Exam Site Information for Candidates
Western Regional Examining Board (WREB)
2020 WREB Hygiene Examination

Eastern Washington University
Dental Hygiene Department/Clinic
Health Sciences Building
310 N. Riverpoint Blvd. Box #160
Spokane, WA  99202
509-828-1300
Exam Site Information for Candidates
2019 WREB Dental Hygiene, Local Anesthesia & Restorative Examinations

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1. School Facility and Services

• Clinic Location:

Eastern Washington University Dental Hygiene Clinic
Health Sciences Bldg. #160
310 N. Riverpoint Blvd.
Spokane, WA 99202

EWU Telephone number: 509-828-1300
Contact name for questions: Jennifer Hinkle, Clinic Supervisor II
Direct phone line: 509-828-1292

• Building Access and Hours:

Access is South, West and East of the Health Science Building.
Building opens at 6:00 am on exam days.

• Parking:

Pay by plate parking is hourly in parking lot North (across the street, Green lot) and East (Orange lot) of the Clinic for Candidates. Free Patient parking is in the parking lot North of clinic.
  o Your license plate number will be your permit.
  o Get hourly and daily permits from the pay stations or the Whoosh app (whoosh.com)
  o Use pay stations in parking lots or the Whoosh app on your smartphone.
  o Pay stations only accept One-dollar bills (no coins) and accepts Visa, MasterCard, Discover.
  o Parking fees: $2.00 per hour or $5.00 to $7.00 a day.

• Security and Emergency Services:

Campus Security: 509-358-7995
Emergency Services: 9-1-1

The WSU Spokane Campus has a 24-hour safety and security office open every day of the year. All safety and security officers on campus are trained professionals, however the city of Spokane police and fire officials are the first responders in the event of an emergency.

• ATM Machine: Academic Center (Building 1 on map)
• Food Services Onsite:

**Academic Center Fresh Plate Cafe**
Mon – Thu: 7:30 a.m. to 8 p.m.
(6 p.m. in summer)
Fridays: 7:30 a.m. to 5 p.m.
Weekends: closed

**Nursing Building Cafe**
Weekdays: 7:30 a.m. to 3 p.m.

For catering, contact:

Barbara Pagarigan
freshplate@gmail.com
ph: 509-808-6195

2. Preparing for the Exam

**Preparing for the Hygiene Exam**

- **Patient Screening:**
  Candidates must provide their own patient. EWU does not furnish any patients or make any records available for patient screening prior to the exam. Eastern Washington University does not provide clinical space for patient screening.
  **Note:** A practitioner(s) from the school is not available to administer local anesthesia to candidates’ patients. There are no exceptions to this policy.

- **Radiographs:**
  Exposure of digital x-rays are $10.00 for the first x-ray, $5.00 for additional (up to a maximum of $45.00 for a FMXR) 4 Bitewings are $25.00, Pano is $35.00. X-rays will be taken by the School Coordinator or assistant. We only accept Visa, MasterCard, and American Express. We do not accept cash.

- **Administration of Local Anesthetic:**
  **Note:** Practitioner(s) from the school is NOT AVAILABLE to administer local anesthesia to Candidate Patients. There are no exceptions to this policy.

- **Dental Operatory Units**
  Each EWU Dental Operatory unit/workspace has:
  A-Dec Chairs: 1021
  A-Dec Delivery Systems: 4631
Equipment, Instruments and Expendable Dental Materials: Refer to the respective WREB Candidate Guide for a list of materials and armamentarium that the Candidate must provide.

Handpiece and Prophy Angle Hookups:  
Two varieties of handpiece hoses are available on each unit: a 4-hole standard ADEC high-speed handpiece hose and a 4-hole Midwest Quick-Connect hose (for slow speed) with built-in swivel. **EWU provides a high-speed handpiece and a slow speed handpiece with a latch head at each unit for the restorative exam.** If a handpiece is requested for the hygiene exam, one will be made available. Star Dentaleze makes both handpieces.

Sonic/Ultrasonic Devices:  
Each unit is equipped with a 30 MHz ultrasonic Dentsply Cavitron unit and a Dentsply SteriMate handpiece. Candidates **must** provide their own 30 MHz ultrasonic inserts.

Air/Water Syringe Tips:  
Metal A-Dec air/water syringe tips are provided, **one per unit.** Please return tips to be sterilized and reused by placing them on the **DIRTY** cart. If candidates need more than one syringe tip, they are available for purchase. Candidates may bring an A-dec air/water syringe tip with them or be prepared to purchase one at EWU for their exam. A-Dec recommends metal tips for safety reasons. This cost is $6.25 including tax. Exact cash, checks, or credit cards are accepted.

Blood Pressure Cuffs and Stethoscopes:  
Blood pressure cuffs are located at each unit. Candidates need to bring their own stethoscope.

Expendable Materials:  
Expendable dental materials supplied by the school are noted in **Appendix A.**

- **Sterilization Services:**

  **LIMITED STERILIZATION is available.** Candidates should arrive with all items needed previously sterilized. In cases where an item is dropped, or otherwise contaminated, a StatiM steam sterilizer is available. **Hours of sterilization are 7am to 5pm.**
Preparing for the Local Anesthesia Exam

- **Equipment, Instruments and Expendable Dental Materials:** Refer to the respective WREB Candidate Guide for a list of materials and armamentarium that the Candidate must provide.

  **Air/Water Syringe Tips:**
  Metal A-Dec air/water syringe tips are provided, one per unit. Please return tips to be sterilized and reused by placing them on the *DIRTY* cart. If candidates need more than one syringe tip, they are available for purchase. Candidates may bring an A-dec air/water syringe tip with them or be prepared to purchase one at EWU for their exam. A-Dec recommends metal tips for safety reasons. This cost is $6.25 including tax. Exact cash, checks, or credit cards are accepted

  **Expendable Materials:**
  Expendable dental materials supplied by the school are noted in *Appendix B.*

- **Sterilization Services:**

  *LIMITED STERILIZATION* is available. Candidates should arrive with all items needed previously sterilized. In cases where an item is dropped, or otherwise contaminated, a StatIM steam sterilizer is available. **Hours of sterilization are 7am to 5pm.**

Preparing for the Restorative Exam

- **Equipment, Instruments and Expendable Dental Materials:** Refer to the respective WREB Candidate Guide for a list of materials and armamentarium that the Candidate must provide.

  **Handpiece and Prophy Angle Hookups:**
  EWU clinics are equipped with ADEC chairs and workstations. Two varieties of handpiece hoses are available on each unit: a 4-hole standard ADEC high-speed handpiece hose and a 4-hole Midwest Quick-Connect hose (for slow speed) with built- in swivel. **EWU provides a Star 430SWL fiber optic high-speed handpiece and a Titan 3 slow speed motor, motor to angle adapter, and a latch head handpiece at each unit for the restorative exam.** Star Dentaleze makes both handpieces.

  **Air/Water Syringe Tips:**
  Metal A-Dec air/water syringe tips are provided, one per unit. Please return tips to be sterilized and reused by placing them on the *DIRTY* cart. If candidates need more than one syringe tip, they are available for purchase. Candidates may bring an A-dec air/water syringe tip with them or be prepared to purchase one at EWU for their exam. A-Dec recommends metal tips for safety reasons. This cost is $6.25 including tax. Only credit cards are accepted
Curing Lights:
Valo curing lights and shields are available at each unit during the Restorative Exam.

Expendable Materials:
Expendable dental materials supplied by the school are noted in Appendix C.

• Sterilization Services:
  LIMITED STERILIZATION is available. Candidates should arrive with all items needed previously sterilized. In cases where an item is dropped, or otherwise contaminated, a StatIM steam sterilizer is available. **Hours of sterilization are 7am to 5pm.**

3. During the Clinical Exam

• Dental Operatory Units:
  Each EWU Dental Operatory unit/workstation has:
  A-Dec Chairs: 1021
  A-Dec Delivery Systems: 4631

• Infection Control (Surface Asepsis): Disinfectant wipes are located at each unit for countertops, and all hard surfaces. Only use soap and water on the dental chair. Surface barriers are provided for light handles, chair handles, hoses, counter tops, and head rest.

Clinical treatment area --instructions on setting up units:

  o Remember to wear appropriate Personal Protective Equipment (PPE) including gloves, safety eyewear, and masks for all cleanup activities
  o After cleaning and disinfecting the surfaces, wash hands with soap.
  o Gather all the barrier needed and begin setting up treatment area. Candidates may choose to wear exam gloves for this; however, clean hands contacting previously cleaned and disinfected items are acceptable.
  o Place a **headrest cover** over the chair headrest.
  o Place plastic bags over both hose hanger bars. It is important to place the plastic correctly, so the hangers are totally protected from contact with the hoses and handpieces.
  o Place a plastic bag over the counter cabinet door for bloody gauze and other contaminated items during the exam.
  o Place narrow plastic sacks over the **evacuation handpiece(s)** and **air/water syringe handpiece**. Place a disposable saliva ejector tip in holder if it is expected to be used during the exam. Later when opening sterile instrument packs, place the HVE tip with screen and air water tip in appropriate places.
o Cover light switch, light handles, and chair handles with appropriate barriers.
o Cover the instrument tray with a plastic bag, place tray cover on top, add a few 2 x 2 gauze squares, disposable dappen dishes (for lip balm or topical), cotton applicator sticks, etc. and other items as needed.

Clinical treatment area procedure – end of exam:
o Remember to wear appropriate Personal Protective Equipment (PPE) including gloves, safety eyewear, and masks for all cleanup activities.
o Remove contaminated surface covers without contaminating the previously disinfected surfaces.
o Remove the other covers, exam gloves, bibs, and other disposables. It should then be disposed of in the large covered garbage containers. The uncovered garbage containers under sinks are for paper towel disposal only.
o Contaminated needles and used anesthetic cartridges are regulated waste and are placed in the Sharps Containers and the black RCRA containers provided. Red sharps and black RCRA containers are conveniently located on countertops throughout the examination area. DO NOT place LA protector cards in the sharp’s container; these can go into the trash.
o Disinfectant wipes are provided at each operatory. Wipe/ wipe all surfaces touched except chairs. Chairs are cleaned with soap and water only.

Exposures and Exposure Personnel (wear your PPE and handle sharps carefully)
See Clinic/Site Supervisor or clinical assistants in clinic during the exam for paperwork.

SDS Manuals/Books: Located on computer in clinic; see Site Supervisor for access.

Hazardous Waste Disposal:

Hygiene: Blood-soaked/caked material from which fluid may be squeezed and fluids in quantities over 20 cc's (20 cc's equal slightly less than 1/8 cup) are disposed of in red plastic biohazard bags.

Local Anesthesia: Blood-soaked/caked material from which fluid may be squeezed and fluids in quantities over 20 cc's (20 cc's equal slightly less than 1/8 cup) are disposed of in red plastic biohazard bags.

Contaminated needles and used anesthetic cartridges are regulated waste and are placed in the Sharps Containers and the black RCRA containers provided. Red sharps and black RCRA containers are conveniently located on countertops throughout the examination area. DO NOT place LA protector cards in the sharp’s container; these can go into the trash.
**Restorative:** Amalgam scraps are disposed of in containers labeled “Non-contact Amalgam” and located on Islands 1 and 2 in the candidate clinic.

- **Medical Emergency and Equipment:**

  **Portable oxygen** tank is located at the south end (away from windows) of island 2 in the clinic. Oxygen set up contains bag, valve, mask, nasal cannula and pocket mask. (Locations marked with O2 on floor plan.)

  **Phone** is located on the west wall adjacent to operatory #20. (Location marked with Phone on floor plan.)

  **To reach 9-1-1,** simply dial 911. No prefix is required; however, it does take a few seconds for it to ring through so just hold on. To reach campus security dial 5-358-7995, or #40 from any campus phone.

  **Fire Extinguishers:** 3 total fire extinguishers--one located across from chairs 3 and 33, as well as next to the conference room.

  How to use: pull the pin, aim at the base of the fire, and squeeze the trigger. **Do not use if faced with a large or rapidly growing fire, just exit as soon as possible** (always escort patient to safety)

  Fire Blankets are located at islands 1 and 3 in the cupboards with the emergency drug kits.

  **Nearest Exits:** Main side doors to the clinic, near chair 3. From the building, straight out to the east of the building (left of the elevators). **Meet in the center of the cement walkway to other building**

  **Eyewash Stations (please ensure that both candidates and patients wear protective eyewear):** Eyewash stations are located at islands 1, 2, and 3, room 179 (darkroom) and room 176 (sterilization room)

  **Emergency Oxygen:** 3--Victor Oxygen Therapy Regulators attached to oxygen tanks in portable carts (next to chair 9 at island 2). The tank has an adult oxygen mask attached to it. Other supplies are available in the emergency cupboards at island s.

  **First Aid and Emergency Kits:** Emergency drug kits are located at island 2 in the cupboard above and to the left of the sink and is clearly marked. Chemical ice packs and Perio-retrievers are also available at Island 2. (Locations marked with Rx on floor plan.) BP cuffs are mounted on wall by each treatment area; a stethoscope and large cuff is available with each emergency drug kit.

  **AED:** Located on the wall between the two restrooms across from chair #3.
4. Travel and Accommodation Information

- **Airport Information**: Spokane International Airport (GEG) serves the greater Spokane area.

- **Ground Transportation**: Taxi, Uber, and Lyft are available.

- **Public Transportation** via Spokane Transit Authority: spokanetransit.com

- **Hotel Accommodations**:

  Please NOTE: If arriving at the clinic from a hotel shuttle or other transportation services please be sure to tell the driver that your exam is at EWU’s Spokane campus, not in Cheney.

**Hotels with Shuttles**

Red Lion River Inn: 700 N Division St Spokane, WA 99202. Phone: 1-800-733-5466

The Holiday Inn at Spokane International Airport 1616 S Windsor Dr. Spokane, WA 99224 Phone: 509-838-1170.

**Hotels directly across the street from the clinic site:**

- **Courtyard by Marriott**
  401 N. Riverpoint Blvd., Spokane, WA 99202
  Phone: 509-456-7600

- **Fairfield Inn Marriott**
  311 N. Riverpoint Blvd. Spokane, WA 99202
  Phone: 509-747-913
Our Buildings and what's inside

VISITOR PARKING
Payment for parking is required in all lots 24 hours a day, every day of the year.

Pay-and-Display Kiosks
• Orange and Green parking lots have Pay-and-Display kiosks.
• Cost is $1 minimum per hour or $4 all day in a Green lot and $6 all day in the Orange lot.
• Pay by phone with whoosh.
• Permit must be visible on windshield.
• Orange 1 is most convenient for visitors.

Metered Parking
• Spokane Falls Blvd. and Riverpoint Blvd.
• A limited number in all Green lots.
• Meters also are at the Health Sciences Building for clinic patients, 310 N. Riverpoint Blvd.

Motorcycle Parking with valid permit
• Motorcycle parking in Orange 1 and Green 5 available from April - Oct.
• Green 3 and southwest corner of Green 5 open year round.
• Or park individually in any parking space.

PARKING SERVICES
Center for Clinical Research and Simulation, Room 314
spokane.wsu.edu/parking | 509-387-4999

FOR MORE INFORMATION
WSU Health Sciences Spokane
spokane.wsu.edu | 509-358-7500
Eastern Washington University Spokane
ewu.edu | 509-358-6200

MAILING AND SHIPPING
PLEASE DO NOT USE THIS BUILDING ADDRESSES FOR MAILING AND SHIPPING.
## APPENDIX A – Expendable Dental Hygiene Materials List
To be provided in sufficient quantities for all Dental Hygiene Candidates

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>2x2 gauze squares</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Air/water syringe tips</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Antimicrobial mouthwash</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Anesthetic(s)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Local anesthetic(s)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Topical anesthetic(s)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Autoclave bags, small</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Autoclave bags, medium</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Autoclave tape</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Barrier covers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cotton-tip applicators</td>
<td></td>
<td>Patient bib clips, disposable</td>
</tr>
<tr>
<td>Drinking cups</td>
<td></td>
<td>Patient napkins/bibs</td>
</tr>
<tr>
<td>Face masks</td>
<td></td>
<td>Sanitizing materials</td>
</tr>
<tr>
<td>Facial tissue</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gloves</td>
<td></td>
<td>Standard saliva ejectors</td>
</tr>
<tr>
<td>Gloves, nonlatex (S, M, L, XL)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Headrest covers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Instrument trays, disposable</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Instrument trays, disposable</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tray covers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trash bags</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tray disinfectant</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prophy paste</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Soap</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Surface disinfectant</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Autoclave tape</td>
<td></td>
<td></td>
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<tr>
<td>Barrier covers</td>
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</tr>
</tbody>
</table>

## APPENDIX B – Expendable Local Anesthesia Materials List
To be provided in sufficient quantities for all Local Anesthesia Candidates

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>2x2 gauze squares</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Air/water syringe tips</td>
<td></td>
<td></td>
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<tr>
<td>Antimicrobial mouthwash</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Anesthetic(s)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Local anesthetic(s)</td>
<td></td>
<td></td>
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<tr>
<td>• Topical anesthetic(s)</td>
<td></td>
<td></td>
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<tr>
<td>Autoclave bags, small</td>
<td></td>
<td></td>
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<tr>
<td>Autoclave bags, medium</td>
<td></td>
<td></td>
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<tr>
<td>Autoclave tape</td>
<td></td>
<td></td>
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<tr>
<td>Barrier covers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cotton-tip applicators</td>
<td></td>
<td>Patient bib clips, disposable</td>
</tr>
<tr>
<td>Drinking cups</td>
<td></td>
<td>Patient napkins/bibs</td>
</tr>
<tr>
<td>Face masks</td>
<td></td>
<td>Sanitizing materials</td>
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<tr>
<td>Facial tissue</td>
<td></td>
<td></td>
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<tr>
<td>Gloves</td>
<td></td>
<td>Standard saliva ejectors</td>
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<tr>
<td>Gloves, nonlatex (S, M, L, XL)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Headrest covers</td>
<td></td>
<td></td>
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<tr>
<td>Instrument trays, disposable</td>
<td></td>
<td></td>
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<tr>
<td>Tray covers</td>
<td></td>
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<tr>
<td>Trash bags</td>
<td></td>
<td></td>
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<tr>
<td>Instrument trays, disposable</td>
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<tr>
<td>Tray covers</td>
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<tr>
<td>Surface disinfectant</td>
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<tr>
<td>Autoclave tape</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Barrier covers</td>
<td></td>
<td></td>
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<tr>
<td>Paper towels</td>
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</tbody>
</table>

## APPENDIX C – Expendable Restorative Materials List
To be provided in sufficient quantities for all Restorative Candidates

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>2x2 gauze squares</td>
<td></td>
<td>Rod posts (mounting Typodont)</td>
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<tr>
<td>Air syringe tips</td>
<td></td>
<td>Soap</td>
</tr>
<tr>
<td>Amalgamator/Tricherator</td>
<td></td>
<td>Surface disinfectant</td>
</tr>
<tr>
<td>Amalgam scrap container(s)</td>
<td></td>
<td></td>
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<tr>
<td>Barrier covers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cotton-tip applicators</td>
<td></td>
<td>Sanitizing materials</td>
</tr>
<tr>
<td>Face masks</td>
<td></td>
<td></td>
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<tr>
<td>Gloves</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gloves, nonlatex (S, M, L, XL)</td>
<td></td>
<td></td>
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<tr>
<td>Instrument trays, disposable</td>
<td></td>
<td></td>
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<tr>
<td>Paper towels</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tray covers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trash bags</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>