



2020

WREB Candidates

Handbook

Dental Hygiene Exam
September 12th -15th, 2020



9401 Farwest Dr SW
Lakewood, WA 98498
253-964-6694
pcdhclinic@pcdhclinic.com

Table of Contents

Welcome to Pierce College Fort Steilacoom Campus	3
Airport.....	3
Directions to Pierce College Fort Steilacoom, Lakewood, WA	3
Area Map	4
Campus Map	5
Lodging.....	6
Pierce College Facilities and Services.....	6
Building and Access Hours	6
Parking.....	6
Security	6
Food Service	6
Patient Screening	6
Radiology	7
Orientation	7
Registration and Identification Badges	7
Tours	7
Clinic Information	7
Magnetostrictive and Piezon Units.....	Error! Bookmark not defined.
Supplies Provided by Pierce College.....	8
Local Anesthesia Supplies	9
Sterilization.....	9
During the Board Examination.....	9
Infection Control	9
Covid guidelines.....	12
Medical Emergencies	12
Test Location: Cascade Level One Map	13
Pierce College Dental Hygiene Parking Pass.....	14
DONN / DOFF STEPS * DENTAL HEALTHCARE PROVIDER PPE.....	15

Welcome to Pierce College Fort Steilacoom Campus

The faculty and staff at Pierce College's Dental Hygiene Program welcomes you to our campus. This handbook has been prepared with the hope that it will make your board examination experience go as smoothly as possible. The information presented here should answer most of your questions that you may have. However, if you have additional questions after reading the handbook, please feel free to contact us either by phone or by e-mail. The School Coordinator at Pierce College is Grace Hardy. Her phone number is 253.327.0685. Her e-mail address is ghardy@pierce.ctc.edu. If you have questions regarding the Candidate Guide provided by WREB regarding the examination process (e.g., content, patient requirements, paperwork, or forms, etc.), you should direct those questions to the WREB office at 602.944.3315.

Airport

Seattle Tacoma International Airport (SeaTac) is approximately 31 miles from Pierce College. It normally takes about 45 minutes to get from the airport to the college. Follow driving directions for coming from the north (below).

COVID-19 Travel Notice

During COVID Phase 2 in Washington State, **no one can attend testing if you are traveling from anywhere other than Washington, Oregon or Idaho**. The exception is if you arrive a minimum of 14 days prior to the test into one of these states and can pass the Wellness/Exposure Attestation Questions.

Directions to Pierce College Fort Steilacoom, Lakewood, WA

Link to Maps and Directions: <http://www.pierce.ctc.edu/about/maps/>

Coming from the north on I-5

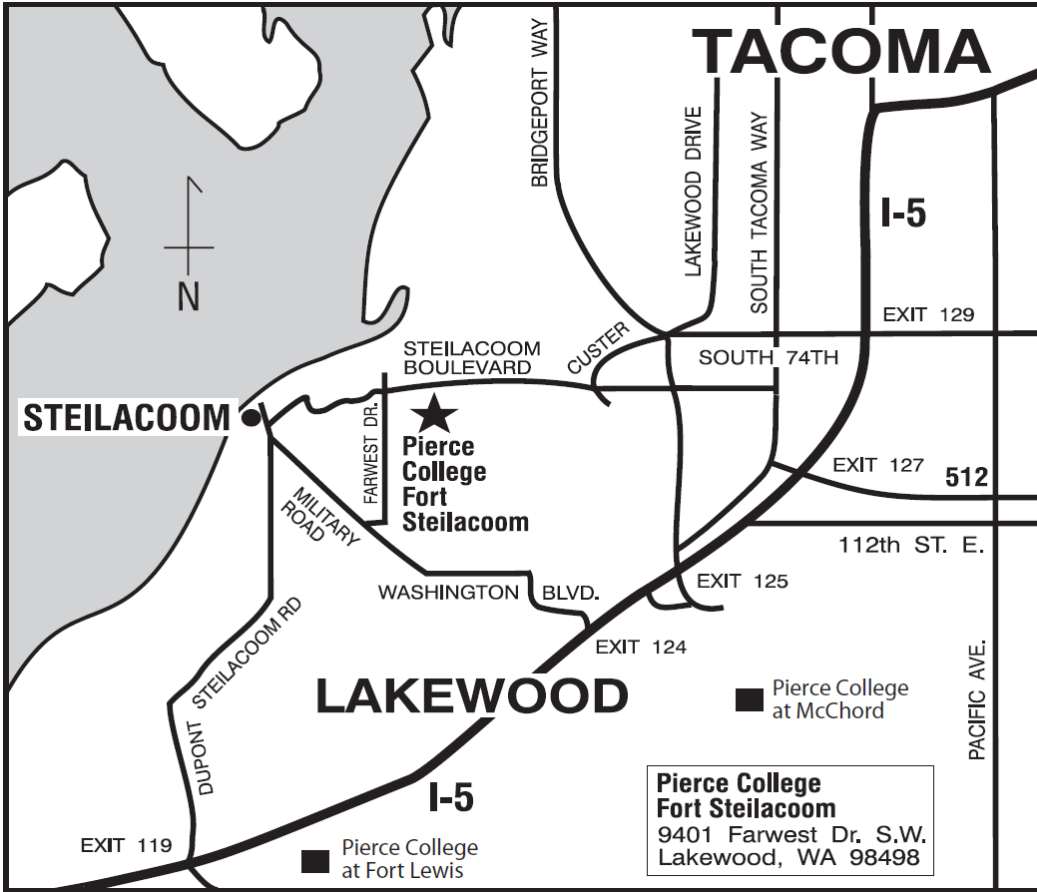
- Turn right onto 74th Street
- 74th Street turns into Custer Road and crosses Bridgeport Way; stay in the right lane
- Turn right on 88th St. S.W. which after two or three blocks becomes Steilacoom Blvd
- Proceed on Steilacoom past the Oakbrook shopping center and Western State Hospital
- Turn left at the light on Farwest Drive
- Drive up the hill and enter the campus on your left
- The Dental Hygiene Clinic is in the Cascade Building
- Park in Lot C. There is no parking fee. A parking permit is required and is included in this handbook; print 2 of them - one for you and one for your patient

Coming from the south on I-5

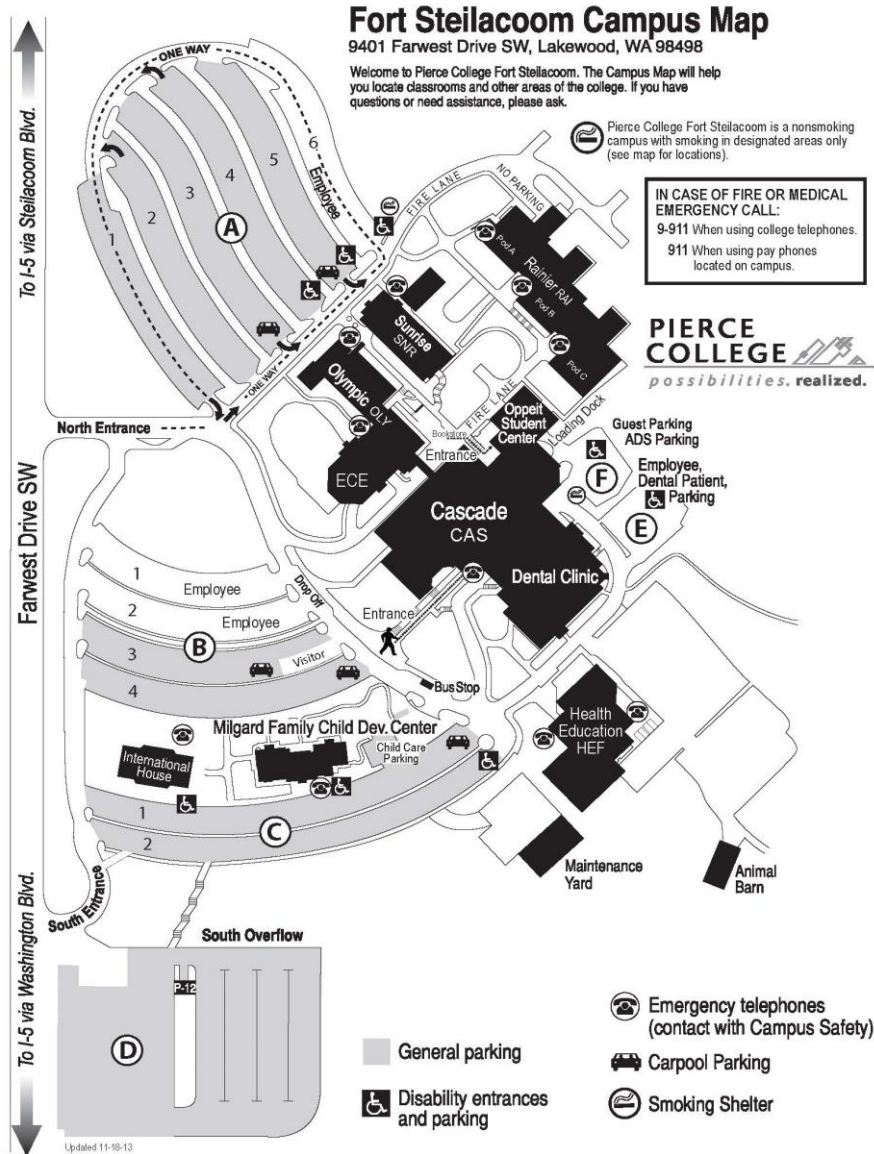
- Follow I-5 to Gravelly Lake Exit 124
- Turn left and go over the freeway.
- At the second light (island with large "Welcome to Lakewood" sign), go left onto Gravelly Lake Drive
- At the second light, turn left on Washington Blvd. (Note: Washington Blvd. will turn into Military Road)
- At the third light, turn right on 112th Street SW
- Take the first left (one-half block) onto Farwest Drive.
- Continue on Farwest Drive until you see Pierce College on the right.
- The Dental Hygiene Clinic is in the Cascade Building

- Park in Lot C. There is no parking fee. A parking permit is required and is included in this handbook; print 2 of them - one for you and one for your patient.

Area Map



Campus Map



Lodging

Fairfield Inn & Suites, Tacoma Dupont

1515 Wilmington Drive
Dupont, WA 98327
(360) 334.3313
<https://www.marriott.com/hotels/travel/seadp-fairfield-inn-and-suites-tacoma-dupont/>

Inn at Saltar's Point

68 Jackson Street
Steilacoom, WA 98388
(253) 588.4522
www.innatsaltarspoint.com
This B&B is 2.5 miles from Pierce College.

DuPont is a cozy, family-friendly community about 8 miles south of Pierce College. It has a variety of restaurants and miles of walking/biking paths. It is right off of Interstate 5 and is an easy, scenic drive to Pierce College if you go "the back way" through Joint Base Lewis-McChord and the Town of Steilacoom.

Liberty Inn DuPont

1400 Wilmington Drive
DuPont, WA 98327
(253) 912.8777

Guest House Inn and Suites DuPont

1609 McNeil St
DuPont, WA 98327
(253) 912.9800

Hampton Inn and Suites DuPont

800 Station Loop
DuPont, WA 98327
(253) 912.4444

Pierce College Facilities and Services

Building and Access Hours

The building will be open from 6am to 6pm during the WREB examination.

Parking

Parking for candidates and for patients is in Lot C. There is no parking fee. A parking permit is required and is included in this handbook; print 2 of them - one for you and one for your patient.

Security

Security is available 24 hours. Security can be contacted by phone (253) 964.6751.

Food Service

The cafeteria will NOT be open during the testing dates of September 12th-15th. There are a few restaurants within driving distance of the campus; however, there are no restaurants within walking distance. We advise that you should bring a lunch and beverages for the day. Uber eats and other options available as well.

Patient Screenings

Pierce College Dental Hygiene will not provide patients for the candidate. Candidates are not allowed to utilize the clinic for screening purposes prior to the examination time. Recruitment of patients for the exam is entirely the candidate's responsibility.

Please note all patients used for WREB will have had a DDS exam and TXP within the last year. A medical release form stating the patient has had a dental exam, has been treatment planned for scaling and root planning, and had release to use anesthetic without health complication. Form can be generated by your college, dental office, or patient's dental office and needs to state the treatment plan for either full mouth debridement, 4342, or 4341. Thank you for understanding there will be no Dentist on staff for exams in 2020.

Radiology

No radiographs for candidates will be available at Pierce College this year. This area has been designated for donning and doffing for candidates PPE. Please make sure you bring adequate xrays with you. Hardcopies must be high-quality for calculus detection. Computers in dental operatories are available to pull-up xrays as long as the software is compatible. Emergency xray can be arranged by staff.

See: COVID-19 Operational Directive

Pierce College Dental Hygiene Program

DON/DOFF DENTAL PPE CHECKLIST

Effective: July 1, 2020

Orientation room with be reserved

Registration and Identification Badges

Numbered badges will be issued to candidates by WREB during candidate orientation and will serve as an I.D. throughout the examination. The badge must always be worn while in the building. Badges must be turned in at the completion of the examination as part of the check-out procedure with the Western Regional Examining Board. Orientation will be held in the Health Education Building, Room 102. Please see Campus [Map](#).

Commented [MLH1]: Have you already reserved this with Marjo and arranged for janitorial to sanitize? We also need to contact security

Tours

A tour of the facility will be held the day of the candidate orientation only.

Clinic Information

The Pierce College Dental Hygiene Clinic has 20 operatories, with 14 available per day for dental hygiene candidates. Each operatory is equipped with an A-dec 500 chair and delivery unit. All operatories can be either right-handed or left-handed.

COVID-19 Adjustments

- Due to COVID-19 and the Phase 2 Washington State Back to Campus Plan, there will be **no use of any devices that creates aerosol.**
- This includes all ultrasonic and sonic instrumentation (magnetostrictive/cavitron, Piezo electric or other) and the use of highspeed handpieces.
- All patients must remain in their car until candidate has called for them to come inside, this will minimize contact.

- Patient's must always wear a mask: arrive with a mask on for check in, as well as in hallway and restroom. Mask can be supplied if needed in emergencies.
- Please bring a change in clothes for after donning and doffing every day you are at pierce with patients. Please bring a change of shoes as well. You will not be able to leave Pierce in your clinic attire.

COVID-19 New Requirement per OSHA/L&I - N95 Respirator Requirement

- Candidates without an N95 Respirator or equivalent are ineligible to test at Pierce College.
- Candidates must use a face shield at all times in addition to eye protection.
- Head coverings are optional and not provided. If you wear a personal head covering, it must be doffed and placed in your laundry bag prior to departure.
- All items must be brought by candidates, one disposable gown will be provided for during hygiene services only.

COVID-19 Supplies Not Provided by Pierce College

- Candidates must supply their own N95 Respirator for the test.
 - Level 3 masks are not acceptable during the testing process.
 - Candidates without an N95 Respirator or equivalent are ineligible to test.
- Candidates must supply their own knee length lab jacket, preferably with covered logos and names
- Candidates must supply a head covering if they choose to use one.
 - Both reusable head coverings and lab coats must be doffed and placed in a plastic bag or laundry bag prior to departure.
 - Radiology will be used as the donning and doffing staging area.
 -

Supplies Provided by Pierce College

paper towels	2 x 2 gauze	sharps container per op
hand soap	patient bibs	surface disinfectant
hand sanitizer	disposable bib clips	pre-rinse and cups
level 1/2 mask for patient/candidate	cotton tip applicators	Schwartz perio retriever
gloves (non-latex)	needles	drinking cups
chair barriers	anesthetic	sterilization pouches
hi-speed duck bill evacuation tips	prophy paste, cups and brushes	air-water syringe tips
saliva ejector tips	clear barrier film	bio-hazard bags per op
antimicrobial mouthwash	cotton rolls	trash bags
floss	Kleenex facial tissues	needle sheaths
styrofoam instrument trays	topical anesthetic	
ONE disposable gown, for Patient use	ONE disposable face shield, Patient use only	

Local Anesthesia Supplies

Pierce College Dental Hygiene program does not provide candidates with practitioners to anesthetize their patients during the exam. Candidates may provide their own practitioners in accordance with WREB guidelines.

Needles: 30 G long, 27 G short, 30 G extra short

Anesthetic: 4% articaine, 1:100,000 epi
4 % articaine, 1:200,000 epi
2% lidocaine, 1:100,000 epi
3% mepivacaine without
0.5% bupivacaine

Sterilization

Instruments that belong to you should be properly bagged and marked with your candidate ID #. We will not run your instruments through the ultrasonic or Miele. You will need to arrange to sterilize your instruments at a different location after the boards.

During the Board Examination

Arriving to Campus and Travel Pathways assigned, see attachment below, please come CV19 appropriate:

- Please arrive in a **mask, cloth or other, your scrubs**. If you are using a personal head covering, you may also have that on.
- You will be greeted at the **Reception Clinic Door** for confirmation of attestation, hand sanitizing, and taking of your temperature.
- You will be **directed to the check-in desk**.
- Once checked in and you've collected your supplies provided by Pierce College, you will be directed to the **Don** area to Don everything except your N95, disposable gown, disposable face shield, eye protection, and gloves.
- You will **enter the clinic through your designated door**.
 - This door is your entering and exiting door for you and your patient.
- Once inside the clinic at your operatory, you may proceed to set up.

Commented [MLH2]: Will we know their assigned operatories? We will need to so they know where to enter and exit with their patient.

I suggest that we have all supplied items ready for them in a plastic bag.

Infection Control: Covid-19 measures set up to be followed

- a. Surface Asepsis
 - i. Handles of the unit light, the delivery units, the air-water syringe, the patient chair and the operator stool must be covered with clear plastic barriers (provided).
 - ii. **DO NOT USE ANY CHEMICALS TO CLEAN THE CHAIRS.**
 - iii. The countertops should be disinfected with ProSpray 60 (provided).
- b. Personal Protective Equipment
 - i. **Candidates must following the Don and Doff guidelines in Exhibit A.**

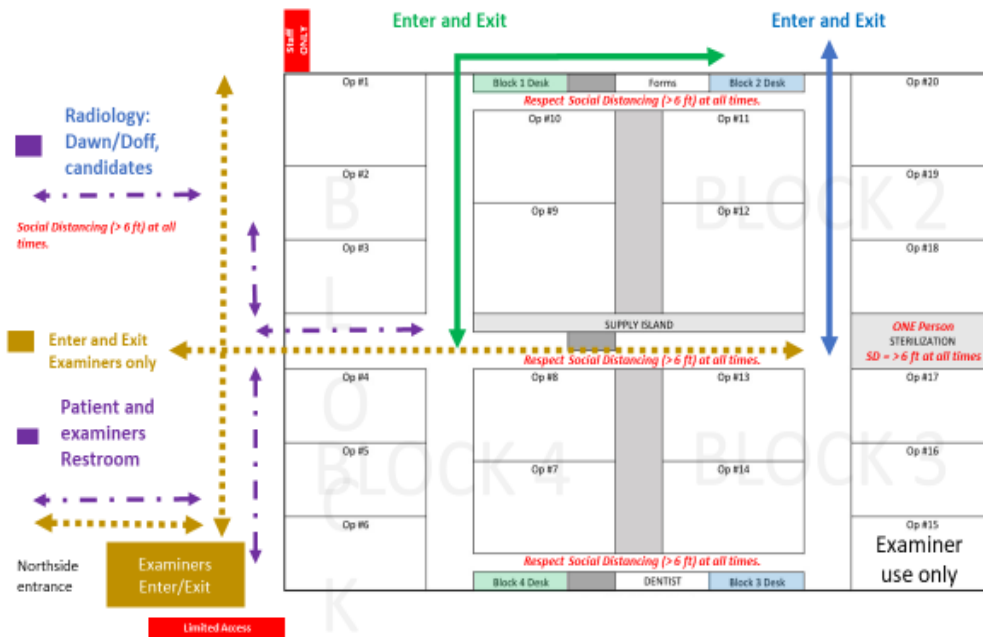
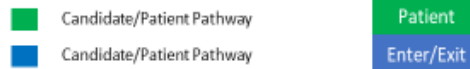
- You will Don your N95 respirator before retrieving your patient;
 - Don disposable gown and face shield in clinic
 - Doffing will occur in the clinic, outside your operatory.
 - Gowns will be removed, and the operatory will be disinfected in your personal lab coat.
- ii. Prior to leaving the building, you must remove your lab coat and scrub pant/skirt
 - iii. Appropriate clothing is required (ie: scrubs, no open-toed shoes, lab coats, N95 respirator)
 - iv. Gloves, one disposable gown (to be worn over the lab coat during the testing process),and one disposable face shield are provided
 - v. Candidates must provide their own OSHA-accepted protective eyewear for both themselves and their patient.
 - vi. Antiseptic soap and hand sanitizer are provided at each sink.
 - vii. No facial or hand jewelry is allowed, and medium or long hair must be pulled back and up off of your shoulders.
- c. Hazardous Waste
 - i. Any blood/saliva-soaked waste must be disposed of in the biohazard bags (provided).
 - d. Biohazard bags may be attached to the sides of the mobile tray. At the end of each session, bags should be sealed with autoclave tape and placed in biohazard waste container (red) at the white board side of the clinic.
 - e. Sharps Disposal
 - i. All needles, anesthetic cartridges and any other potential sharps are to be placed in the red plastic sharps container in your operatory.

ALL ITEMS USED IN OPERATORY MUST BE STERILIZED, spray-wipe-spray, IN THE OPERTORY AND LEFT FOR A SHORT 'QUARANTINE STAGE' BEFORE RETURNING TO GENERAL SUPPLIES

Process for Patient Entering and Exiting

Dental Hygiene Department: Clinic Traffic Patterns 6/16/20 COVID-19

Examiners, candidates, and Patients will Enter/Exit through assigned doors and corridors.
 Respect Social Distancing (> 6 ft) at all times.



- Patients or guests will NOT be allowed to wait in the Reception Area. Advise patients to wait in their vehicle until contacted by a DH Student. Students will escort each patient in for their appointments. *Arrangements will be made for those using public transportation.
- When Exiting from appointments, NO MORE than four students with their patients may be in the Reception Area at any period. *Wear masks and always maintain Social Distancing (> 6 ft).*
- Two students will be assigned as Dental Assistants each session to minimize clinic traffic and assist to keep operators in their operatory with patients throughout each session.

Medical Emergencies

To alert emergency personnel to a medical emergency and not unduly alarm the patient population, the following protocol must be followed upon discovering a serious medical emergency:

- a. The patient will remain in the care of the candidate or person discovering the problem. The patient must not be left alone. A responsible person should be sent to report the problem to the Floor Examiner.
- b. The Floor Examiner will make a judgment as to whether a true emergency exists. If so, a call will be placed to 9-911.
- c. Ask School Coordinator or Clinic Assistant to collect the emergency supplies.
- d. In all possible emergencies:
 - Place the patient in a supine position if unconscious
 - Assess consciousness and responsiveness
 - Check airway, assist respiration if indicated
 - Check pulse: be prepared to perform CPR if indicated.
- f. The Chief Examiner/DDS assumes responsibility for resuscitative procedure and the administration of emergency drugs

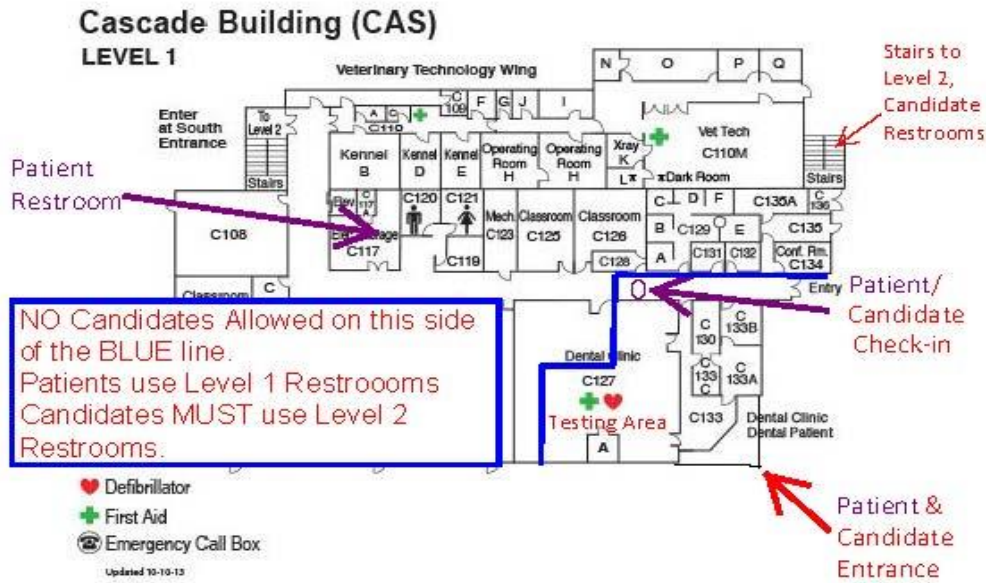
COVID 19 GUIDELINES IF YOU, or your patient, ARE EXPERIENCING SYMPTOMS

The supervisor must recommend the candidate follow **Washington State Department of Health** (DOH) guidelines outlined below. These topics and more can be found on the [DOH website](#)

Testing for COVID-19 – Should I get tested?

- If you have a fever, cough, or shortness of breath, it is best to treat it like it could be COVID-19. Protect others by staying home. If you must be around other people, you should wear a mask.
- If you are concerned about your health, call your health care provider to discuss COVID- 19 testing and other possible reasons for your illness. You can also use the online [Coronavirus Assessment Tool](#) developed by Providence and Microsoft.
- If you have symptoms and are at a higher risk for complications from severe respiratory infections (e.g., for example, you are older than 60, have a chronic medical condition or immunosuppression, or are pregnant), call your health care provider to ask about COVID-19 testing and testing and treatment for other infections, such as flu or pneumonia.
- If you do not have a regular health care provider, you can use the online Coronavirus Assessment Tool developed by Providence and Microsoft.

Test Location: Cascade Level One Map



Pierce College Dental Hygiene Parking Pass

Welcome to Pierce College Fort Steilacoom

9401 Farwest Drive SW
Lakewood WA, 98498
(253) 964-6500

PIERCE COLLEGE 
possibilities. realized.

TEMPORARY PARKING PERMIT

Date: Sept 12-15th, 2020 Time:

6:00am–6:00pm Location: Lot C

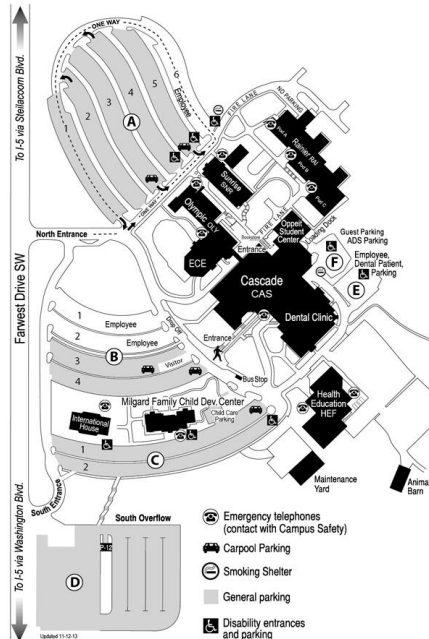
Event: WREB

Sponsor: DentalHygiene

PLACE ON DASH OF VEHICLE

DIRECTIONS

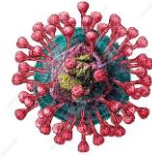
- ◆ From I-5 - Gravelly Lake Exit 124
- ◆ From northbound I-5:
turn left and go over the freeway.
- ◆ From southbound I-5: turn right.
- ◆ At the second light (island with large "Welcome to Lakewood" sign), go left onto Gravelly Lake Drive.
- ◆ At the second light, turn left on Washington Blvd.
(Note: Washington Blvd. will turn into Military Road).
- ◆ At the third light, turn right on 112th St. S. W.
- ◆ Take the first left (one-half block) onto Farwest Drive.
- ◆ Continue on Farwest Drive until you see Pierce College on the right.



**COVID-19
Operational
Directive**

COVID-19 Operational Directive

Pierce College Dental Hygiene Program
DON/DOFF DENTAL PPE CHECKLIST
Effective: July 1, 2020



DONN / DOFF STEPS * DENTAL HEALTHCARE PROVIDER PPE

Background and Guidance: please view the following resources to better understand safe Donn and Doff steps for the use of Dental PPE.


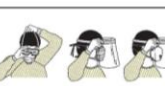

- **CDC/OSAP/ADA Link:**
[Updated CDC Guidance: How to Don, Doff and Dispose of Personal Protective Equipment \(PPE\)](#)
- **CDC Links:**
[Using Personal Protective Equipment \(PPE\)](#)
[Demonstration of Donning \(Putting On\) Personal Protective Equipment \(PPE\)](#)
- **WHO Link:**
[COVID-19: How to put on and remove personal protective equipment \(PPE\)](#)

NOTE: More than one donning/doffing method may be acceptable. The following checklists represent steps suggested by the CDC, OSAP, ADA, and ADHA.

PPE Donning Sequence - Example


SEQUENCE FOR PUTTING ON PERSONAL PROTECTIVE EQUIPMENT (PPE)

The type of PPE used will vary based on the level of precautions required, such as standard and contact, droplet or airborne infection isolation precautions. The procedure for putting on and removing PPE should be tailored to the specific type of PPE.

- 1. GOWN**
 - Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
 - Fasten in back of neck and waist
- 2. MASK OR RESPIRATOR**
 - Secure ties or elastic bands at middle of head and neck
 - Fit flexible band to nose bridge
 - Fit snug to face and below chin
 - Fit-check respirator
- 3. GOGGLES OR FACE SHIELD**
 - Place over face and eyes and adjust to fit
- 4. GLOVES**
 - Extend to cover wrist of isolation gown

USE SAFE WORK PRACTICES TO PROTECT YOURSELF AND LIMIT THE SPREAD OF CONTAMINATION

- Keep hands away from face
- Limit surfaces touched
- Change gloves when torn or heavily contaminated
- Perform hand hygiene



Don head-cover here.

PPE Doffing Sequence - Example

SEQUENCE FOR REMOVING PERSONAL PROTECTIVE EQUIPMENT (PPE)

Except for respirator, remove PPE at doorway or in anteroom. Remove respirator after leaving patient room and closing door.

- 1. GLOVES**
 - Outside of gloves is contaminated!
 - Grasp outside of glove with opposite gloved hand; peel off
 - Hold removed glove in gloved hand
 - Slide fingers of ungloved hand under remaining glove at wrist
 - Peel glove off over first gloved
 - Discard gloves in waste container
- 2. GOGGLES OR FACE SHIELD**
 - Outside of goggles or face shield is contaminated!
 - To remove, handle by head band or ear pieces
 - Place in designated receptacle for reprocessing or in waste container
- 3. GOWN**
 - Gown front and sleeves are contaminated!
 - Unfasten ties
 - Pull away from neck and shoulders, touching inside of gown only
 - Turn gown inside out
 - Fold or roll into a bundle and discard
- 4. MASK OR RESPIRATOR**
 - Front of mask/respirator is contaminated — DO NOT TOUCH!
 - Grasp bottom, then top ties or elastics and remove
 - Discard in waste container

PERFORM HAND HYGIENE BETWEEN STEPS IF HANDS BECOME CONTAMINATED AND IMMEDIATELY AFTER REMOVING ALL PPE



Doff head-cover here.

PPE PUTTING ON / DONNING SEQUENCE - Checklist

- Identify and gather the proper PPE
 - Perform hand hygiene
 - Don isolation gown or lab coat
 - Don **respirator** or surgical mask
 - Clinic environment **requires a respirator at all times.**
 - *Surgical masks are only allowed in peer-patient labs.*
- NOTE: If the respirator has a nosepiece, it should be fitted to the nose with both hands, not bent or tented. Do not pinch the nosepiece with one hand. Respirator/facemask should be extended under the chin.*
- Respirator straps should be placed on crown of the head (top strap) and base of neck (bottom strap).
 - Perform user seal check each time respirator is donned.
- Don head covering, disposable or personal – see details below.
- Don goggles or face shield – **a face shield must be worn at all times in clinic.**
- Perform hand hygiene again
- Don gloves covering wrist of gown
- Enter operatory

REMOVING / DOFFING PPE SEQUENCE - Checklist

- Remove gloves and discard in trash
- Remove gown/lab coat and discard in a dedicated container for waste or linen
 - Dismissal of Patient or other Mid-procedure Pause - Remove gown/lab coat, hang in operatory with exposed side out.
- Exit operatory
- Perform hand hygiene
- Remove face shield or goggles
 - Grab strap and pull upwards and away from head.
 - Do not touch the front of the eye protection.
- Remove and discard respirator or surgical mask.
 - Do not remove or discard Respirator or Mask until after you have cleaned your operatory for the session.
 - Do not touch the front of the respirator or mask
- Respirator:* remove bottom strap by touching only the strap and pull it carefully over the head. Grasp the top strap and bring it carefully over the head, and then pull the respirator away from the face without touching the front of the respirator.

- Mask:** carefully untie or unhook from ears and pull it away from face without touching the front
- Remove hair covering
 - Personal head coverings may remain on all day.
- Perform hand hygiene again

Interim End of Clinic Day Doff Procedure and Location for Scrub Pant/Skirt and Shoes

- Room C124 will be the Doff area for females, males in their restroom.
- Clinic shoes will be removed and wiped down with a disinfectant wipe prior to placing in your shoe container.
 - Place shoe container in locker.
- Remove the pants/skirts in the same manner as the gown, rolling down to ensure you are not touching the bottom of the pant/skirt exposed below the gown/lab coat.
- Wash hands or hand sanitize prior to removal of your Personal Head Covering. Take care to not touch your face.
 - Place in your laundry or plastic bag to take home and wash.
 - Please ensure that no one handles your clinic attire and always wash your hands after placing in the washing machine.
- Complete rest of doffing.
- Perform hand hygiene (hand sanitizer) prior to redressing.

Detailed Steps Description Don and Doff PPE

The following is provided as a *broader description* of the Don and Doff steps for safe use of PPE:

- More than one donning method may be acceptable. Training and practice using your healthcare facility's procedure is critical.

How to Put On (Don) PPE Gear [Below is one example of donning]

- Identify and gather the proper PPE to don. Ensure choice of gown size is correct (based on training).
- Perform hand hygiene using hand sanitizer.
- Put on isolation gown/lab coat. Tie all the ties on the gown/snap lab coat. Assistance may be needed by other healthcare personnel.
- Put on NIOSH-approved N95 filtering facepiece respirator or Air Purifying Respirator (APR).
 - Clinic environment **requires a respirator at all times.**
 - *Surgical masks are only allowed in peer-patient labs.*
 - When an APR is used, you will seat your patient using an N95 or Surgical mask.
 - Instruct the patient to keep their mask on.
 - Step out of the operatory and don your APR. (A designated location will be determined)
 - Return to the operatory.

- If the respirator has a nosepiece, it should be fitted to the nose with both hands, not bent or tented. Do not pinch the nosepiece with one hand. Respirator/facemask should be extended under chin. Both your mouth and nose should be protected. Do not wear respirator/facemask under your chin or store in scrubs pocket between patients. *
- Respirator: Respirator straps should be placed on crown of head (top strap) and base of neck (bottom strap). Perform a user seal check each time you put on the respirator.
- Facemask: Mask ties should be secured on crown of head (top tie) and base of neck (bottom tie). If mask has loops, hook them appropriately around your ears.
- Put on head covering.
 - **To conserve PPE Disposable Head Coverings**, only use with aerosol procedures – restorative, ultrasonic, prophylaxis, air-polishing, etc.
 - If a personal head covering is worn, the employee/student may arrive with it.
 - Personal head coverings, if worn, must be treated like the lab coat or gown.
 - Personal head coverings must be left on the entire day of clinic.
 - *It is recommended that if you do not wear a personal head covering, wash hair prior to any contact with other people after clinic.*
- Put on face shield or goggles. When wearing an N95 respirator or half facepiece elastomeric respirator, select the proper eye protection to ensure that the respirator does not interfere with the correct positioning of the eye protection, and the eye protection does not affect the fit or seal of the respirator. Face shields provide full face coverage. Goggles also provide excellent protection for eyes, but fogging is common.
- Put on gloves. Gloves should cover the cuff (wrist) of gown.
- Healthcare personnel may now enter patient room.

How to Take Off (Doff) PPE Gear

- More than one doffing method may be acceptable. Training and practice using your healthcare facility's procedure is critical. Below is one example of doffing.
- Remove gloves. Ensure glove removal does not cause additional contamination of hands. Gloves can be removed using more than one technique (e.g., glove-in-glove or bird beak).
- Remove gown. Untie all ties (or unsnap all buttons). Some gown ties can be broken rather than untied. Do so in gentle manner, avoiding a forceful movement. Reach up to the shoulders and carefully pull gown down and away from the body. Rolling the gown down is an acceptable approach. Dispose in trash receptacle. *
 - **Hang with exposed side out in operatory for patient dismissal or mid-procedure pause**
- Healthcare personnel may now exit patient room.
- Perform hand hygiene.
- Remove face shield or goggles. Carefully remove face shield or goggles by grabbing the strap and pulling upwards and away from head. Do not touch the front of face shield or goggles.
- Perform hand hygiene.
- Remove APR, place on designated counter, or remove and discard disposable respirator (or facemask if used instead of respirator). Do not touch the front of the respirator or facemask. *
- When an APR is used, you will provide your patient with their mask.
 - Instruct the patient to keep their mask on.
 - Step out of the operatory and doff your APR. (A designated location will be determined)
 - Don a N95 or surgical mask to take your patient to the reception area.
 - Return to the operatory to complete cleaning process.

- **Respirator:** Remove the bottom strap by touching only the strap and bring it carefully over the head. Grasp the top strap and bring it carefully over the head, and then pull the respirator away from the face without touching the front of the respirator.
- **Facemask:** Carefully untie (or unhook from the ears) and pull away from face without touching the front.
- Do not remove or discard respirator or Facemask until after you have cleaned your operatory for the session.
- Perform hand hygiene.
- Remove disposable head covering first and discard. Carefully remove head covering. Do not touch your face.
- Remove personal head covering if wearing. Carefully remove head covering. Do not touch your face. Place in your laundry bag to take home.
 - *It is recommended that if you do not wear a personal head covering, wash hair prior to any contact with other people after clinic.*
- Perform hand hygiene after removing the respirator/facemask and before putting it on again if your workplace is practicing reuse. *