

Lake Washington Institute of Technology



Exam Site Information for Candidates
Western Regional Examining Board (WREB)
2021 WREB Hygiene Examination

Lake Washington Institute of Technology
11605 132nd Avenue NE
Kirkland, WA 98034
425-739-8157

Exam Site Information for Candidates
2020 WREB Dental Hygiene, Local Anesthesia & Restorative Examinations

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1. School Facility and Services

- **Location, Building Access and Hours:**

Lake Washington Institute of Technology
11605 132nd Avenue NE, E106, Kirkland WA 98034

Carrie Sasynuik: carrie.sasynuik@lwtech.edu (preferred) or (425) 739-8157

Building Opens: 6:00am-6:00pm daily for the duration of exam

- **Parking:** Any open parking area; no charge for parking
- **Security and Emergency Services:** 425-739-8224 or 9-911

2. Preparing for the Hygiene Exam

- **Patient Screening:** Please note that LWTECH does not have the responsibility of providing examination patients or back-up patients for any candidate. Candidates should not make requests of anyone associated with the college (faculty, staff or administration) for possible back-up patients, patient information, patient consultation, advice, or patient records relating to any patient being considered for the WREB examination. All questions should be directed to appropriate WREB officials. Access to the clinic will only be granted during the official WREB exams
- **Radiographs:** Candidates are welcome to use the x-ray equipment, aiming devices, phosphorous plates, scan x-machine and computer. LWTech personnel will not help take the images. They will assist in assigning a room and have the necessary items ready for image exposure. They will also process the plates through the scan x-machine. It is the responsibility of the candidate to correctly organize the images in the mount on the computer screen. Printing of the images will be done on standard coping paper.
 - There is no additional service charge for this service.
 - Phosphorous plates are an indirect digital radiograph.
- Please wear appropriate clinical attire while in the dental clinic and follow all infection control protocols.

PPE for Dental Hygiene Exam:

- Candidates are required to bring their own:
 - NIOSH approved qualitative or quantitative fitted N95 Filtering Facepiece Respirators (FFRs) or a qualitative or quantitative fitted FFR that meets the criteria under FDA Emergency Authorization Usage (EUA), appendix A
 - face shields
 - protective eyewear with side shields for yourself and your patient
 - disposable head caps and gowns. If a reusable cap and gown are used, candidate must take off the cap & gown carefully and immediately put into a sealed bag after doffing.

Gloves will be provided onsite. You can bring your own gloves if you have a preference of a certain type or brand of gloves.

Donning and doffing of PPE must happen inside the dental clinic, no contaminated PPE will be allowed outside of the dental clinic.

- **Administration of Local Anesthetic:** A qualified practitioner is **NOT** available to administer local anesthetic to Candidate
- **Equipment, Instruments and Expendable Dental Materials:**

A. Handpiece and Prophy Angle Hookups:

Dental Units are Adec brand, handpiece hook-ups are two and four pin, six pin fiber optic handpieces will not work in the units.



- B. Sonic/Ultrasonic Devices:** Limited Cavitrans are available for use on a first come first served basis, candidate needs to email the school coordinator, carrie.sasynuik@lwtech.edu, to reserve a unit. You must include candidate #, date and time of your exam. Candidates must supply their own 30K inserts. No Piezo units are available.

Using HVE is strictly enforced during the use of any aerosol producing devices, such as the ultrasonic and air/water syringe. Neither the Isolite nor saliva ejector alone effectively reduced aerosols and splatter, therefore, cannot be a substitution for using the HVE. As much as possible, gross debris and biofilm should be remove manually before ultrasonic scaling.

An antimicrobial preprocedural rinse will be provided for use before ultrasonic scaling.

- C. Air/Water Syringe Tips:** Air water syringe tips are disposable. Tips are provided for each candidate.
- D. Blood Pressure Cuffs and Stethoscopes:** The Candidate is responsible for providing their own.
- E. Expendable Materials:** Expendable dental materials supplied by the school; are noted in **Appendix A**. Items not listed are responsibility of Candidate.

• **Sterilization Services:** If you would like your instruments sterilized upon completion of your exam, place your bagged contaminated instruments, with your candidate number on the bag and walk them to the sterilization window marked contaminated. Note, we will not ultrasonic or remove your items from their labeled bags prior to sterilization, make sure you run your instruments through the proper cleaning steps and re-sterilize them at your location before next use. Please allow 24 hours for sterilization. Sterilized instruments will be placed in the lobby outside the clinic entrance. Note that collection of sterilized instruments is on an honor system. No one will watch over them. The school will not be held accountable for any missed instruments.

3. Preparing for the Local Anesthesia Exam

- **Equipment, Instruments and Expendable Dental Materials:** Refer to the respective WREB Candidate Guide for a list of materials and armamentarium that the Candidate

must provide.

A. Air/Water Syringe Tips: Air/water syringe tips are provided by the school.

B. Blood Pressure Cuffs and Stethoscopes: The Candidate is responsible for providing their own.

C. Expendable Materials: Expendable dental materials supplied by the school are noted **Appendix B** (items not listed are responsibility of Candidate).

- Please wear appropriate clinical attire while in the dental clinic and follow all infection control protocols.

PPE for Local Anesthesia Exam:

- Candidates are required to bring their own:
 - ASTM Level 2 or 3 face masks
 - protective eyewear with side shields for yourself and your patient
 - disposable gowns. If a reusable gown is used, candidate must take off the gown carefully and immediately put into a sealed bag after doffing.

Gloves will be provided onsite. You can bring your own gloves if you have a preference of a certain type or brand of gloves.

Donning and doffing of PPE must happen inside the dental clinic, no contaminated PPE will be allowed outside of the dental clinic.

• **Sterilization Services:** If you would like your instruments sterilized upon completion of your exam, place your bagged contaminated instruments, with your candidate number on the bag and walk them to the sterilization window marked contaminated. Note, we will not ultrasonic or remove your items from their labeled bags prior to sterilization, make sure you run your instruments through the proper cleaning steps and re-sterilize them at your location before next use. Please allow 24 hours for sterilization. Sterilized instruments will be placed in the lobby outside the clinic entrance. Note that collection of sterilized instruments is on an honor system. No one will watch over them. The school will not be held accountable for any missed instruments.

Anesthesia Exam: If sterilization of your syringe is needed to re-take the exam, we cannot guarantee your syringe will be sterilized in time for your retake exam. Please bring extra syringes.

4. Preparing for the Restorative Exam

- **Equipment, Instruments and Expendable Dental Materials:** Refer to the respective WREB Candidate Guide for a list of materials and armamentarium that the Candidate must provide.

A. Handpiece and Propy Angle Hookups: Handpiece hook-ups are two and four-pin.



Handpieces (high and slow speed) are available upon request by emailing the school coordinator before clinical restorative orientation. They will be given to the candidate during the restorative set-up period. In order to receive a handpiece, the candidate number and op number will be needed in order to check out the handpieces. The school does not charge for the use of the handpieces. However, the candidate will be charged for the handpieces if they are not returned. The high-speed handpiece is attached to the line that has the tape next to the hook up site.

B. Air/Water Syringe Tips: Air/water syringe tips are provided by the school.

C. Curing Lights: Curing lights will be available at each operatory.

D. Amalgamators: Several are placed within the clinic

E. Expendable Materials: Expendable dental materials supplied by the school are noted in **Appendix C**. (items not listed are responsibility of Candidate).

- Please wear appropriate clinical attire while in the dental clinic and follow all infection control protocols.

PPE for Restorative Exam:

- Candidates are required to bring their own:
 - protective eyewear with side shields for yourself
 - reusable or disposable gowns.

Level 1 masks will be provided for the restorative exam

Gloves will be provided onsite. You can bring your own gloves if you have a preference of a certain type or brand of gloves.

Donning and doffing of PPE must happen inside the dental clinic, no contaminated PPE will be allowed outside of the dental clinic.

5. During the Clinical Exam

- **Dental Operatory Units:** ADEC/Cascade dental chair with foot control chair operations.
- **Infection Control (Surface Asepsis):** Surface areas not covered by a barrier will be cleaned first, then wiped with 4 x 4 gauze soaked with Birex disinfectant. These items are located at

each sink station in the clinic.

A. Hazardous Waste Disposal (exam-type specific):

- **Hygiene:** Procedure for disposal of blood/saliva-soaked waste. Place blood- soaked waste in a red biohazard bag. Properly close the bag and then place the biohazard bag in the contaminated waste box next to the contaminated window of the sterilization room.
- **Local Anesthesia:** Place both the needle and spent carpule of anesthetic in the sharp's container. There is a sharps container in each op.
- **Restorative:** Procedure for disposal of amalgam scraps. Amalgam scraps can either be placed in the amalgam scrap jars located next to the amalgamator or in the large amalgam scrap container next to the clinical doors. Please no plastic amalgam capsules in either container. Amalgam only.

B. Sharps Disposal: Sharps containers are in each op. Only for needles and anesthetic carpules.

• **Emergency Medical Equipment:**

A. Phones:

- Room 106(clinic): on the wall in the middle island
- Front desk: out through the doors into the reception area.
- **For emergency help dial 9-911, please solicit another caller to also call campus security at #8224.**

B. Fire Extinguishers:

- Room 109: in the hall outside the Examiner's clinic
- Room 106 by the windows and emergency exit
- How to use: pull the pin, aim at the base of the fire, squeeze the trigger
- **Do not use if faced with a large or rapidly growing fire, just exit as soon as possible (always take your patient)**

C. Nearest Exits:

- Room 106 clinic: out the emergency exit in the main dental clinic between the treatment rooms C5 and D5
- Once outside continue along the path and move away from the building

D. Eyewash Stations (wear your protective eyewear):

- Room 109: back lab
- Examiner's Clinic: 1st sink on the right
- Room 106 main testing clinic: each row of treatment rooms has one sink with an eye-wash station, be sure to locate the one that is closest to you before you begin your procedure. There is also an eye wash station in the sterilization room.

Pull off the green caps, pull the metal stopper on the back of the faucet and turn the water on. Flush eyes thoroughly.

E. Emergency Oxygen:

- Examiner's Clinic: inside door as you enter from the lab
- Room 106, main testing clinic: by the emergency exit and by the entrance door to the processing rooms.

On/Off knob is on the side (a lever), flow knob is circular, everything else is hooked up. Additional oxygen can also be found when the N2O is set up.

F. First Aid, Emergency Kits and Defibrillator (AED):

- Examiner's room #107 in the cabinets attached to the sterilization area – first aid only
- Room 106 main testing clinic: First Aid hanging on the wall by the master switch and first aid and all emergency items in four (4) drawers across from the as you enter through the main Clinic doors.
- Defibrillator (AED) mounted on the wall next to the entrance for the x-ray processing room.

MSDS Manual/Book: in op number F-1 in the cabinet

Exposures and Exposure Personnel (wear your PPE and handle sharps carefully):

Clinic Manager – 1st office on the left as you enter main Clinic

Office Manager – Reception

6. Travel and Lodging Information

Airport Information: SeaTac (Seattle Tacoma) International-travel time approximately 45 minutes from the airport-normal traffic

Ground Transportation: Shuttle Express, rental cars

Hotel Accommodations:

The Clarion Inn at Totem Lake

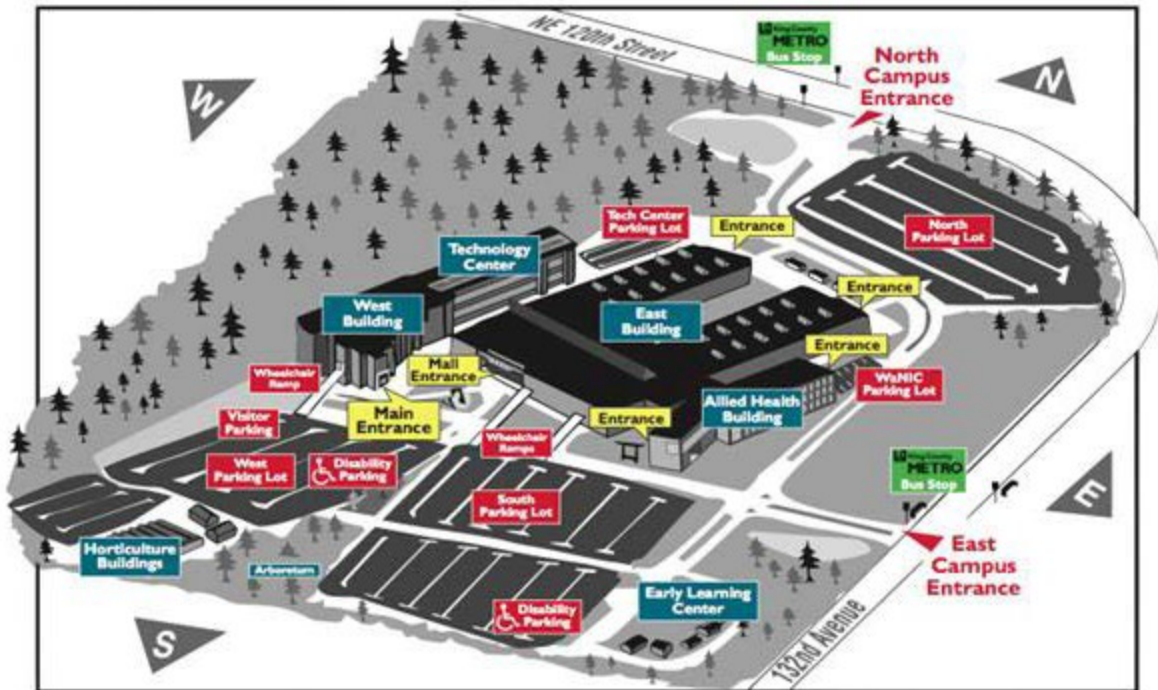
12233 Totem Lake Way
425-821-2202

Silver Cloud Inn

12202 NE 124th
425-821-8300

Best Western Kirkland Inn

12223 NE 116th
425-822-2300 or 1-800-528-1234 (reservations center)



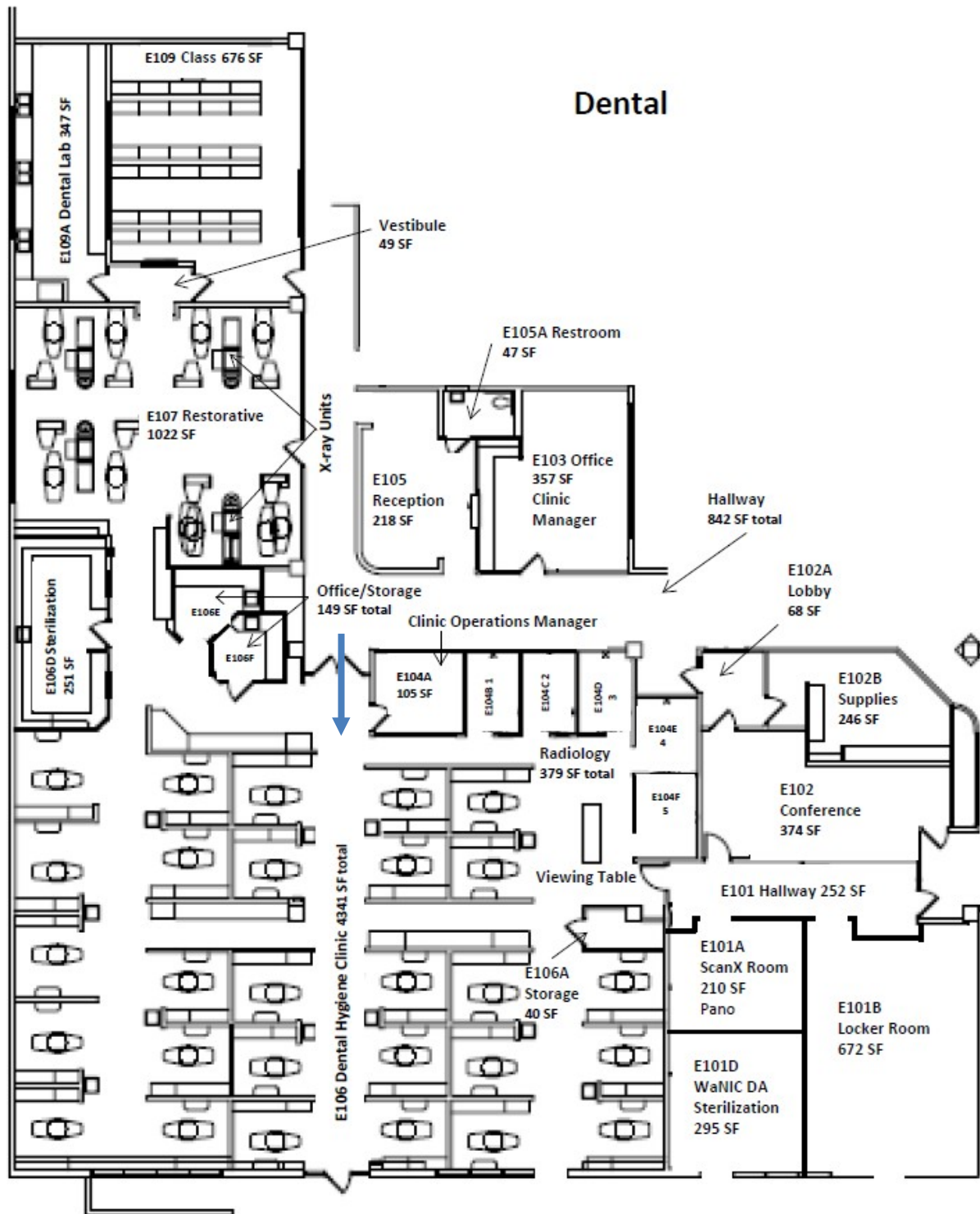
7.Campus Map:

The dental clinic located in the east building in E106. The east building is the two-story U- shaped building on the map. The dental clinic located in the lower right side of the U shape. Park near the Allied Health Building. You will enter on the third floor, take the elevator down to the first floor, take a right out of the elevator, then an immediate right. Once you pass the stairs, the dental clinic entrance is through the double doors on your left.



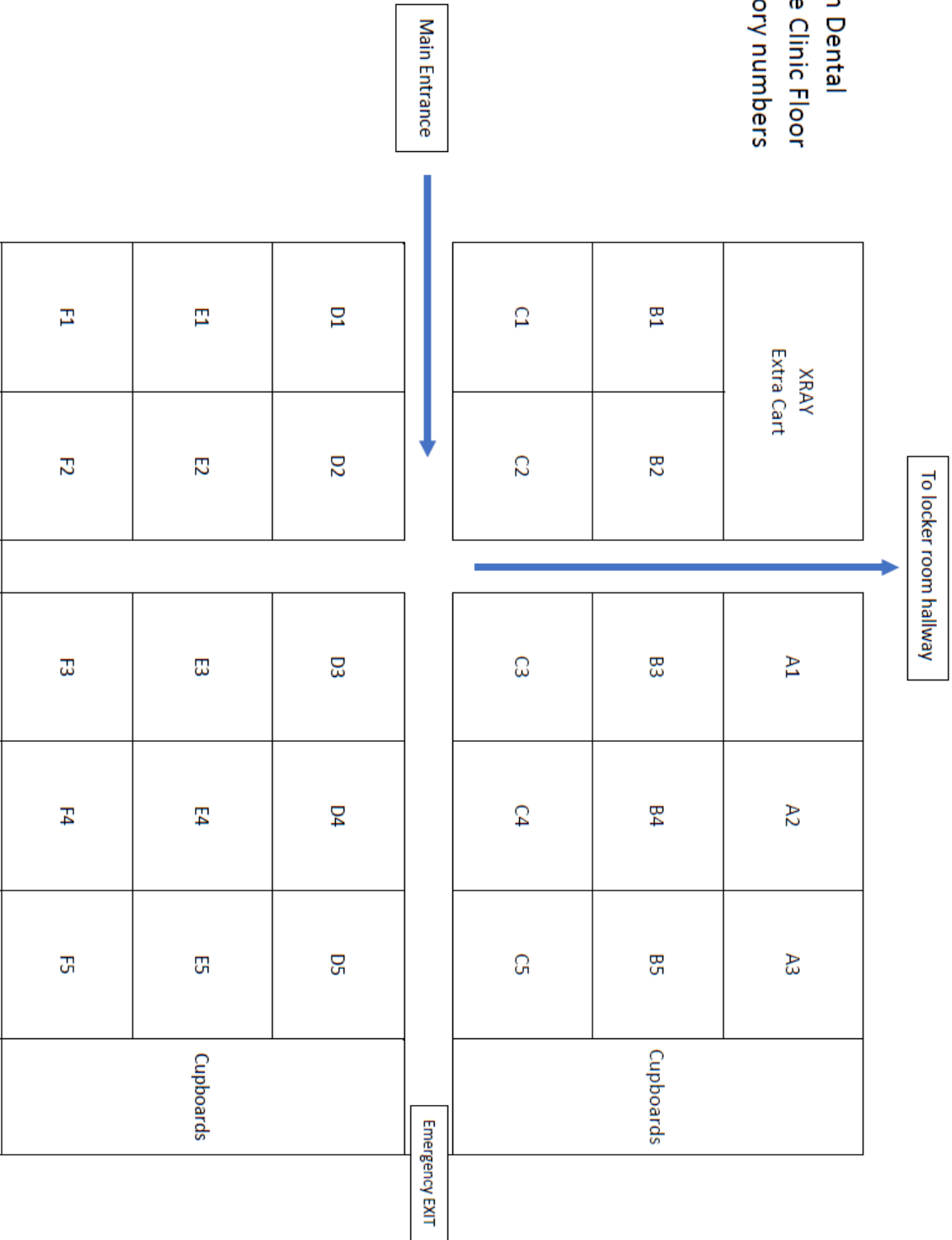
White building, east building.

- Allied health building entrance is off to the right of this photo.



8. **Clinic Floor Plan:** Patient waiting area-lobby of the dental clinic, Candidate clinic-E106, 28 ops with 5 x-ray rooms, Examiner grading area-E107 and E109.

LWTech Dental
Hygiene Clinic Floor
Operator numbers



9. Required School-provided Expendable Dental Materials Appendices

APPENDIX A – Expendable Dental Hygiene Materials List Provided by Exam Site Host (LWTECH) To be provided in sufficient quantities for all Dental Hygiene Candidates		
2x2 gauze squares	Cotton-tip applicators	Sanitizing materials
Air/water syringe tips	Drinking cups	Soap
Antimicrobial mouthwash	Facial tissue	Standard saliva ejectors/HVE
Anesthetic(s)	Gloves, nonlatex	Surface disinfectant
<ul style="list-style-type: none"> Local anesthetic(s) with and without vasoconstrictors 	Headrest covers	Syringe Needles (long & short)
<ul style="list-style-type: none"> Topical anesthetic(s) 	Instrument trays	Tray covers
Autoclave bags, small	Paper towels	Trash bags
Autoclave bags, medium	Patient bib clips, disposable	
Autoclave tape	Patient napkins/bibs	
Barrier covers/tape	Prophy paste	

APPENDIX B – Expendable Local Anesthesia Materials List Provided by Exam Site Host (LWTECH) To be provided in sufficient quantities for all Local Anesthesia Candidates		
2x2 gauze squares	Cotton-tip applicators	Patient bib clips, disposable
Air/water syringe tips	Drinking cups	Patient napkins/bibs
Antimicrobial mouthwash	Facial tissue	Sanitizing materials
Anesthetic(s)	Gloves, nonlatex	Soap
<ul style="list-style-type: none"> Local anesthetic(s) with and without vasoconstrictors 	Headrest covers	Standard saliva ejectors
<ul style="list-style-type: none"> Topical anesthetic(s) 	Instrument trays	Surface disinfectant
Autoclave bags, small	Paper towels	Syringe Needles (long & short)
Autoclave bags, medium		Tray covers
Autoclave tape		Trash bags
Barrier covers/tape		

APPENDIX C – Expendable Restorative Materials List Provided by Exam Site Host (LWTECH) To be provided in sufficient quantities for all Restorative Candidates		
2x2 gauze squares	Drinking cups	Sanitizing materials
Air syringe tips	Level 1 mask	Rod posts (mounting Typodont)
Amalgamator/Triturator	Facial tissue	Soap
Amalgam scrap container(s)	Gloves, nonlatex	Surface disinfectant
Barrier covers/tape	Instrument trays	Tray covers
Cotton-tip applicators	Paper towels	Trash bags