
<td>Entrance to clinic is through 5301 (Dental Assisting Lab)</td>
</tr>
<tr>
<td>The main clinic doors located at 5312 will remain closed during the exam. No admittance</td>
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### APPENDIX A – Expendable Dental Hygiene Materials List

**Provided by Exam Site Host (Foothill College)**

**To be provided in sufficient quantities for all Dental Hygiene Candidates**

<table>
<thead>
<tr>
<th>Item</th>
<th>Item</th>
<th>Item</th>
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<tbody>
<tr>
<td>2x2 gauze squares</td>
<td>Chair covers</td>
<td>Patient bib clips, disposable</td>
</tr>
<tr>
<td>Air/water syringe tips</td>
<td>Barrier covers/tape</td>
<td>Patient napkins/bibs</td>
</tr>
<tr>
<td>Antimicrobial mouthwash</td>
<td>Face masks</td>
<td>Patient bite blocks</td>
</tr>
<tr>
<td>Local Anesthetic:</td>
<td>Gloves-non latex</td>
<td>Disposable prophy angles and prophy paste</td>
</tr>
<tr>
<td>- 2% Lidocaine</td>
<td>(S, M, L, XL)</td>
<td></td>
</tr>
<tr>
<td>- 3% Citanest Plain</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Topical anesthetic</td>
<td>Standard saliva ejectors</td>
<td>Surface disinfectant wipes</td>
</tr>
<tr>
<td>- 20% Benzocaine</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cotton-tip applicators</td>
<td>Standard HVE tips</td>
<td>Soap</td>
</tr>
<tr>
<td>Autoclave bags, small</td>
<td>Chair covers</td>
<td>Paper towels</td>
</tr>
<tr>
<td>Autoclave bags, medium</td>
<td>Instrument trays, disposable</td>
<td>Facial tissue</td>
</tr>
<tr>
<td>Autoclave tape</td>
<td>Tray covers</td>
<td>Trash bags</td>
</tr>
</tbody>
</table>