Exam Site Information for Candidates
Western Regional Examining Board (WREB)
2019 WREB Hygiene Examination

Texas State Technical College
Dental Hygiene Program
399 Jasmine St., Harlingen, TX 78550
956-364-4649
Exam Site Information for Candidates
2019 WREB Dental Hygiene, Local Anesthesia & Restorative Examinations

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1. School Facility and Services

- **Location, Building Access and Hours:** TSTC Dental Hygiene Clinic is located in the Senator Eddie Lucio Jr, Health Science & Technology Building / BLDG 200U, 399 Jasmine Street, Harlingen, TX 78550. If you have questions regarding the school, equipment, etc., you can contact Lori Renteria via telephone (956-364-4649) or email (lori.renteria@tstc.edu). The Clinic entrance can be accessed from the Senator Eddie Lucio Jr, Health Science & Technology building’s main front parking lot (Lot 9) off Jasmine St.; the clinic entrance is in the northeast corner of the building. Both the building and clinic will be open 6:00am-6:00pm daily for duration of exam.

- **Parking:** Candidates and patients can utilize the faculty/staff and student parking spaces in the Senator Eddie Lucio Jr, Health Science & Technology Building’s main front parking lot (Lot 9) as well as the parking lots directly across Jasmine Street from the Senator Eddie Lucio Jr, Health Science & Technology building (Lot 15 and Lot F). These lots are accessible by Jasmine Street, Oleander Street, and Oak Street.

- **Security and Emergency Services:** The TSTC Security guards will be onsite for the duration of the exam schedule. The TSTC campus emergency and non-emergency number is 956-364-4220. The campus security office is located in the Public Safety Building / BLDG 200A on the northeast corner of the TSTC campus. The Public Safety Building can be accessed by Airport Drive or Hibiscus Street.

- **ATM Machine:** No ATM is available on the TSTC campus. However, there is an ATM available in the Stripes gas station catty-corner to the Senator Eddie Lucio Jr, Health Science & Technology Building (corner of Loop 499 and FM 507).

- **Food Services Onsite:** Vending machines are located in the Senator Eddie Lucio Jr, Health Science & Technology Building.

2. Preparing for the Hygiene Exam

- **Patient Screening:** TSTC does not have the responsibility of providing examination patients or back-up patients for Candidates. Request should not be made of anyone associated with the college (faculty, administration, or staff) for possible back-up patients, patient information, patient consultation, advice, or patient records relating to any patient being considered for the WREB examination. All questions should be directed to appropriate WREB officials.

Clinic records will be provided solely for the purpose of exposing digital radiographs, if necessary, while screening. TSTC will not provide clinical records for patient treatment. Prior to the start of the examination, the clinic will be open on a limited basis, by appointment only, for Candidates to screen patients and expose radiographs. Candidates MUST schedule an appointment with Lori Renteria (lori.renteria@tstc.edu) by Friday, April 26th in order to use the facilities. No treatment other than screening and/or radiographic examinations will be allowed. Screening and radiology will be permitted between the hours of 10:00 am to 12:00 pm and 1:00 pm to 3:00 pm on Monday, April 29th and Tuesday, April 30th. The college will provide sterilization for your personal instruments at the
conclusion of the screening or radiograph appointment.

- **Radiographs:** It is strongly recommended that Candidates have radiographs taken prior to arriving at TSTC. However, the clinic will be available on a limited basis (see dates/hours under Patient Screening section) by appointment only, as space allows. You must email Lori Renteria (lori.renteria@tstc.edu) by Friday, April 26th to schedule an appointment. All school radiology is digital and will be printed out for you. There is a usage fee (including printing) of $25.00 per student. Candidates using the facilities are required to follow TSTC’s infection control policies and to wear proper clinic attire. Staff will not be available to take radiographs. Candidates should bring their own XCP and BW/XCP. Candidates will be responsible for exposing their digital x-rays. Candidates have no access to traditional (non-digital) radiography machines for exposure of patient films. No radiographic duplication will be available.

*Please note: Since radiologic imaging is digital, there will be no view boxes available in the Candidate’s operatories. View boxes will be available in WREB examiner areas only.*

- **Administration of Local Anesthetic:**

  A. Practitioner(s) (meeting prescribed criteria as stated in the Candidate Guide) will be available during the examination to administer local anesthesia to all Candidate Patients. To be fair to all Candidates, the practitioner(s) will be available throughout every day of the exam.

  There will be a sign-up sheet during the examination and administration will be based on the order of sign-up. The process will be explained during the orientation tour.

- **Equipment, Instruments and Expendable Dental Materials:** Refer to the respective WREB Candidate Guide for a list of materials and armamentarium that the Candidate must provide.

  A. **Handpiece and Prophy Angle Hookups:** The delivery systems are Midmark brand and equipped to use RQ-04 Roto-Quick couplers (4 hole) slow speed handpieces. Each Candidate should provide his/her own slow speed handpiece.

  ![Handpiece](image)

  Handpiece (Sample only- not available for rent)

  B. **Sonic/Ultrasonic Devices:** WREB allows the use of sonic/ultrasonic devices as an adjunct to calculus removal. Each unit will also accommodate an
external ultrasonic scaler. The external ultrasonic scaler is available on a first come, first serve bases for a deposit of $100.00 and a $75.00 rental fee, only cash or money orders accepted. No inserts will be available onsite. The Candidate will need to bring one or more 30K inserts to use the Cavitron ultrasonic scaler.

It is important to ensure that any external equipment that is brought for the examination will work with the units at this location prior to the scheduled examination. It is suggested that Candidates bring this equipment on the orientation date to try it out.

C. Air/Water Syringe Tips: Disposable syringe tips are available for all Candidates.

D. Blood Pressure Cuffs and Stethoscopes: Candidates will provide their own blood pressure cuffs and stethoscopes. These will not be provided.

E. Expendable Materials: Expendable dental materials supplied by the school are noted in Appendix A. Items not listed are the responsibility of the Candidate.

- Sterilization Services: Candidates should properly clean instruments at the operatory after completion of patient treatment and secure them in a cassette.

If the Candidate’s instruments do not need to be sterilized at this time, pouches can be obtained from the sterilization window in which to place instrument cassettes for safe travel.

If the Candidate’s instruments need to be sterilized, the Candidate’s I.D. number should be written in permanent marker on the outside of each cassette and taken to the sterilization room window, just off the clinic floor. Sterilization pouches will be available at the sterilization window. Each pouch should be marked with the Candidate’s I.D. number; however, cassettes should not be placed inside the pouch at this time since the instruments will need to be processed through a disinfecting unit before they are sterilized. Sterilization time is a minimum of two (2) hours. Sterilization services are available between 7:30 a.m. and 4:00 p.m. Instruments received after 3:00 p.m. will not be ready until 7:30 a.m. the following day. Candidates will be required to show I.D. when picking up their sterilized instruments.

3. Preparing for the Local Anesthesia Exam
   Not available at this site.
4. Preparing for the Restorative Exam
Not available at this site.

5. During the Clinical Exam
- **Dental Operatory Units:** Each dental unit is equipped with a radius arm and can be utilized by a right- or left-handed clinician. Each operatory unit is furnished with the following equipment and supplies:
  - Dental Chair: Midmark UltraTrim LR
  - Delivery Unit: Midmark Procenter Instrument Delivery System and operating light (chair mounted traditional deliver) with slow speed handpiece and Acteon Newtron Piezo connectors
  - Operator’s stool
  - Countertop space
  - Sink, soap, paper towels/paper towel dispenser, small trash receptacle
  - Sharps container
  - Necessary barriers

- **Infection Control (Surface Asepsis):** Use disinfecting wipes for all hard surface disinfection of the clinic operatory. Do not use disinfecting wipes on patient chair, operator stool, or dental light cover. Disinfect patient chair and operator stool with soapy water in provided spray bottles located between each operatory. Use white bag covers for patient chair and instrument delivery system, light handle covers, appropriate sleeves for air/water syringe and saliva ejector. Use clear tape on operator stool lever, pens, and pencils. Barrier packets will be provided at the sterilization room window. Candidates must furnish their own utility gloves and wear them while disinfecting the unit and handling dirty instruments. Antiseptic soap is available at the sinks.

Operators will need to be disinfected and barriers placed at the conclusion of the patient treatment by the Candidate. Water supply should be monitored before, during, and after patient treatment. At the conclusion of patient treatment, the candidate must empty the bottle on the unit, refill with osmotic water available at the sterilization room window and add an ICX tablet for the next Candidate.

A. **Hazardous Waste Disposal (exam-type specific):**
- **Hygiene:** Contaminated items such as gloves, disposable lab jackets, gauze, cotton rolls, saliva ejectors, evacuation tips, barriers, etc. should be deposited in the trash near the operatory sink. Any blood-soaked waste is considered hazardous and must be disposed of in a biohazard bag/container located next to the computer desk in the back of the bay. Biohazard receptacle will be reviewed during orientation. Trash from small receptacles should be removed and placed in the large trash cans when patient treatment is completed. Candidate must place a new trash bag in the small trash receptacle. Location of the large trash cans will be reviewed during orientation.
- **Local Anesthesia:** n/a
- **Restorative:** n/a
B. Sharps Disposal: All needles, broken cartridges, or other potential sharps are to be placed in the red plastic sharps container located next to each operatory sink.

- **Emergency Medical Equipment**: Location of the emergency kit, oxygen set-up, and AED will be reviewed during the orientation tour. In order to alert emergency personnel to a medical emergency and not unduly alarm the patient population, the following protocol should be followed upon discovering a serious medical emergency:
  - If there is an emergency with your patient during the Board Exam, you should stay with your patient at all times (you do not go get help), and calmly tell your assistant or another person nearby “Code Blue, operatory # ____” (operatory number is located on the wall of the operatory).
  - The floor assistant will immediately stop what he/she is doing and calmly go to the WREB Chief Examiner saying, “Code Blue, operatory # ____”.
  - The Chief Examiner will go to the patient and make judgement as to whether a “coded” emergency exists while checking vital signs and administer proper first aid with the help of the Candidate and other personnel. If it is deemed to be a “coded” emergency, the Candidate should be available to get the emergency kit, oxygen, and/or the AED (located in the sterilization room of the clinic) based on the Chief Examiner’s request. Also, at the Chief Examiner’s request, the floor assistant will ask the School Coordinator to call campus security and 911.
  - The Chief Examiner will initiate emergency procedures until proper help arrives and will assume responsibility for resuscitative procedure and the administration of emergency drugs until relieved by emergency personnel.

6. Travel and Accommodation Information
- **Airport Information**: Valley International Airport is located at 3002 Heritage Way, Harlingen TX, 78550 and is a three-minute drive to the TSTC Dental Hygiene Clinic. The booking code for this airport is HRL and the airport operator number is 956-430-8600
- **Ground Transportation**: Rental Cars at the airport
  - Avis:
    - Phone: 956-430-8690, 800-331-1212
    - Website: AVIS.com
    - Hours: Monday-Saturday 7:00 a.m.-12:00 a.m., Sunday 8:00 a.m.-12:00 a.m.
  - Dollar:
    - Phone: 866-434-2226, 800-800-4000
    - Website: dollar.com
    - Hours: Monday-Sunday 8:00 a.m.-11:30 p.m.
  - Enterprise:
    - Phone: 9556-430-8643, 800-736-8222
    - Website: enterprise.com
- **Hours**: Monday-Friday 7:30 a.m.-12:00 a.m.  
  Saturday 9:00 a.m.-9:00 p.m.  
  Sunday 9:00 a.m.-12:00 a.m.

- **Hertz**:
  - Phone: 956-430-8620, 800-654-3131  
  - Website: hertz.com  
  - Hours: Monday-Friday 7:30 a.m.-11:00 p.m.  
    Saturday & Sunday 8:00 a.m.-10:30 p.m.

- **National**:
  - Phone: 844-855-7195, 800-227-7368  
  - Website: nationalcar.com  
  - Hours: Monday-Friday 7:30 a.m.-12:00 a.m.  
    Saturday 9:00 a.m.-9:00 p.m.  
    Sunday 9:00 a.m.-12:00 a.m.

**Taxi Services**

- **Platinum Transportation**  
  - Phone: 956-317-5305  
  - Website: myrioride.com

**Other Car Services**

- **Uber**  

- **Lyft**  
  - Website for fare rates: [https://estimatefares.com/rates/rio-grande-valley](https://estimatefares.com/rates/rio-grande-valley)

- **Hotel Accommodations:**
  - **Best Western Casa Villa Suites**  
    - 4317 S Expressway 83, Harlingen, TX 78550  
    - 956-412-1500  
    - 4.7 miles from TSTC
  
  - **Americas Best Value Inn Harlingen**  
    - 4401 S Expressway 83, Harlingen, TX 78550  
    - 956-425-1333  
    - 4.7 miles from TSTC
  
  - **Texas Inn Harlingen**  
    - 5245, 406 US-77 Frontage Rd, Harlingen, TX 78550  
    - 956-412-7771  
    - 5.8 miles from TSTC
  
  - **Motel 6**  
    - 205 US-77 Frontage Rd, Harlingen, TX 78550  
    - 956-423-9292  
    - 6.0 miles from TSTC
  
  - **La Copa Inn Harlingen**
- 1821 W Tyler Ave, Harlingen, TX 78550
- 956-425-1040
- 6.3 miles from TSTC
  - Quality Inn
    - 1002 S Expressway 83, Harlingen, TX 78550
    - 956-428-6888
    - 6.7 miles from TSTC

7. Maps
   - Campus Map: http://www.tstc.edu/campuses/harlingen
Traveling to TSTC from the North on Highway 77

- Take the exit toward US-77, TX-499 Loop
- In 0.3 miles, turn left onto N. Commerce St.
- In 0.4 miles turn left onto Loop 499 (Al Conway)
- Take Loop 499 for 3.3 miles
- Go through the FM 507 intersection
- At the next intersection (Loop 499 and Oak St.), make a U-turn
Take the first right onto Jasmine St.
The Senator Eddie Lucio Jr, Health Science & Technology building will be on the left

**Traveling to TSTC from the West on Expressway 83**

- Take Expressway 83 west
- Exit left to merge onto US-77 north toward Raymondville, Corpus Christi
- In 2.8 miles take exit onto US-77 Bus toward TX-499 Loop, Primera Rd
- In 0.2 miles turn right onto Primera Rd. Primera Rd turns into Loop 499 (Al Conway) after crossing Bus 77
- Take Loop 499 for 3.3 miles
- Go through the FM 507 intersection
- At the next intersection (Loop 499 and Oak St.), make a U-turn
- Take the first right onto Jasmine St.
The Senator Eddie Lucio Jr, Health Science & Technology building will be on the left

**Traveling to TSTC from the South on Highway 77**

- Take exit onto US-77 Bus toward TX-499 Loop, Primera Rd
- In 0.2 miles turn right onto Primera Rd. Primera Rd turns into Loop 499 (Al Conway) after crossing Bus 77
- Take Loop 499 for 3.3 miles
- Go through the FM 507 intersection
- At the next intersection (Loop 499 and Oak St.), make a U-turn
- Take the first right onto Jasmine St.
The Senator Eddie Lucio Jr, Health Science & Technology building will be on the left
• Clinic Floor Plan:

- Emergency equipment
- Patient waiting area
- Candidate clinic
- Examiner grading area
# Expendable Dental Materials Appendices

## APPENDIX A – Expendable Dental Hygiene Materials List

Provided by Exam Site Host (School)  
To be provided in sufficient quantities for all Dental Hygiene Candidates

<table>
<thead>
<tr>
<th>Item</th>
<th>Item</th>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>2x2 gauze squares</td>
<td>Cotton-tip applicators</td>
<td>Paper towels</td>
</tr>
<tr>
<td>Air/water syringe tips</td>
<td>Drinking cups</td>
<td>Patient bib clips, disposable</td>
</tr>
<tr>
<td>Antimicrobial mouthwash</td>
<td>Face masks</td>
<td>Patient napkins/bibs</td>
</tr>
<tr>
<td>Anesthetic(s)</td>
<td>Facial tissue</td>
<td>Prophy paste</td>
</tr>
<tr>
<td>• Local anesthetic(s)</td>
<td>Gloves</td>
<td>Sanitizing materials</td>
</tr>
<tr>
<td>• Topical anesthetic(s)</td>
<td>• Gloves, nonlatex (S, M, L, XL)</td>
<td>Soap</td>
</tr>
<tr>
<td>Autoclave bags, small</td>
<td>• Overgloves</td>
<td>Standard saliva ejectors</td>
</tr>
<tr>
<td>Autoclave bags, medium</td>
<td>Headrest covers</td>
<td>Surface disinfectant</td>
</tr>
<tr>
<td>Autoclave tape</td>
<td>Instrument trays, disposable</td>
<td>Tray covers</td>
</tr>
<tr>
<td>Barrier covers/tape</td>
<td>Syringe Needles</td>
<td>Trash bags</td>
</tr>
</tbody>
</table>