PLEASE TAKE THE TIME TO READ THE FOLLOWING INFORMATION. IT SHOULD ANSWER ALL THE QUESTIONS THAT YOU MAY HAVE.

Western Regional Dental Board Candidate Information
March 22-25, 2020

We at the School of Dentistry wish to make your experience here as pleasant and convenient as possible. The information below should answer any questions you may have regarding the upcoming examination.

1. We are not able to screen or provide patients to candidates, nor to provide School records or radiographs to candidates. No solicitation for patients is permitted in the School building or in the immediate School of Dentistry campus area.

2. **Building and Access Hours** – The building will be open from 6:00 a.m. to 6:00 p.m. during The Western Regional Dental Board Examination, unless otherwise requested by the examiners.

3. **ATM Machines** – None Available

4. **Food Service** – There are vending machines in the basement of the dental school. Loma Linda Medical Center has a full service cafeteria in the lobby level of the hospital this is open from 6:00 a.m. to Midnight.

5. **PATIENT SCREENING - THE SCHOOL DOES NOT PROVIDE PATIENTS FOR CANDIDATES TO SCREEN.** You may bring your own patients to the School of Dentistry for examination and/or radiographs. Because our own busy school program will be in full operation through Thursday, March 19th, our clinic facilities will be available for the screening of Board patients during the week prior to board examination on a space available basis. Clinic hours are 7:00 a.m. - 5:00 p.m., Monday through Thursday & from 7:00 a.m. - 3:00 p.m. on Friday. **THE SCHOOL OF DENTISTRY WILL BE CLOSED SATURDAY, MARCH 21st, 2020.**

6. **RADIOGRAPHS** - Radiographic services by the Radiology Clinic Staff will be available, the week prior to the scheduled board examination from 7:00 a.m. to 5:00 p.m. Monday through Thursday. Radiographic facilities are available on Friday and Sunday thru Wednesday of the board examination week. Time and space availability will determine when and what radiographs can be taken. Therefore, it is recommended that candidates have radiographs taken before arriving in Loma Linda, if possible. Screening instruments will be provided to candidates.
LOMA LINDA UNIVERSITY WILL BE A DIGITAL EXAMINATION SITE.
For Operative, Endodontic and Periodontal Examination this site will use digital radiographs with Monitor to Monitor Viewing. The school of dentistry will provide digital support only through Monitor to Monitor Viewing. The dental school will provide IT assistance during the Monitor to Monitor viewing.

Candidates that obtained digital radiographs outside of LLUSD, and wish to view their digital radiographic images on the monitor, must email their images to digitalimage@llu.edu 10 days prior to the exam date in order for these images to be uploaded into MiPACS radiologic viewing software. Radiology will be available during the same hours as screening, but as a limited basis only and emergency access will be available during the WREB exam.

Provisional Acceptance is for LLU Students ONLY. This is for Operative procedures only.

7. SCHOOL TOUR - A tour will be given on Sunday, March 22, 2020 as outlined in candidate guide to familiarize candidates with LLUSD. It is strongly recommended that all candidates attend a there will be new and important information given. Refer to your board schedule for time & location.

8. SUPPLIES - The following supplies will be PROVIDED to candidates at the Clinic Supply dispensary located in the main clinic during the license exam.

<table>
<thead>
<tr>
<th>Air-water syringe tips - disposable</th>
<th>Floss</th>
<th>Deck Paper</th>
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</thead>
<tbody>
<tr>
<td>Amalgam – fast and regular</td>
<td>Gauze 2x2's</td>
<td>Rubber Dam &amp; Napkins</td>
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<tr>
<td>Anesthetic - local and topical (needles)</td>
<td>Gloves</td>
<td>Disposable Paper Trays</td>
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<tr>
<td>Articulating paper (blue, holders)</td>
<td>Goggles (disposable)</td>
<td>Tissue - facial</td>
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<tr>
<td>Autoclave Tape</td>
<td>Head Rest Covers</td>
<td>Trash bags</td>
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<tr>
<td>Bags – Sterilization / Tape</td>
<td>Hydrogen Peroxide</td>
<td>Vaseline</td>
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<tr>
<td>Bibs and Holders</td>
<td>Masks</td>
<td>Wedges (all sizes)</td>
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<td>Blades (15 &amp; 12)</td>
<td>Matrix bands</td>
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<tr>
<td>Bite Blocks – (disposable)</td>
<td>Mouthwash / Cups</td>
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<tr>
<td>Cotton Rolls</td>
<td>Patient Drapes</td>
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<tr>
<td>Cotton swabs</td>
<td>Peridex</td>
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<tr>
<td>Disinfectant – Cavi Wipes</td>
<td>Disposable Tray Covers</td>
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<td>Disposable prophy cups &amp; paste</td>
<td>Disposable Gowns</td>
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<td>Hi and Low Suction Tips</td>
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9. **ENDODONTIC PORTION INFORMATION**

**Endodontic supplies provided are:**
- Chloroform, Eugenol, Roth Sealer (or Similar), REDTA, Gutta Percha, (ISO standard & conventional MF, F, M, FM) Paper points, RC Prep, cotton pellets, Alcohol, masks, gloves, rubber dams, disposable gowns & disposable paper products provided in lab.

**Endodontic supplies not provided are:**
- Files, instruments, burs & Gates Glidden burs & handpieces

*(Available at Dental Supply for purchase)*

The “Modu Pro Endo Kit” (MPE120PC) for the Endodontics portion of the Western Regional Boards is available in Dental Supply. The full kit contains all 6 modu pro arch models, Apex- Conductive putty, fixing gel and 2 mixing tips. Cost is approximately $195.00 + tax.

Replacement components are available, all prices are approximate and + tax.
- Fixing gel with 2 mixing tips - $15.00
- Apex-Conductive Putty - $16.00
- Optv-X w/ sphere - $14.00
- Single mixing tips - $1.60
- Arches (any one of six) - $18.00

**We do not use Shrouds**

**Handpiece options for Endodontic section**

Refer to #12 - Option 1 or Option 2 can be used on Clinic & Endodontic Lab
10. **PROSTHODONTICS PORTION INFORMATION**

The ModuPRO One will be used in the prosthodontics section of the exam. Candidates will need to provide the ModuPRO One, with the mandibular ModuPRO One arch. WREB will provide the maxillary arch to be treated on the exam.

A CheckMate One will be used by Candidates during the exam to make PVS (Polyvinyl Siloxane) putty matrices for examiner grading. WREB will provide the maxillary CheckMate One to Candidates, along with the maxillary ModuPRO One arch at the exam.

**The school will provide the PVS (Polyvinyl Siloxane) putty.**

Acadental has an instructional video on how to create the PVS (Polyvinyl Siloxane) putty matrices. See their video at [www.acadental.com/checkmateone](http://www.acadental.com/checkmateone)

If the ModuPRO with magnetic carrier trays and articulator were purchased in the last two years and are in good working condition, remove the ModuPRO One gums and attach the endo sextants to the magnetic Carrier Trays, or vice versa.

In the simulation lab, you will receive in a bag:

1. The maxillary ModuPRO One arch to be treated
2. A CheckMate One – you will use the CheckMate One during the exam to make PVS putty matrices for examiner grading
3. A Prosthodontic Worksheet

You will need to provide:

1. A ModuPro One model
2. The mandibular ModuPRO One arch
3. Bring all your OWN instruments you will need for this procedure

The ModuPRO One and ModuPRO One arches for the Prosthodontic portion of the exam are available for purchase in LLUSD Dental Supply.

11. **NO INSTRUMENT OR EQUIPMENT RENTAL AVAILABLE AT LOMA LINDA UNIVERSITY SCHOOL OF DENTISTRY.**

**NO HANDPIECES, NO CURING LIGHTS OR NO CAVITRONS FOR SALE, RENT OR PROVIDED DURING EXAM AT LLUSD.**
Handpiece Options

**OPTION 1 –**

12. **CLINIC EQUIPMENT** - Dental units are equipped with air control boxes with Midwest “Q” quick connect high speed handpiece tubing. Slow speed is standard 4-hole tubing. **Candidates must use the Midwest adaptor for a high speed handpiece, NO EXCEPTIONS.** This Adaptor is available at LLU School of Dentistry / Dental Supply at an approximate cost of $20.00.

All units have a 3-way air-water syringe. **Syringe tips are provided.**

All units have a quick-connect water source for ultrasonic scalers. Sonic scalers which fit the 4-hole hand piece tubing can also be used. **The School does not provide ultrasonic or sonic scalers.**

![Drive Air Water Chip Air Exhaust Power Optic](image)

All dental chairs are equipped with fiber optic light for high-speed hand pieces.

Eye wear is required for candidate and patient, for all clinic sessions.

**OPTION 2 –**

**Electric Handpiece** – Bien Air model MX2 (ONLY!)

13. **STERILIZATION PROTOCOL** - For the sterilization of instruments during the Western Regional Examining Board, please mark your candidate number on the sterilization pouches, in dark pencil or the special Sharpie pen provided in the center aisle of the main clinic. Items to be **PROCESSED** should be dropped off at the receiving window to the right of the main clinic supply windows. Processing takes 3 hours. *(A receipt will be given when turning in instruments. Please retain receipt and use for pick-up of instruments.)* To **PICK-UP** sterilized items go to first floor sterilization located off of the main hallway. If you have cassettes or other containers that can be sterilized, please feel free to use them as long as they are marked. If you wish, there are sterilizing pouches provided in the center aisle of the main clinic for your convenience. **APPROPRIATE SIGNS WILL BE POSTED FOR YOUR DIRECTION.**

14. **DENTAL SUPPLY STORE** - The School store is located in a central area on the first floor. Instruments and supplies may be purchased by candidates. The store will be open prior to and during the examination (except Saturday) Friday, 8:00 a.m. - 3:00 p.m., Sunday 8:00 a.m. – 5:00 p.m. and Monday, Tuesday & Wednesday 6:45 a.m. – 5:00 p.m. If you need additional information, please call (909) 558-4626. **DISPOSABLE GOWNS WILL BE PROVIDED ON CLINIC AND IN LAB.**
15. **WASTE DISPOSAL** - All disposable materials that have been contaminated with saliva or blood (sponges, cotton rolls, rubber dam, bibs, gloves, etc.) must be put into the paper bag which is provided for each patient. The closed paper bags containing soiled materials must be put into the trash receptacle located in the cubicles. All sharp materials, needles, blades, empty anesthetic carpules, etc. must be deposited in the special "**RED CONTAINERS**" marked "**SHARPS**". Empty partially used local anesthesia carpules into a 2x2 gauze and then dispose of the gauze into a Pharmaceutical (RX) waste container. **ENCLOSED IS THE INFECTION CONTROL PROTOCOL FOR THE LLU DENTAL CLINIC.**

16. **DENTAL UNIT MALFUNCTIONS** - Report equipment problems to the reception desk at the south end of the clinic. An equipment technician will promptly come to your unit.

17. **PARKING GUIDELINES – NEW PARKING SYSTEM** – **ANYONE WHO PARKS IN THE DENTAL SCHOOL PARKING LOT WILL NEED TO GET THEIR PARKING VALIDATED BEFORE LEAVING, TO AVOID ANY FEES.** Candidates, patients, and assistants may use the parking lot adjacent to the School of Dentistry until it is filled. **THE ONLY ACCESS TO THIS LOT WILL BE FROM ANDERSON STREET AND UNIVERSITY COURT AT THE DENTAL SCHOOL ENTRANCE.** Additional free parking is available in lot "X", on the northwest and lot “U” on the northeast corner of Anderson and Stewart Streets, one block north and of the Dental School. Street parking is limited.

18. **PATIENT BROKERING** - Patient brokering, (i.e. the selling of patients) will not be tolerated under any circumstances within the School of Dentistry and/or on the premises of the University. Violation of this rule will result in immediate removal from the campus of Loma Linda University.

**EMERGENCY PHONE NUMBER**

while inside the School:
8333 - Medical Emergency
1616 - Telephone Operator

The examiner will have access to the school’s automatic external defibrillator (AED) and provide appropriate action according to the American Heart Association (AHA) standards until emergency responders arrive.
1. **UNIVERSAL BARRIER PROTECTION**

The policy for LLUSD clinics is to employ universal barrier protection in **all direct patient contacts**. These protective barriers and techniques include: Gloves, Proper hand washing, Masks and Eye protection and Protective clothing. Application of universal barrier protection is described in the sections to follow.

2. **BASIC INFECTION CONTROL PROCEDURES**

- Standard precautions shall be practiced in the care of all patients.
- Universal Precautions is an approach to infection control, according to the concept of Universal Precautions, all human blood and certain human body fluids are treated as if known to be infectious for HIV, HBV, HCV, and other Bloodborne Pathogens.

2.1 **General rules for infection control:**

- Infection control applies to **all** patients.
- Cross-contamination is reduced by the use of the following universal barrier protection: Gloves, face mask, protective eyewear **and** Protective clothing (clinic barrier gown).
- Wash your hands with an antimicrobial soap **before** gloving and **after** degloving. If hands are **not visibly soiled or contaminated** an alcohol based hand rub may be used as an **alternative** to soap and water. **Remove all rings.** Put gloves on when you are ready for intraoral procedures; after gloving, **do not** touch anything other than the patient and the equipment, instruments and supplies needed for the procedure. If you need to obtain some equipment outside the operatory, or if you need to touch the patient’s chart, or handle any object other than those used in the procedure, or leave the cubicle for any reason whatsoever, **you must remove your gloves followed by hand washing.**
- If gloves are compromised (torn or damaged) during a procedure, remove them, wash your hands and put on a new pair of gloves.
- Clean and disinfect the operatory **before** setting up for the patient, and **after** you have completed treatment and dismissed your patient. Using the two step procedure **wipe to clean, wipe to disinfect** (read label).
- Face masks and protective eyewear, or face shields with mask, are mandatory in all patient contacts in which aerosol spray, splashing or spatter could occur: e.g. use of high speed hand pieces, ultrasonic equipment, air/water syringes, and during scaling and surgical procedures.
- **Protective clothing** is mandatory in all direct patient contacts: examinations, radiographic procedures and all treatment procedures. Clinic gowns used as protective clothing should be changed at least daily and when visibly soiled from treatment procedures. **Disposable gowns** are to be placed in trash. **DO NOT WEAR GOWNS** in labs, bathrooms, lounges or outside of the building. Hair must be secured up and back so that it **does not contact your patient, instruments, equipment or supplies.**
Whenever anesthetic injections are used, recap the needle by using a recapping device or the “scoop” method. (Without touching the cap with your fingers, insert the needle into the cap, as it lies on the tray, by directing it with the syringe. When the needle has been inserted, lift up the syringe with the “scooped up” cap in place. The cap can then be pushed into place by finger pressure.) If you are working with an assistant, do not pass the syringe to the assistant after completing the injection. You must complete the recapping yourself before replacing the syringe back on the treatment tray. Protector cards are available to you.

Regulated Medical Waste Disposal:
Sharps Waste Container: Dispose of all needles & empty anesthetic carpules.
Pharmaceutical Waste Container: Dispose of partially used anesthetic carpules into 2x2 gauze and then dispose of the gauze into a Pharmaceutical (RX) waste container.

2.2 Preparation of operatory prior to seating patient

Always use gloves, mask, wear safety glasses and protective clothing when disinfecting the operatory.

Prepare the operatory before use by removing debris from the floor and counter tops, disinfecting all surfaces identified below. Use 1st Cavi Wipe XL Disinfecting Towellette to clean cubicle. Use 2nd Cavi Wipe XL Disinfecting Towellette to disinfect the cubicle. Wipe all environmental surfaces to include the handle and switch of the dental light. Handles, receptacles, brackets and valves of saliva ejector, high speed evacuator. Hoses for suction and air rotors: disinfect 24” from connection to suction tips and hand piece, mayo stand and counter surfaces. Patient and operator chairs: those parts that may have been touched with contaminated hands or been splattered (ie. Air-water syringe handle).

Flush air-water syringe and hand piece hoses for 2 minutes into high speed evacuation system or the sink.

Remove and dispose of gloves.

Wash hands with the use of antimicrobial soap for at least 15 seconds.

Pick up from the supply cart and dispensary supplies and equipment to be used during the patient visit.

Set up protective covers, barriers, supplies and instrument cassette(s).

Put protective mask, exam gloves on counter. Wear either protective eyewear or face shield. (Personal eye wear is not a substitute for eye protection).

You are now ready to seat your patient.
Local Motels

1. **Hilton Garden Inn**  
   1755 South Waterman Avenue  
   San Bernardino, Ca. 92408  
   909-806-4040

2. **Super 8 by Wyndham**  
   205 E. Hospitality Lane  
   San Bernardino  
   909-888-7571

3. **Loma Linda Inn**  
   24532 University Ave.  
   Loma Linda  
   909-583-2500

4. **Best Western**  
   294 E. Hospitality Lane  
   San Bernardino, CA 92408  
   909-381-1681

5. **Quality Inn**  
   1750 S. Waterman Ave.  
   San Bernardino  
   909-888-4827

6. **Mission Inn**  
   3649 Mission Inn Ave.  
   Riverside  
   951-784-0300  
   1-800-843-7755

7. **Residence Inn (Marriott)**  
   1040 E. Harriman Place  
   San Bernardino, Ca. 92408  
   800-331-3131 & 909-382-4564

8. **Fairfield Inn & Suites (Marriott)**
Where to Dine

Angelo's
11275-D Mt. View Ave .................................. 909-796-0080
Loma Linda, CA.

BJ's Restaurant
1045 Harriman Pl........................................... 909-380-7100
San Bernardino, CA, 92408

Black Angus
290 E. Hospitality Lane .................................... 909-885-7551
San Bernardino, CA.

Cafe Society
24575 University St. ....................................... 909-799-8511
Loma Linda, CA.

Chili's Grill & Bar
475 E. Hospitality Lane .................................... 909-885-6167
San Bernardino, CA.

Claim Jumper
1905 Commerce Center St.
San Bernardino, CA 92408 ............................. 909-383-1818

El Torito
118 E. Hospitality Lane .................................... 909-381-2316
San Bernardino, CA.

Golden Corral Buffet
325 E. Hospitality Lane .................................... 909-890-1137
San Bernardino, CA, 92408

Hometown Buffet
24990 Redlands Blvd ...................................... 909-796-6588
Loma Linda, CA.

International House of Pancakes
219 E. Hospitality Lane .................................... 909-888-7880
San Bernardino, CA.

Lotus Garden
111 E. Hospitality Lane .................................... 909-381-6171
San Bernardino, CA.

LLUMC Medical Center Cafeteria (Vegetarian)
Medical Center RM 1301 (Lobby Level) .............. 909-558-4365

Napoli's
24960 Redlands Blvd ...................................... 909-796-3770
Loma Linda, CA.

The Olive Garden
460 E. Hospitality Lane .................................... 909-381-2747
San Bernardino, CA.

Patio Pantry (Vegetarian)
24954 Prospect Ave ........................................ 909-558-4580
Loma Linda, CA.

Red Lobster
195 E. Hospitality Lane .................................... 909-888-2288
San Bernardino, CA.

Mimi's Cafe
395 E. Hospitality Lane .................................... 909-890-4333
San Bernardino, CA.

Sizzler Family Restaurant
1800 So. Waterman Ave .................................. 909-381-4020
San Bernardino, CA.

Surfer Joe's
251 E. Redlands Blvd ...................................... 909-824-5523
San Bernardino, CA.

TGI Friday's
390 E. Hospitality Lane .................................... 909-888-9934
San Bernardino, CA.
FROM THE SAN BERNARDINO AREA:
If coming from northern inland routes (I-10 or I-215), go through San Bernardino to the I-10 interchange; then turn east on the San Bernardino freeway (I-10) for two miles to the Anderson/Tippecanoe offramp. Turn south on Anderson.

FROM THE LOS ANGELES AREA:
Take the San Bernardino freeway east (I-10) past the I-215 interchange, and two miles beyond, take the Anderson/Tippecanoe offramp. Turn south on Anderson.

FROM THE RIVERSIDE AREA:
Take Route 91 east to the I-215 north to the San Bernardino freeway (I-10) east, exiting at the Anderson/Tippecanoe offramp. Turn south on Anderson.

FROM THE DESERT AREA:
Take the San Bernardino freeway west (I-10) to the Anderson/Tippecanoe offramp, then turn left at the stop light (south on Anderson).

Parking: you can park in our Dental School Parking Lot or in Lot X, behind the Centennial Complex.

ADDRESS:
LOMA LINDA UNIVERSITY SCHOOL OF DENTISTRY
11092 Anderson Street
Loma Linda, CA 92354

PHONE:
(909) 558-4222